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A Resource Guide Of Services For Seniors In San Francisco

Prepared by

City and County of San Francisco
Department of Public Health
OFFICE OF SENIOR INFORMATION, REFERRAL AND HEALTH PROMOTION

MtZ
MOUNT ZION HOSPITAL AND MEDICAL CENTER
SAN FRANCISCO

United Way
of the Bay Area
Information & Referral Service

1983-'84

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A RESOURCE GUIDE OF SERVICES FOR SENIORS IN SAN FRANCISCO

Early in 1980, the National Council of Jewish Women, San Francisco Section, joined with Mt. Zion in producing the first edition of this Resource Guide. Their continued interest and support is greatly appreciated.

This directory is designed to provide resource information for professionals working with the elderly in San Francisco. While an attempt has been made to list the most frequently used agencies, inclusion or exclusion of any agency or organization does not imply endorsement or disapproval of the programs or services.

Because there have been so many agency changes since our second edition, we have printed a completely new RESOURCE GUIDE OF SERVICES FOR SENIORS IN SAN FRANCISCO, rather than attempt to correct the original book.

The format is the same. The index on the blue pages contains names, addresses and telephone numbers of agencies arranged by categories of service. The asterisk (*) before a name indicates that more information is given on a full white page placed in alphabetical order.

The directory has been produced through the joint efforts of:

San Francisco Multipurpose Senior Services Program, Mt. Zion Hospital and Medical Center

Information & Referral, United Way of the Bay Area

and

Senior Information, Referral and Health Promotion, San Francisco Department of Public Health

3 1223 03426 3856

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ADULT DAY CENTERS

(* Indicates a full-page Description in alphabetical order in white pages.)

Definitions As Used In This Directory

ADULT DAY HEALTH CARE CENTERS (ADHC):

Licensed and Medi-Cal reimbursable agencies which provide medical and rehabilitative services. There will be seven programs in San Francisco for those living within designated service areas.

ADULT SOCIAL DAY CENTERS (ASDC):

Provide a protected and supportive environment featuring educational and recreational activities for the frail elderly who do not need on-going medical monitoring.

PSYCHIATRIC DAY TREATMENT CENTERS:

Provide services for ambulatory clients with psychiatric problems. Referrals must come from hospital, psychiatrist or physician. Home visiting teams are available.

SENIOR CENTERS:

Range from Park and Recreation clubs which meet once a week (see listing on pages 49 to 71) to 7-day-a-week multipurpose centers which provide meals, recreation and health monitoring, primarily for independent, well functioning individuals.

ADULT DAY (HEALTH CARE) CENTERS

BAYVIEW HUNTERS POINT — 822-1444
1250 La Salle
San Francisco, CA 94124
Opens Winter '83
Weekdays,
Sunnydale, Potrero Hill,
Bayview-Hunter's Point areas served.

DISTRICT V COMMUNITY MENTAL HEALTH — 753-6073
1920 - 41st Avenue
San Francisco, CA 94116

FANNY L. MORRIS ADULT DAY CARE CENTER (Jewish Home) — 334-2500
302 Silver Avenue
San Francisco, CA 94112
Shirley Kison Brunato, Director

LAGUNA HONDA HOSPITAL ADULT DAY HEALTH CARE CENTER — 664-1580 Ext. 353
375 Laguna Honda Blvd.
San Francisco, CA 94116
Weekdays, 9:00-3:00
Marge Ginsburg, Director
Outer Richmond, Sunset, Park Merced areas served.

MOUNT ZION PAVILION ADULT SOCIAL DAY CARE CENTER — 567-1711 Ext. 310
2356 Sutter
San Francisco, CA
Mon., Wed., Fri., 10:00-3:00
Cheryl Damico, Director
Social program (limited enrollment)

NORTH & SOUTH OF MARKET ADULT DAY HEALTH CORPORATION — 885-2274
333 Turk Street
San Francisco, CA 94102
M-F, 10-3, Director, Marilyn Belfort
No. & So. of Market areas served

ON LOK HEALTH SERVICE DAY CARE CENTER — 989-2578
(For frail elderly)
1441 Powell Street
San Francisco, CA 94133
Open 7 days, 8:00 to 4:30
Karl Ehat, Supervisor

1455 Bush Street — 989-2578
San Francisco, CA 94109
Open 5 days, 8:00 to 4:30
Valerie O'Connor, Supervisor

ADULT DAY (HEALTH CARE) CENTERS (cont'd)

ON LOK HEALTH SERVICE DAY CARE CENTER (cont'd) 989-2578
831 Broadway
San Francisco, CA 94133
Open 5 days, 8:00 to 4:30
Socorro Laron, Supervisor

For all three: contact social worker at 989-2578 for information and/or to arrange for outreach presentation. Contact Ann Wong (Secy.) to arrange for tour of centers and lecture on service.

PSYCHIATRIC DAY TREATMENT CENTER 647-3933
Rypins House (for 60+)
1405 Guerrero Street
San Francisco, CA 94110
Mon-Fri 9:30-3:00
Dee Schweitzer, Director

RUTH ANN ROSENBERG ADULT DAY HEALTH CENTER 567-6600
Mount Zion Hospital & Medical Center Ext. 2288
1600 Divisidero Street
San Francisco, CA 94115
Barbara Penney, Director
Therapy program for people who need care just short of nursing home.
10:00 to 3:00; provide transp.

SF HOME HEALTH SERVICE ADULT DAY HEALTH CARE 285-5615
225 - 30th Street
San Francisco, CA 94131
Open 7 days a week
Nancy Butler, Director
Serves Mission, Bernal Heights, Diamond Heights, and Glen Park districts.

ST. MARY'S HOSPITAL/CATHOLIC SOCIAL SERVICES 668-1000
Adult Day Health Care Center
Opens Spring 1984.
Mon-Fri 10:00-3:00
Vera Goupille, Director
Serves Southern San Francisco, Outer Mission, Visitacion Valley, and Ingleside districts.

ADVOCACY

CALIFORNIA CONSUMER HEALTH COALITION
369 Pine Street, Room 800
San Francisco, CA 94105 — 781-7430

CALIFORNIA LEGISLATIVE FORUM
FOR OLDER AMERICANS
c/o Glide Church
330 Ellis, Rm. 611
San Francisco, 94102 — 771-0226

CONGRESS OF CALIFORNIA SENIORS
1107 - 9th Street, Rm. 313
Sacramento, CA 94814 — 621-8030

GLIDE SENIOR INVOLVEMENT CENTER
330 Ellis
San Francisco, CA 94102 — 771-0226

* GRAY PANTHERS
50 Fell Street
San Francisco, CA 94102 — 552-8800

NORTH OF MARKET PLANNING
COALITION (mainly housing)
295 Eddy
San Francisco, CA 94102 — 474-2164

* OMBUDSMAN (long term care)
Family Service Agency of San Franico
1031 Franklin
San Francisco, CA 94109 — 474-8757

* PATIENTS' RIGHTS ADVOCACY SERVICES (PRAS)
890 Hayes Street
San Francisco, CA 94117 — 552-8100

* SAN FRANCISCO COMMISSION ON THE AGING
1360 Mission — Information & Referral: 557-5518
San Francisco, CA 94103 — Administrative Office: 557-5844

* SAN FRANCISCO TENANTS' UNION
558 Capp Street
San Francisco, CA 94110 — 282-6622

ALCOHOLISM & SUBSTANCE ABUSE

* ACCEPT 2387 - 11th Avenue San Francisco, CA 94122	681-2500
* ALCOHOLICS ANONYMOUS 1046 Irving San Francisco, CA 94122	661-1828
* AL-ANON P.O. Box 27142 San Francisco, CA 94127	421-6198
* ALCOHOLIC EVALUATION & TREATMENT CENTER 1001 Potrero San Francisco, CA 94110	821-8091
* BRIDGEWAY PROJECT 242 Turk Street San Francisco, CA 94102	441-8277
* COMMUNITY SUBSTANCE ABUSE SERVICE 170 Fell Street, Room 25 San Francisco, CA 94102	558-2356
* DRUG LINE (SF Suicide Prevention, Inc.) 3940 Geary San Francisco, CA 94118	752-3400
* GARDEN SULLIVAN HOSPITAL ALCOHOLISM SERVICE 2750 Geary San Francisco, CA 94118	921-6171
* GOLDEN GATE FOR SENIORS 637 So. Van Ness 626-7553 San Francisco, CA 94110	626-7779
* HARBOR LIGHTS 1275 harrison San Francisco, CA 94103	864-7000 626-2063
* HARRIET STREET CENTER FOR ALCOHOLISM 444 - 6th Street San Francisco, CA 94103	863-3250
* LATINO FAMILY ALCOHOLISM CENTER 3690 - 18th Street San Francisco, CA 94110	864-4600
* MOBILE ASSISTANCE PATROL (MAP) 2940 - 16th Street San Francisco, CA 94103	431-7400
NARCOTICS ANONYMOUS	893-2686

ALCOHOLISM & SUBSTANCE ABUSE (cont'd)

* NATIONAL COUNCIL ON ALCOHOLISM 255 Van ness, #370 San Francisco, CA 94109	563-5400
* NIGHT MINISTRY (SFCC) 432 Mason San Francisco, CA 94102	986-1464
* NORTH OF MARKET SENIOR ALCOHOL PROGRAM 333 Turk Street San Francisco, CA 94102	885-2274
* OZANAM RECEPTION CENTER 1175 Howard Street San Francisco, CA 94103	621-6458
* PROJECT TITLE XVI, INC. 347 Clement Street, PO. BOX 18998	668-3630
* SALVATION ARMY DETOX 1255 Harrison Street San Francisco, CA 94103	626-2063
* SALVATION ARMY ADULT REHABILITATION CENTER 1500 valencia Street San Francisco, CA 94110	647-7000
* SAN FRANCISCO SUICIDE PREVENTION, INC. 3940 Geary Blvd. San Francisco, CA 94118	752-4866
* SETON MEDICAL CENTER CARE UNIT 1900 Sullivan Street Daly City, CA	991-6660
* SR$_x$ SENIORS MEDICATION EDUCATION PROGRAM 101 Grove Street, #204 San Francisco, CA 94102	558-4648
SHARE - FRENCH HOSPITAL 4131 Geary Blvd. San Francisco, CA 94118	386-1212
* SUBSTANCE ABUSE TREATMENT PROGRAM Veterans Administration Medical Center 4150 Clement Street San Francisco, CA 94121	750-2050
* VENTURES IN NEW HORIZONS 1668 Bush Street San Francisco, CA 94109	775-0165

EDUCATIONAL OPPORTUNITIES

* AMERICAN RED CROSS 1550 Sutter Street San Francisco, CA 94109	776-1500
* CENTER FOR LEARNING IN RETIREMENT (CLIR) 55 Laguna Street 863-4518 San Francisco, CA 94102	863-2226
* COMMUNITY MUSIC CENTER 544 Capp Street San Francisco, CA 94110	647-6015
* COMMUNITY MUSIC CENTER - Richmond Branch 741 30th Avenue San Francisco, CA 94121	221-4515
FORT MASON BOOKING GUIDE (To reserve conference space)	441-5706
* FROMM INSTITUTE FOR LIFELONG LEARNING University of San Francisco 2130 Fulton Street San Francisco, CA 94117	666-6805 666-6320
GLIDE SENIOR INVOLVEMENT CENTER 330 Ellis Street, #611 San Francisco, CA 941	771-0226
* GRAY PANTHERS 50 Fell Street San Francisco, CA 94102	552-8800
LEAGUE OF WOMEN VOTERS 12 Geary blvd, $605 San Francisco, CA 94108	986-0480
* MISSION LANGUAGE & VOCATIONAL SCHOOL 2929 - 19th Street San Francisco, CA 94110	648-5220
OLDER WOMEN'S LEAGUE (OWL) Educational Fund 3800 Harrison Oakland, CA 94611 658-8700	

EDUCATIONAL OPPORTUNITIES (cont'd)

* PLANETREE HEALTH RESOURCE CENTER 2041 Webster San Francisco, CA 94115	346-4636
SAN FRANCISCO ADULT LITERACY CENTER Box 15508 San Francisco, CA 94115	621-8606
* SAN FRANCISCO COMMUNITY COLLEGE DISTRICT Mission Community College Center - Adult Division 106 Bartlett San Francisco, CA 94110	648-5866
* SAN FRANCISCO S.A.F.E., INC. (Crime prevention) 850 Bryant Street, #553 San Francisco, CA 94103	474-7318
* SAN FRANCISCO STATE UNIVERSITY Continuing Education Program 7 Applied Gerontology Certificate Program 160 Holloway Avenue San Francisco, CA 94132	469-1684 469-2267
* SENIOR INFORMATION, REFERRAL & HEALTH PROMOTION 1182 Market, #211 San Francisco, CA 94102	626-1033
* CREATIVE RETIREMENT PLANNING ST. FRANCIS LUTHERAN CHURCH 152 Church Street San Francisco, CA 94114	621-2635
SOCIAL SECURITY ADMINISTRATION SPEAKERS BUREAU	556-5610

EMERGENCY NUMBERS

FOR ALL EMERGENCIES, CALL		911
AMBULANCE		431-2800
DRUG LINE		752-3400
FIRE		861-8020
* LA CASA DE LAS MADRES (Battered Women)		469-7638
MEDICAL ADVICE (San Francisco General Hospital)		821-8060
MENTAL HEALTH INFO/REFERRAL		387-5100
* NIGHT MINISTRY (10 P.M. - 4 A.M.)		986-1464
PACIFIC GAS & ELECTRIC CO. (Service Dept.)		981-3232
POLICE		553-0123
* POISON CONTROL CENTER		666-2845
SPCA (animals)	Shelter for strays, pickup	621-1700
	Medical care	621-1750
* SUICIDE PREVENTION		221-1423

EMPLOYMENT

* ADVOCATES FOR WOMEN 414 Mason Street, (4th Floor) San Francisco, CA 94102	391-4870
* ALUMNI RESOURCES 965 Mission, #415 San Francisco, CA 94103	546-7220
* CALIFORNIA ABLE 870 Market, Rm. 62 San Francisco, CA 94102	391-5030
* CIVIL SERVICE COMMISSION, SAN FRANCISCO 646 Van Ness Avenue San Francisco, CA 94102	558-4495
* DISPLACED HOMEMAKERS P.O. BOX 9996 Oakland, CA	835-5227
* EMPLOYMENT DEVELOPMENT DEPT. (STATE OF CALIF.) 1449 Mission Street San Francisco, CA 94103	557-1270
* EMPLOYMENT PROJECT FOR THE PHYSICALLY DISABLED 25 taylor Street, Rm. 512 San Francisco, CA 94102	776-5111
* EOC HOMEMAKER PROGRAM 1672 Eddy Street San Francisco, CA 94115	346-5401
* EOC-SR. COMMUITY SERVICE PROJECT 730 Polk Street, 4th Floor, San Francisco, CA 94109	771-7100 Ext. 21
* FOSTER GRANDPARENT PROGRAM - FSA 1010 Gough Street San Francisco, CA 94109	474-7310
* GOODWILL INDUSTRIES OF SAN FRANCISCO 980 Howard Street San Francisco, CA 94103	362-0778 Ext. 44
JEWISH VOCATIONAL & CAREER COUNSELING SERVICE 870 Market Street, Room 872 San Francisco, CA 94102	391-3595

EMPLOYMENT (cont'd)

* OPTIONS FOR WOMEN OVER 40
  3543 18th St.
  San Francisco, CA 94110 — 431-6405, 431-6944

* RETIREES EMPLOYMENT PROGRAM, UCSF
  3rd Ave. & Parnassus
  San Francisco, CA 94143 — 666-2715

* RETIREMENT JOBS, INC.
  620 Sutter, #700-A
  San Francisco, CA 94102 — 441-1133

* ST. ANTHONY EMPLOYMENT SERVICE
  (see Adult Benevolent Assoc.)
  121 Golden Gate
  San Francisco, CA 94102 — 552-1169

* SAN FRANCISCO SENIOR CENTER
  890 Beach St.
  San Francisco, CA 94109 — 775-1866

* SCORE (Service Corps for Retired Executives)
  211 Main St.
  San Francisco, CA 94105 — 556-4824

* SELF-HELP FOR THE ELDERLY
  640 Pine St.
  San Francisco, CA 94108 — 982-9171

* SENIOR COMPANIONS
  1010 Gough
  San Francisco, CA 94109 — 474-7310

* TEMPORARIES, INC.
  44 Mongomery
  San Francisco, CA 94104 — 956-0600

* TEMPS AMERICA
  44 Montgomery Street, Rm. 2716
  San Francisco, CA 94104 — 986-7787

* VETERANS ADMNISTRATION - Employment
  211 Main St.
  San Francisco, CA 94105 — 974-0304

* WOMEN'S EXCHANGE
  SF Comm. College Dist.
  San Francisco, CA 94103 — 239-3002

FOOD

Congregate meals -- for information and a list of sites, call SENIOR INFORMATION, REFERRAL AND HEALTH PROMOTION .... 626-1033. Meals are ethnically oriented.

* FOOD ADVISORY SERVICE (Mobile MiniMarkets) 200 Pacific Heights Plaza San Bruno, CA 94066	355-1733
FOOD STAMP PROGRAM 1360 Mission San Francisco, CA 94103	557-5718
* THE GROUP (Emergency Food & Clothing) 457 Haight St. San Francisco, CA 94117	861-6840
* MARTIN DE PORRES (Free Food) 2826 23rd St. San Francisco, CA 94110	550-9091
* MEALS ON WHEELS OF SAN FRANCISCO 1290 Sutter, #9 San Francisco, CA 941	474-4646
* ST. ANTHONY'S DINING ROOM 121 Golden Gate Ave. San Francisco, CA 94102	552-3838
* ST. FRANCIS MEAL SERVICE First Congregational Church Post & Mason San Francisco, CA 94102	392-7463
* SALVATION ARMY SENIOR NUTRITION (18 sites) Information: 360 4th St. San Francisco, CA 94107	777-2677
SAN FRANCISCO GROCERY EXPRESS (Home delivery) Home Delivery: Administrative Offices:	 641-5400 641-5460
* SERVICES FOR SENIORS, INC. 711 Eddy (Mailing) San Francisco, CA 94109	775-5052

GOVERNMENT OFFICES

CITY:

ANONYMOUS WITNESS LINE:	553-1396
BOARD & CARE HOMES, NURSING HOMES - Licensed (DSS)	464-1319
MAYOR'S OFFICE, CITIZENS ASSISTANCE CENTER	558-2666
* CIVIL SERVICE COMMISSION	558-4495
GENERAL ASSISTANCE	557-5000
REGISTRAR OF VOTERS	558-3417
* SAN FRANCISCO COMMISSION ON THE AGING 1360 Mission, 4th Floor San Francisco, CA 94103	557-5844
* SAN FRANCISCO DEPARTMENT OF SOCIAL SERVICE 170 Otis St. San Francisco, CA 94103	
General Info: 864-0948 or	557-5000
Services Intake:	557-5254
Adult & Homemaker Chore Services:	557-5832
SAN FRANCISCO PUBLIC ADMINISTRATOR (Estate Management)	558-4161
* SAN FRANCISCO PUBLIC GUARDIAN (Conservatorships)	558-3102
SMALL CLAIMS DESK - Municipal Court:	558-2056
VICTIM-WITNESS ASSISTANCE 850 Bryant, 2nd Floor San Francisco, CA 94103	552-6550

STATE:

COMMUNITY CARE LICENSING OFFICE (Group Homes for the Aged-Convalescent Care)	464-1319
DEPT. OF AGING 1210 19th St. Sacramento, CA 95814	(916) 322-5290
FRANCHISE TAX BOARD 345 Larkin San Francisco, CA 94102	(800) 852-7050

GOVERNMENT OFFICES (cont'd)

STATE: (cont'd)

MEDI-CAL INFORMATION
150 Otis
San Francisco, CA 94103 — 557-6072
(Mail: P.O. Box 7988, SF, CA 94120)

ASSEMBLY

Art Agnos (16th District)
350 McAllister St.
San Francisco, 94102 — 557-2253

Willie Brown (17th District)
540 Van Ness
San Francisco, CA 94102 — 557-0784

SENATE

Milton Marks (5th District)
350 McAllister St.
San Francisco, CA 94102 — 557-1437

John Foran (6th District)
16 Southgate
Daly City, CA 94105 — 755-1766

FEDERAL:

FEDERAL INFORMATION CETNER
450 Golden Gate
San Francisco, CA 94102 — 556-6600

HEALTH & HUMAN SERVICES, REG. IX
50 United Nations Plaza, Rm. 443
San Francisco, CA 94102 (Admin. on Aging) — 556-6003

IMMIGRATION & NATURALIZATION SERVICE
630 Sansome
San Francisco, CA 94111 — Info: 556-2070
Violation: 556-7933

SOCIAL SECURITY ADMINISTRATION
Claims & Information (MediCare) — 956-3000

SUPPLEMENTARY SECURITY INCOME (SSI) — 956-3000

GOVERNMENT OFFICES (cont'd)

FEDERAL: (cont'd)

SOCIAL SECURITY OFFICES:

Bayview-Hunters Point
5815 3rd St.
San Francisco, CA 94124 — 556-0160

Chinatown/North Beach Branch
560 Keaney
San Francisco, CA 94108 — 556-0165

Sutter District Office
1355 Sutter
San Francisco, CA 94109 — 556-9231

Mission
2601 Mission St.
San Francisco, CA 94110 — 556-7197

Outer Mission
4377 Mission St.
San Francisco, CA 94112 — 556-1935

Parkside
2311 Taraval St.
San Francisco, Ca 94116 — 556-8923

Western Addition
1825 Post
San Francisco, CA 94115 — 556-8007

* VETERANS ADMINISTRATION
211 Main
San Francisco, CA 94105 General Information: 495-8900

U.S. CONGRESS

Alan Cranston (Senator)
1 Hallidie Plaza
San Francisco, CA 94102 — 556-8440

Barbara Boxer
Congresswoman - 6th District
450 Golden Gate Ave.
San Francisco, CA 94102 — 556-1333

GOVERNMENT OFFICES (cont'd)

FEDERAL: (cont'd)

U.S. CONGRESS: (cont'd)

Sala Burton
Congresswoman - 5th District
450 Golden Gate Ave., Rm. 11104
San Francisco, CA 94102 556-4862

HEALTH

Medical Emergencies

CALL 911 FOR ALL EMERGENCIES

BAY AREA PHYSICIANS FOR HUMAN RIGHTS
P.O. Box 14546
San Francisco, California — 673-3189

CITY EMERGENCY AMBULANCE
50 Ivy St.
San Francisco, CA 94102 — 431-2800

DRUG LINE — 752-3400

MEDICAL ADVICE - SF GENERAL HOSPITAL
1001 Potrero
San Francisco, CA 94110 — 821-8060

MENTAL HEALTH I&R — 387-5100
(TTY) 221-9174

* NIGHT MINISTRY
432 Mason
San Francisco, CA 94102 — 986-1464

POISON CONTROL CENTER, School of Pharmacy
SF General Hospital, Room 1E86 — 666-2845

SAN FRANCISCO AMBULANCE
2829 California
San Francisco, CA 94115 — 931-3900

SAN FRANCISCO MEDICAL SOCIETY
250 Masonic
San Francisco, CA 94117 — 567-6230

* SAN FRANCISCO SUICIDE PREVENTION
3940 Geary
San Francisco, CA 94118 — Suicide Prevention: 221-1423
Business: 752-4866

* UC SCHOOL OF DENTISTRY
707 Parnassus, 6th Floor
Science Bldg. Dental Emergency Window — 666-1891

HEALTH, Medical Emergencies (cont'd)

* UNIVERSITY OF PACIFIC SCHOOL OF DENTISTRY 2155 Webster San Francisco, CA 94115	929-6500
FIRE DEPARTMENT	861-8020
POLICE DEPARTMENT	553-0123

HEALTH

CLINICS & SCREENING PROGRAMS:

* SAN FRANCISCO DEPT. OF PUBLIC HEALTH
  101 Grove
  San Francisco, CA 94102 — 558-2896

* HEALTH DEPT. DISTRICT HEALTH CENTERS

  #1 - 3850 17th St., SF 94114 — 558-3905
  #2 - 1301 Pierce St., SF 94115 — 558-3256
  #3 - 1525 Silver Ave., SF 94134 — 468-3664
  #4 - 1490 Mission, SF 94133 — 558-3158
  #5 - 1351 - 24th Ave., SF 94107 — 661-4400

* GERIATRIC EVALUATION CLINIC
  PRESBYTERIAN HOSPITAL OF PACIFIC
  MEDICAL CENTER
  2324 Sacramento St.
  San Francisco, CA 94115 — 563-4321
  Ext: 2303

* MEDICAL CLINIC (For Evaluation of
  Senile Dememtia)
  Mount Zion Hospital & Medical Center
  1600 Divisadero
  San Francisco, CA 94115 — 567-6600
  Ext: 2355

* HAIGHT ASHBURY FREE MEDICAL CLINIC
  558 Clayton St.
  San Francisco, CA 94117 — 431-1714

* MISSION NEIGHBORHOOD HEALTH CENTER
  240 Shotwell St.
  San Francisco, CA 94110 — 552-3870

* MOUNT ZION HOSPITAL & MEDICAL CENTER
  Outpatient Dept. (Sr. Health Screening & Ref.)
  1600 Divisadero
  San Francisco, CA 94115 — 567-6600
  Ext: 2773 or 2306

  POTRERO HILL HEALTH CENTER
  105 Wisconsin
  San Francisco, CA 94107 — 618-3022

HEALTH -- CLINICS & SCREENING PROGRAMS: (cont'd)

* URBAN INDIAN HEALTH BOARD, INC. 56 Julian San Francisco, CA 94103	621-8051
* NORTH EAST MEDICAL SERVICES 1520 Stockton San Francisco, CA 94133	391-9686
* NORTH OF MARKET MULTIPURPOSE SENIOR SERVICES 333 Turk St. San Francisco, CA 94102	885-2274
* ROCKRIDGE FAMILY PRACTICE 141 Leland Ave. San Francisco, CA 94134 (Visitacion Valley)	334-3300
* ST. ANTHONY'S CLINIC (See Adult Benevolent Society) 45 Jones St. San Francisco, CA 94102	864-0241
* ST. MARY'S CLINIC 2235 Hayes St., 5th Floor San Francisco, CA 94117	668-2300
* SOUTH OF MARKET HEALTH CLINIC 551 Minna St. San Francisco, CA 94103	626-2951
* SOUTH EAST HEALTH CENTER 2401 Keith St. San Francisco, CA 94124	822-2850
* VETERANS ADMINISTRATION MEDICAL CENTER 4150 Clement St. San Francisco, CA 94121	221-4810

HEALTH

SPECIFIC MEDICAL PROBLEMS:

ARTHRITIS:

* ARTHRITIS CENTER - UC MEDICAL CENTER
  (Rosalind Russell Center)
  1442 - 5th Ave.
  San Francisco, CA 94122 — 666-1192

  ARTHRITIS CLINIC OF U.C.S.F.
  400 Parnassus
  San Francisco, CA 94122 — 666-3971

* ARTHRITIS FOUNDATION - No. Calif. Chapter
  399 Buena Vista East
  San Francisco, CA 94117 — 621-3976

CANCER:

* AMERICAN CANCER SOCIETY
  545 Post St.
  San Francisco, CA 94102
  (Lower Level of Hotel Cecil) — 673-7979

CEREBRAL PALSY:

UNITED CERBRAL PALSY ASSOC. OF SAN FRANCISCO
25 Taylor, Room 512
San Francisco, CA 94102 — 776-5111

DENTAL:

* MOUNT ZION DENTAL CLINIC
  1600 Divisadero
  San Francisco, CA 94115 — 567-6600 Ext: 2113

* ST. MARY'S CLINIC
  2235 Hayes
  San Francisco, CA 94117 — 668-2300

* SAN FRANCISCO DENTAL SOCIETY
  450 Sutter
  San Francisco, CA 94108 — 421-1435

* SAN FRANCISCO GENERAL HOSPITAL DENTAL CLINIC
  1001 Potrero
  San Francisco, CA 94110 — 821-8465 Ext. 8106

HEALTH: (cont'd)

SPECIFIC MEDICAL PROBLEMS: (cont'd)

DENTAL: (cont'd)

* SENIOR DENTAL PROGRAM
  Medi-Cal and non-Medi-Cal
  450 Sutter
  San Francisco, CA 94108 — 986-5845

* SOUTH OF MARKET HEALTH CLINIC
  551 Minna
  San Francisco, CA 94103 — 626-2951

* UC SCHOOL OF DENTISTRY
  707 Parnassus
  San Francisco, CA 94122 — 666-1891

* UNIVERSITY OF PACIFIC
  SCHOOL OF DENTISTRY
  2155 Webster
  San Francisco, CA 94115 — 929-6500

DIABETES:

* AMERICAN DIABETES ASSOC. OF NO. CALIF.
  255 Hugo St.
  San Francisco, CA 94122 — 681-8014

DISABLED/REHABILITATION:

* CALIF. LEAGE FOR THE HANDICAPPED
  1299 Bush
  San Francisco, CA 94109 — 441-1980

* CALIF. STATE DEPT. OF REHABILITATION
  2720 Taylor (No. of Market)
  San Francisco, CA 94133 — 771-7200
  1855 Folsom St. (So. of Market)
  San Francisco, CA 94103 — 552-3432

* EASTER SEAL SOCIETY
  6221 Geary
  San Francisco, CA 94121 — 752-4888

* INDEPENDENT LIVING PROJECT
  4429 Cabrillo
  San Francisco, CA 94121 — 751-8765

  MAYOR'S COUNCIL ON DISABILITIES CONCERNS
  942 Market, Room 403
  San Francisco, CA 94102 — 433-4890

HEALTH: (cont'd)

SPECIFIC MEDICAL PROBLEMS: (cont'd)

HEARING & SPEECH:

* CENTER ON DEAFNESS
  1454 - 5th Ave.
  San Francisco, CA 94143 — 731-9150

* HEARING SOCIETY FOR THE BAY AREA
  1428 Bush
  San Francisco, CA 94109 — 775-5700
  Hearing Test by Phone: 776-1291

* ST. BENEDICT'S CENTER FOR THE DEAF
  2891 Bush St.
  San Francisco, CA 94109 — 567-9855
  TTY: 567-0438

* ST. LUKE'S HEARING & SPEECH
  1580 Valencia, #806
  San Francisco, CA 94110 — 282-2551

* SAN FRANCISCO HEARING & SPEECH CENTER
  1234 Divisadero
  San Francisco, CA 94115 — 921-7658

* SAN FRANCISCO SPCA HEARING DOG PROGRAM
  2500 - 16th St.
  San Francisco, CA 94103 — 621-2174

HEART:

* SAN FRANCISCO HEART ASSOCIATION
  421 Powell
  San Francisco, CA 94102 — 433-2273

MULTIPLE SCLEROSIS:

* MULTIPLE SCLEROSIS SOCIETY
  594 Howard St.
  San Francisco, CA 94105 — 495-6267

MUSCULAR DYSTROPHY:

* MUSCULAR DYSTROPHY ASSOC., INC.
  558 Pilgrim Drive, #D
  Foster City, CA 94404 — 570-6166

HEALTH: (cont'd)

SPECIFIC MEDICAL PROBLEMS: (cont'd)

PODIATRY:

* CALIF. COLLEGE OF PODIATRIC MEDICINE 1835 Ellis San Francisco, CA 94115	563-3444
CITY CENTER PODIATRY GROUP (Home Visits)	391-2093
* PACIFIC FOOT CLINIC 2000 Van Ness San Francisco, CA 94109	776-8535

POISON CONTROL:

* SRX SENIOR MEDICATION EDUCATION PROGRAM 101 Grove St., #204 San Francisco, CA 94102	558-4648

SIGHT:

BAY AREA VISION CENTER 715 Bryant St. San Francisco, CA 94107	391-2020
* CALIF. LEAGUE FOR THE HANDICAPPED 1299 Bush St. San Francisco, CA 94109	441-1980
* FREDERICK CORDES EYE CLINIC U.C. Hospital 400 Parnassus San Francisco, CA 94122	666-2142
* NAT'L. ASSOC. FOR THE VISUALLY HANDICAPPED 3201 Balboa San Francisco, CA 94121	221-3201
NAT'L. FEDERATION OF THE BLIND 3315 Cabrillo San Francisco, CA 94121	386-9400
* NO. CALIF. SOCIETY FOR THE PREVENTION OF BLINDNESS 4200 California San Francisco, CA 94118	387-0934

HEALTH: (cont'd)

SPECIFIC MEDICAL PROBLEMS: (cont'd)

SIGHT: (cont'd)

* PMC LOW VISION SERVICE 2340 Clay San Francisco, CA 94115	563-4321 Ext: 2927
* SAN FRANCISCO LIGHTHOUSE FOR THE BLIND 155 Mission San Francisco, CA 94103	431-1481

SPEECH:

(See "Hearing & Speech")

TUBERCULOSIS:

* AMERICAN LUNG ASSOCIATION OF SAN FRANCISCO 833 Market St. San Francisco, CA 94103	543-4410

MISCELLANEOUS:

BAY AREA PHYSICIANS FOR HUMAN RIGHTS P.O. Box 14546 San Francisco, CA 94114	673-3189 673-3189
COMING HOME-GAY & LESBIAN HOSPICE SOCIETY OF SAN FRANCISCO	864-5600
* FAMILY SURVIVAL PROJECT (For Brain-damaged Adults) 1736 Divisadero San Francisco, CA 94115	921-5400
"GOING HOME - MOUNT ZION HOSPITAL & MEDICAL CENTER (Tapes and Materials for families caring for patients at home) 1600 Divisadero San Francisco, CA 94115	567-6600 Ext: 2218
* HOSPICE OF SAN FRANCISCO 225 - 30th St. San Francisco, CA 94131	285-5622
* JEWISH HOME FOR THE AGED 302 Silver Ave. San Francisco, CA 94112	334-2500

HEALTH: (cont'd)

SPECIFIC MEDICAL PROBLEMS: (cont'd)

MISCELLANEOUS: (cont'd)

* LAGUNA HONDA HOSPITAL 375 Laguna Honda Blvd. San Francisco, CA 94116	664-1580
* ON LOK 1441 Powell San Francisco, CA 94133	989-2578
* OPERATION CONCERN OF PMC (Gay & Lesbian) 1853 Market San Francisco, CA 94103	626-7000
* SAN FRANCISCO MEDICAL SOCIETY 250 Masonic San Francisco, CA 94118	567-6230
* S.F. MSSP (San Francisco Multi-Purpose Senior Services Program MOUNT ZION HOSPITAL & MEDICAL CENTER 2356 Sutter St. San Francisco, CA 94115	567-1711 Ext. 310
* UNITED OSTOMY ASSOCIATION (Golden Gate Chapter 10 Lupine Avenue, #23 San Francisco, C 94118	386-8125

HOMEMAKER & IN-HOME HEALTH CARE

* AUNT ANN'S AGENCY 760 Market St. San Francisco, CA 94102	421-8442
BODIMETRIC HEALTH SERVICES 15 Southgate Daly City, CA 9405	992-0130
* BRISTOL/HARAN AGENCY 1724 Sacramento, #104 San Francisco, CA 94109	775-9100
COMPREHENSIVE COMMUNITY HOME HEALTH AND HOSPICE P.O. Box 682 Daly City, CA 94017	994-9100
* JEWISH FAMILY SERVICE Home Care for Jewish Elderly 1600 Scott San Francisco, CA 94115	567-8860
* INDEPENDENT LIVING PROJECT Personal Care Attendant Services Cabrillo & 45th Ave. San Francisco, CA 94121	751-8765
MEDI-CAL FIELD OFFICE	557-2770
* MEYER CARE 760 Market St. San Francisco, CA 94102	362-5650
* MISSION NEIGHBORHOOD CENTER Homemaker-Escort Project 363 Capp St. San Francisco, CA 94110	826-4559
* MOUNT ZION HOSPITAL & MEDICAL CENTER Division of Home Care 2356 Sutter, 2nd Floor Pavilion San Francisco, CA 94115	567-1711 Ext. 264
NURSING HOME LICENSING	557-1711
* NURSING HOUSE/CALLS (Alternative Health Care Associates) 495 Ellis, Rm. 2919 San Francisco, CA 94102	550-1777

HOMEMAKER & IN-HOME HEALTH CARE: (cont'd)

* REMEDY HEALTH SERVICE 3195 California San Francisco, CA 94118	957-9064
* REMEDY, HOME AND HEALTH CARE SERVICES 1543 Mission St., 4th Floor San Francisco, CA 941	863-2474 863-2580
* OLSTEN HEALTH CARE SERVICES 870 Market San Francisco, CA 94102	956-8773
* OMBUDSMAN (Long Term Care)	474-8757
* PROFESSIONAL NURSES BUREAU 1375 Sutter St., Room 412 San Francisco, CA 94109	474-7005 474-4719
* SAN FRANCISCO DEPT. OF SOCIAL SERVICE Adult & Homemaker Chore Services 170 Otis St. San Francisco, CA 94103	557-5254
* SELF-HELP FOR THE ELDERLY 640 Pine St. San Francisco, CA 94108	982-9171
* STAFF BUILDERS 77 Geary St. San Francisco, CA 94108	391-0122
STAT NURSING 2107 Van Ness San Francisco, CA 94109	673-9791
* TEMPOSITIONS HEALTH SERVICES, INC. 25 Kearny, 6th Floor San Francisco, CA 94108	956-1041
* UPJOHN HEALTH CARE SERVICE 632 Taraval San Francisco, CA 94116	665-8881
* VISITING NURSE ASSOCIATION OF SAN FRANCISCO 401 Duboce Ave. San Francisco, CA 94117	861-8705

HOUSING

		Emergency	Permanent	I & R	Repairs
* ABLE (Action for Better Living for Seniors) 1095 Market, #212 San Francisco, CA 94103	621-8181		X	X	
* ADULT BENEVOLENT ASSOCIATION 121 Golden Gate San Francisco, CA 94102	552-1169			X	
* AMERICAN RED CROSS 1550 Sutter San Francisco, CA 94109	776-1500	X			
* BRIDGEWAY PROJECT (Salvation Army) 242 Turk San Francisco, CA 94102	673-7223	X	X		
* CASA DE LAS MADRES, LA P.O. Box 27236 San Francisco, CA 94127	Crisis: 469-7638 Business: 469-7650		X		
COMMUNITY CARE LICENSING	464-1380				
* COUNCIL FOR CIVIC UNITY 870 Market St. San Francisco, CA 94102	781-2033			X	
* DOWNTOWN SENIOR CENTER 465 O'Farrell St. San Francisco, CA 94102	771-7950	X	X	X	
* EVERYTHING GOES 1719 - 23rd Ave. San Francisco, CA 94107	661-4840		X		
* GOLDEN GATE FOR SENIORS 637 S. Van Ness San Francisco, CA 94110	626-7553		X		
GOSPEL MISSION (Men) 219 - 6th St. San Francisco, CA 94103	495-7366	X			

HOUSING: (cont'd)

		Emergency	Permanent	I & R	Repairs
* HOUSING CONSERVATION, INC. 315 Granada Ave. San Francisco, CA 94112	586-8000				X
JEWISH HOUSING BUREAU Jewish Family & Children's 1600 Scott San Francisco, CA 94115	567-8860		X		
* LIFELINE MISSION 917 Folsom St. San Francisco, CA 94107	392-2220	X			
* LUTHERAN CARE FOR THE AGING 1031 Franklin St. San Francisco, CA 94109	441-7777		X		
MAYOR'S CITIZEN ASSISTANCE CENTER City Hall, Room 160 San Francisco, CA 94102	558-6161			X	
* NIGHT MINISTRY 432 Mason San Francisco, CA 94102	986-1464	X			
* NORIEGA SENIOR SERVICES CENTER 1819 - 43rd Ave. San Francisco, CA 94122	665-6844			X	
NORTH OF MARKET PLANNING COALITION 295 Eddy St. San Francisco, CA 94102	474-2164			X	
* OLD ST. MARY'S CHURCH 660 California St. San Francisco, CA 94108	986-4388	X			
* REVERSE ANNUITY MORTGAGES PROGRAM 1108 Oak St. San Francisco, CA 94114	863-7800		X		
* RAPHAEL HOUSE 1065 Sutter St. San Francisco, CA 94109	474-4621	X			

HOUSING: (cont'd)

		Emergency	Permanent	I & R	Repairs
* RESIDENTIAL RENT STABILIZATION & ARBITRATION BOARD 170 Fell St. San Francisco, CA 94102	621-7368			X	
* SALVATION ARMY, FAMILY SERVICE AGENCY 101 Valencia San Francisco, CA 94103	861-0755	X			
* SAN FRANCISCO HOUSING AUTHORITY 440 Turk San Francisco, CA 94102	673-5800		X		
* UNITED CEREBRAL PALSY INDEPENDENT HOUSING SERVICE 25 Taylor San Francisco, CA 94102 Ernestine Cade (Elderly) Disabled (Elderly) TTY	441-7713 441-6781 441-6791				
* SAN FRANCISCO ROOMMATE REFERRAL SERVICE 610-A Cole St. San Francisco, CA 94117	626-0606		X		
* SAN FRANCISCO SHERIFF'S OFFICE VISTA SENIOR HOUSING PROJECT 1672 Eddy San Francisco, CA 94115 (For Those Being Evicted)	929-0331	X		X	
* SAN FRANCISCO TENANTS UNION 558 Capp San Francisco, CA 94110	282-6622			X	
* SENIOR INFORMATION, REFERRAL AND HEALTH PROMOTION	626-1033			X	
* SENIOR RESOURCES 162 Hickory San Francisco, CA 94102	626-1638			X	
TENDERLOIN HOUSING CLINIC 295 Eddy San Francisco, CA 94102	431-6630			X	

HOUSING: (cont'd)

		Emergency	Permanent	I & R	Repairs
* TRAVELERS' AID SOCIETY 38 Mason San Francisco, CA 94102	781-6738	X			
* UNITED WAY INFORMATION & REFERRAL 410 Bush San Francisco, CA 94108	772-4357			X	
* W.O.M.A.N., INC. 2940 - 16th St. San Francisco, CA 94103	864-4722	X			

INFORMATION & REFERRAL

ARTHRITIS INFORMATION NETWORK		931-0463
* GERIATRIC INFORMATION, COUNSELING & REFERRAL SERVICE Mount Zion Hospital & Medical Center 1600 Divisidero San Francisco, CA 94115		567-1711 Ext. 317
* LA RAZA INCORMATION CENTER 1374 - 24th Street San Francisco, CA 94110		826-5855
MAYOR'S OFFICE, CITIZENS ASSISTANCE CENTER		558-2666
* NORIEGA SENIOR SERVICES CENTER (Formerly Sr. Block Inofrmation) 1819 - 43rd Avenue San Francisco, CA 94122		665-6844
* SENIOR INFORMATION, REFERRAL & HEALTH PROMOTION 1182 Market Street, Room 211 San Francisco, CA 94102		626-1033
* SENIOR RESOURCES 162 Hickory Street San Francisco, CA 94102		626-1638
* UNITED WAY INFORMATION & REFERRAL United Way of the Bay Area 410 Bush Street San Francisco, CA 94108	 TTY:	 772-4444 772-4440
* VETERANS ADMINISTRATION 211 Main Street San Francisco, CA 94105		495-8900

LEGAL ASSISTANCE

ABUSED WOMEN'S LEGAL SERVICE 870 Market, Room 543 San Francisco, CA 94102	861-5819
* AMERICAN CIVIL LIBERTIES UNION 1663 Mission San Francisco, CA 94103	621-2488
* ASIAN LAW CAUCUS 36 Waverly Place San Francisco, CA 94108	391-1655
* ATTORNEY'S REFERENCE PANEL 870 Market St., #1115 San Francisco, CA 94102	433-2133
* CONSUMER FRAUD/ECONOMIC CRIME DIV. DISTRICT ATTORNEY 880 Bryant San Francisco, CA 94103	553-1814
DOMESTIC VIOLENCE INFORMATION LINE	861-0164
* FRAIL-FINANCIAL RESOURCES ASSISTING INDEPENDENT LIVING Public Guardian's Office P.O. Box 11833 San Francisco, CA 94101	558-2256
IMMIGRATION & NATURALIZATION SERVICE 650 Sansome San Francisco, CA 94111	556-7933
* LA RAZA LAWYER REFERRAL SERVICE 2588 Mission, #220 San Francisco, CA 94110	641-1069
* LAWYER REFERRAL SERVICE Bar Association of San Francisco 220 Bush St. San Francisco, CA 94104	391-6102
* LEGAL ASSISTANCE TO THE ELDERLY 333 Valencia San Francisco, CA 94103	861-4444

LEGAL ASSISTANCE: (cont'd)

* MISSION COMMUNITY LEGAL DEFENSE
  2940 - 16th St.
  San Francisco, CA 94103

Advocacy	552-7208
Legal	552-3910
Immigration	552-7194

* NATIONAL LAWYERS GUILD REFERRAL PANEL
  558 Capp St.
  San Francisco, CA 94110 — 647-5297

  NIHONMACHI (Japanese Legal Outreach)
  2012 Pine St.
  San Francisco, CA 94115 — 567-6255

* PATIENTS' RIGHTS ADVOCACY SERVICES (P.R.A.S.)
  2525 - 24th St. 552-8100
  San Francisco, CA 94110 — 282-1777

* REVERSE ANNUITY MORTGAGES PROGRAM
  1107 Oak
  San Francisco, CA 94117 — 863-7800

* SAN FRANCISCO CONSUMER ACTION
  1617 Irving St.
  San Francisco, CA 94122 — 665-1544

* SAN FRANCISCO COMMUNITY LAW COLLECTIVE
  503 Dolores
  San Francisco, CA 94110 — 863-1530

* SAN FRANCISCO LAWYERS' COMMITTEE FOR URBAN AFFAIRS
  625 Market St., Suite 915
  San Francisco, CA 94105 — 543-9444

* SAN FRANCISCO PUBLIC GUARDIAN
  1212 Market St.
  San Francisco, CA 94102 — 558-3102

* SAN FRANCISCO NEIGHBORHOOD LEGAL ASSISTANCE
  870 Market St.
  San Francisco, CA 94102 — 433-2535

  SMALL CLAIMS COURT
  Municipal Court, City Hall — 558-2056

* SUPPORT SERVICES FOR ELDERS, INC.
  50 Oak St.
  San Francisco, CA 94102 — 552-6776

MENTAL HEALTH

CMHS DISTRICTS:

* GERIATRIC SERVICES, Mission Health Center (Inner Mission, Potrero Hill, Eureka Valley, Noe Valley, Diamond Heights) District I.		
3901 Mission		558-2656
819 Capp	Crisis:	558-2071
* GERIATRIC SERVICES, Westside Mental Health Center (Western Addition, Pacific Heights, Marina, Haight Ashbury, Inner Richmond) District II.		
1153 Oak	Administration:	863-1435
Mount Zion	Crisis:	567-6600,
2415 Sutter		Ext. 2631
Family Service Agency		474-7310
1010 Gough		
* GERIATRIC SERVICES, Southeast Mental Health Center (Bayview-Hunters Pt., Visitacion Valley, Sunnydale, Excelsior, Crocker Amazon, Portola, Bernal Heights) District III.		
3901 Mission	Administration:	558-2656
San Francisco General Hospital	Crisis:	821-8125
* GERIATRIC SERVICES, Northeast Mental Health Center (Chinatown, North Beach, South of Market, Tenderloin, Downtown) District IV.		
428 Jessie		777-3311
Chinatown, 1548 Stockton		398-2266
San Francisco General Hospital	Crisis:	821-8125
* GERIATRIC SERVICES, District V (Sunset, Parkside, Richmond, Ocean View, Merced Heights, Ingleside).		
1920 - 41st Avenue.	Screening:	753-6073
Langley Porter at 401 Parnassus	Crisis:	681-8080
		Ext. 200
FOR 24-HOUR MENTAL HEALTH INFORMATION & REFERRAL		387-5100
ADULT CHILDREN OF AGING PARENTS		567-8860
CENTER FOR SPECIAL PROBLEMS 2107 Van Ness San Francisco, CA 94109		558-4801

MENTAL HEALTH: (cont'd)

* FAMILY SURVIVAL PROJECT (Stroke and Brain Damaged Adults) 1736 Divisadero San Francisco, CA 94115	921-5400
FORT HELP 169 - 11th St. San Francisco, CA 94103	864-4357
* GERIATRIC EVALUATION CLINIC - PRESBYTERIAN HOSPITAL OF PACIFIC MEDICAL CENTER Clay at Buchanan San Francisco, CA 94115	563-4321 Ext. 2303
* GERIATRIC MEDICAL CLINIC OF MOUNT ZION HOSPITAL & MEDICAL CENTER (For evaluation of symptions of dementia) 1600 Divisadero San Francisco, CA 94115	567-6600 Ext. 2355
* INDOCHINESE MENTAL HEALTH SERVICE 2209 Van Ness San Francisco, CA	771-1991
* McAULEY NEUROPSYCHIATRIC INSTITUTE 450 Stanyan San Francisco, CA 94117	668-4050
* MENTAL HEALTH ASSOC. OF SAN FRANCISCO 2398 Pine San Francisco, CA 94115	921-4401
MOUNT ZION DEPT. OF PSYCHIATRY 2356 Sutter St. San Francisco, CA 94115	567-1711
* OPERATION CONCERN OF PACIFIC MEDICAL CENTER (Gay & Lesbian) 2483 Clay St. San Francisco, CA 94115	563-0202
* PATIENTS' RIGHTS ADVOCACY SERVICES (P.R.A.S.) 2525 - 24th St. San Francisco, CA 94110	552-8100

MENTAL HEALTH: (cont'd)

* PROGRESS FOUNDATION
  (Residential & Day Treatment)
  368 Fell St.
  San Francisco, CA 94102 — 861-0828

* SAN FRANCISCO SUICIDE PREVENTION
  3940 Geary
  San Francisco, CA 94118 — CMHS Line: 387-5100

* STATE DEPT. OF MENTAL HEALTH
  OFFICE OF MENTAL HEALTH SOCIAL SERVICE
  3330 Geary, Room 200
  San Francisco, CA 94118 — 752-6533

NEWCOMER SERVICES/FOREIGN LANGUAGES

* CATHOLIC SOCIAL SERVICE (Spanish)
  2940 - 16th St.
  San Francisco, CA 94103 — 861-8306

* CENTER FOR SOUTHEAST ASIAN REFUGEE RESETTLEMENT
  121 Leavenworth
  San Francisco, CA 94102 — 885-2743

* CHINESE NEWCOMERS SERVICE CENTER
  777 Stockton
  San Francisco, CA 94108 — 421-0943

* FILIPINO AMERICAN COUNCIL
  2948 - 16th St.
  San Francisco, CA 94103 — 626-0773

* INTERNATIONAL INSTITUTE OF SAN FRANCISCO
  2209 Van Ness Ave.
  San Francisco, CA 94109 — 673-1720

* ITALIAN WELFARE AGENCY
  678 Green St.
  San Francisco, CA 94133 — 362-6423

* JAPANESE FAMILY SERVICE PROGRAM
  Family Service Agency
  1010 Gough St.
  San Francisco, CA 94109 — 474-7310

* JEWISH FAMILY SERVICE (Russian/Farsi)
  1600 Scott St.
  San Francisco, CA 94115 — 567-8860

* KIMOCHI, INC.
  1581 Webster, Room 10
  San Francisco, CA 94115 — 931-2294

* KOREAN COMMUNITY SERVICE CENTER
  3136 Fulton
  San Francisco, CA 94118 — 567-3267

* LA RAZA INFORMATION CENTER
  3174 - 24th St.
  San Francisco, CA 94110 — 826-5855

* MISSION LANGUAGE & VOCATIONAL SCHOOL
  2929 - 19th St.
  San Francisco, CA 94110 — 648-5220

NEWCOMER SERVICES/FOREIGN LANGUAGES: (cont'd)

* MULTI-SERVICES CENTER FOR KOREANS 1362 Post San Francisco, CA 94109	441-1881
* NOBIRU-KAI JAPANESE NEWCOMERS SERVICE 1858 Sutter San Francisco, CA 94115	922-2033
* ON LOK SENIOR HEALTH SERVICES 1441 Powell San Francisco, CA 94133	989-2578
* POLISH ARTS & CULTURAL FOUNDATION 1290 Sutter St. San Francisco, CA 94115	474-7070
* RUSSIAN AMERICAN COMMUNITY SERVICES 674 - 37th St. San Francisco, CA 94121	387-5336
* SAMOANS FOR SAMOANS OF CALIFORNIA 2232 Mission San Francisco, CA 94110	861-5180
* SAN FRANCISCO REFUGEE HEALTH AGENCY 121 Leavenworth San Francisco, CA 94102	673-8435
* SELF-HELP FOR THE ELDERLY 640 Pine St. San Francisco, CA 94108	982-9171
* TRAVELERS AID SOCIETY OF SAN FRANCISCO 38 Mason San Francisco, CA 94102 Mail: P.O. Box 231, SF, CA 94101	781-6738
* WEST BAY FILIPINO MULTI-SERVICE CORP. 335 Valencia, #209 San Francisco, CA 94103	621-4353
* YWCA-CHINATOWN BRANCH 965 Clay San Francisco, CA 94108	397-6883

PROFESSIONAL SOCIETIES & GROUPS

CALIFORNIA INSTITUTE OF SENIOR CENTERS
890 Beach St.
San Francisco, CA 94109 — 775-1866

CALIFORNIA SPECIALISTS ON AGING
(Services for Seniors - David Newcomer)
1280 Laguna
San Francisco, CA 94115 — 922-5438

* CASE (Coalition of Agencies Serving the Elderly)
c/o San Francisco Home Health Services
225 - 30th St.
San Francisco, CA 94131 — Answering Service 566-1188

GERONTOLOGICAL SOCIETY
1835 K St., NW, #305
Washington, DC 20006 — (202) 466-6750

* NCOA (National Council on Aging)
1182 Market
San Francisco, CA 94102 — 864-4460

NATIONAL INSTITUTE OF SENIOR CENTERS (NCOA)
600 Maryland Ave., SW, West Wing 100
Washington, DC 20024 — (202) 479-1200

WESTERN GERONTOLOGICAL SOCIETY
833 Market, Room 516
San Francisco, CA 94103 — 543-2617

RECREATION

* DOCENT TOURS FOR THE DEAF Fine Arts Museums of San Francisco Golden Gate Park San Francisco, CA 94118	387-5923
* FEEDBACK PRODUCTIONS/TALE SPINNERS Building C, Ft. Mason San Francisco, CA 94123	776-8477
* SPECIAL AUDIENCES, INC. 1182 Market, Room 311 San Francisco, CA 94102	552-3505
* IN-HOME CREATIVE ARTS & RECREATION MOUNT ZION HOSPITAL AND MEDICAL CENTER 1600 Divisadero St. San Francisco, CA 94115	567-6600 Ext. 2288
* RECREATION FOR THE HANDICAPPED 207 Skyline Blvd. San Francisco, CA 94132	665-4100
SAN FRANCISCO TICKET BOX OFFICE (STBS)	433-STBS
* SAN FRANCISCO RECREATION & PARK DEPT. McLaren Lodge, Stanyan & Fell Sts. San Francisco, CA 94117	558-4952

SELF-HELP & SUPPORT GROUPS

(Note: With the exception of the few marked with an *, there are no pages with further information on the following groups. Please call numbers listed for further information.)

Self-Help Directory available - call 921-4401

ALCOHOLISM

AA FOR SENIOR CITIZENS
380 Clementina St.
San Francisco, CA 94102
Bernice Marks, Pat Klim 495-3690

* HARBOR LIGHTS (Salvation Army)
1275 Harrison
San Francisco, CA 94103
David Phaar 864-7000

ARTHRITIS

* ARTHRITIS CENTER AT UCSF
(Rosalind Russell Center
1442 - 5th Ave.
San Francisco, CA 94143 666-1192

BURNS

St. Francis Hospital
900 Hyde St.
San Francisco, CA 94109 775-4321
Cathy Nichol Ext. 2570

CANCER

FAMILIES OF CANCER PATIENTS
Mt. Zion Hospital
1600 Divisadero
San Francisco, CA 94115 567-6600
Irene Harrison, Social Worker

ONCOLOGY PATIENT SUPPORT GROUP
St. Mary's Hospital
450 Stanyan
San Francisco, CA 94117 668-1000
Oncology Social Worker Ext. 8042

SHARE & CARE
Marshall Hale Hospital
3773 Sacramento
San Francisco, CA 94118
Liz Light 666-7736

SELF-HELP & SUPPORT GROUPS: (cont'd)

DEAFNESS

DEAFENED ADULT SOCIAL GROUP
c/o San Francisco Hearing Society
1428 Bush St.
San Francisco, CA 94109
Helen Luey — 775-5700

DIABETES

American Diabetes Association
255 Hugo
San Francisco, CA 94122 — 681-8014

DRUGS

NARCOTICS ANONYMOUS
P.O. Box 11365
San Francisco, CA 94101
Darryl Davis — 893-2686

EPILEPSY

EPILEPSY SOCIETY OF SAN FRANCISCO
3221 Pierce St., Room 6
San Francisco, CA 94123 — 346-9075

GAMBLING

GAMBLERS ANONYMOUS
Calvary Church
19th & Judah
San Francisco, CA 94122 — 635-6620

GENERAL ILLNESS & DISABILITY

UNITED CEREBRAL PALSY - JOB BOARD
JOB SEEKING SKILLS TO PHYSICALLY DISABLED
25 Taylor, 5th Floor
San Francisco, CA 94102
Elvin McChesney, Jim Heigie, Terri Straw — 776-5111

FAMILY SUPPORT GROUP (For Familes of Disabled)
450 Stanyan
San Francisco, CA 94117 — 668-1000 Ext. 8042

HEART DISEASES

HEART TO HEART
421 Powell
San Francisco, CA 94102
Jarvis Green — 433-2273

SELF-HELP & SUPPORT GROUPS: (cont'd)

LUNG DISEASES

AMERICAN LUNG ASSOCIATION OF SAN FRANCISCO
833 Market
San Francisco, CA 94103 — 543-4410

BETTER BREATHERS' CLUB
National Red Cross Building
1550 Sutter
San Francisco, CA 94102
Jerrie Patterson 543-4410

MENTAL ILLNESS

RECOVERY INCORPORATED
Grace Cathedral
1051 Taylor
San Francisco, CA 94108 — 351-2540

MULTIPLE SCLEROSIS

SAN FRANCISCO INDEPENDENT LIVING PROJECT
4429 Cabrillo
San Francisco, CA 94121 — 751-8765

SAN FRANCISCO MULTIPLE SCLEROSIS RAP GROUP
594 Howard, 2nd Floor
San Francisco, CA 94105
Debra Wiener/Howard Pollack — 495-6267

814 Mission
San Francisco, CA 94103
Terri Straw — 543-0223

SOCIAL & FAMILY STRESSES

* LINKS - Widows & Widowers
1351 - 24th Ave.
San Francisco, CA 94122 — 661-4400

* OPERATION CONCERN - Gay & Lesbian
Counseling - Pacific Medical Center
1853 Market
San Francisco, CA 94103 — 626-7000

SUPPORT GROUPS FOR BATTERED WOMEN — 864 4722

SELF-HELP & SUPPORT GROUPS: (cont'd)

SOCIAL & FAMILY STRESSES: (cont'd)

* WIDOW-WIDOWER OUTREACH PROGRAM
  Jewish Family & Children Service
  1600 Scott St.
  San Francisco, CA 94115 — 567-8860
  Helen Lucks — Ext. 28

STROKE

SAN FRANCISCO STROKE CLUB
American Heart Association
421 Powell
San Francisco, CA 94102
Jarvis Green — 433-2273

STONESTOWN YMCA STROKE CLUB — 731-1900

WOMEN

AMERICAN CANCER SOCIETY, SAN FRANCISCO CHAPTER
(Reach for Recovery - Breast Cancer. Call for other Women's Groups) — 673-7979

* OPTIONS FOR WOMEN OVER 40
  3543 - 18th St.
  San Francisco, CA 94110
  Pat Durham — 431-6944

W.O.M.A.N., Inc. (Battered Women)
2940 - 16th St., Room 202
San Francisco, CA 94103
Linda Foley — 864-4722

VISUAL HANDICAPS

* NATIONAL ASSOC. FOR VISUALLY HANDICAPPED (Adult Discussion Group)
  3201 Balboa
  San Francisco, CA 94121
  Angela Periera — 221-8754

SENIOR CLUBS, GROUPS, ETC.

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
ALEMANY SENIOR CENTER St. Anthony's Parish Hall Precita Ave. & Shotwell St. Mondays, 10:00 A.M. - 3:00 P.M. No phone.				X		
ALEXIS APARTMENTS 390 Clementina, SF 94103 495-3690		X				X
AMERICAN ASSN. OF RETIRED PERSONS Numerous chapters in SF - for information contact Mrs. Zimmerman, 731-8522						X
AQUATIC PARK SENIOR CENTER 890 Beach, SF 94109 775-1866						X
ARGONNE 18th & Geary Wed. 11:30 A.M. - 3:00 P.M. Contact Ali Levy, 558-4952					X	
* BAYVIEW CRISPUS ATTUCKS 1201 Mendell St., SF 94124 648-1600	X					
* BAYVIEW HUNTERS POINT SENIOR CENTER 1706 Yosemite, SF 94124 822-1444	X					

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
BERNAL HEIGHTS SENIOR CENTER 515 Cortland, SF 94110 Thurs. 10:30 A.M. - 3:00 P.M. 648-0330	X					
BOOKER T. WASHINGTON COMMUNITY SERVICE CENTER 800 Presidio Avenue, SF 94115 Timothy Dupre, 921-4758						X
* CALIF. ASSN. FOR OLDER AMERICANS 330 Ellis St., RM. 611, SF 94102 Ms. Shirley Blenly - 771-0226		X		X		
* CALIF. LEAGUE FOR THE HANDICAPPED 1299 Bush St., SF 94109 441-1980	X					
CALIF. RETIRED TEACHERS ASSOC. SAN FRANCISCO DIVISION 1805 Loyola Dr., Burlingame CA. 94010, Dr. Myron Moskowitz No phone.						X
CALVARY PRESBYTERIAN SENIOR CENTER Calvary Presbyterian Church 2515 Fillmore St., SF 94115 Dr. John Evans, 346-3832 Tuesday - 11:00 A.M. - 1:00 P.M.						X
CANON KIP COMMUNITY HOUSE 705 Natoma, SF 94103 861-6801	X	X				

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
CAYUGA - Cayuga & Naglee Mon/Tues/Fri, 10:30 A.M. - 3:00 P.M. Contact: Al Levy, 558-4952					X	
CENTRAL CITY HOSPITALITY HOUSE 146 Leavenworth , SF 94102 776-2102 - Art workshops for all ages						
CHALMERS, Brunswick & Whittier Thursday, 10:30 A.M. - 3:00 P.M. Contact: Al Levy, 558-4952					X	
CHINESE CENTER, Washington & Mason 1st & 3rd Tues., 11:00 A.M. - 2:00 P.M. Contact: Al Levy, 558-4952					X	
* COMMUNITY MUSIC CENTER (Lessons) 544 Capp St., SF 94110 647-6015	X					
CONGREGATE MEALS - For information and list of sites, call Commission on Aging: 626-1033						
CORPUS CHRISTI SR. CITIZENS CLUB Church Auditorium, Santa Rosa & Alemany Croker Amazon, Italy & Moscow Streets 94112; No Phone. Monday, 11:00 A.M. - 2:30 P.M. 333-4797 Thursday 10:00 A.M. - 3:00 P.M.						
* CREATIVE RETIREMENT PROGRAMS St. Francis Lutheran Church 152 Church, SF 94113 - 863-5186	X					

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
* DIAMOND SENIOR CENTER (Haight-Ashbury Senior Services) - 117 Diamond St., SF 94114 863-3507	X					
DOLORES ST. BAPTIST CHURCH Senior Activity Center 8 Dolores St., SF 94103 - 861-1434	X					
DON BOSCO SENIOR CLUB Corpus Christi Church Auditorium Wednesday 11:00 A.M. - 2:00 P.M. No phone				X		
* DOWNTOWN SENIOR CENTER 465 O'Farrell St., SF 94102 771-7950	X	X				
EPIPHANY'S SR. CITIZENS' CLUB Church of the Epiphany - C.Y.O. Room Corner Avenue & Naples Street Friday, 11:45 A.M. - 2:45 P.M. No phone.				X		
EUREKA VALLEY 18th & Collingwood Wednesday, 10:30 A.M. - 3:00 P.M. Contact Al Levy: 558-4952					X	
EXCELSIOR, Russia & Madrid Thursday, 10:30 A.M. - 3:00 P.M. Contact Al Levy: 558-4952					X	

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
FIL-AMERICAN SR. CITIZENS' CENTER 3208 Mission San Francisco, 94110	X					
* FILIPINO-AMERICAN COUNCIL OF SAN FRANCISCO 2948 - 16th Street San Francisco, 94103 626-0773	X	X				
FORTNIGHTERS OF FIRST CONGREGATIONAL CHURCH 432 Mason San Francisco, 94102 Every other Saturday				X		
* FRANCIS OF ASSISI 145 Guerrero San Francisco, 94103 861-5790	X	X				
GOLDEN GATE PARK SR. CENTER 6101 Fulton San Francisco, 94102 Saturday, 10:00 A.M. - 5:00 P.M. Sunday, 11:00 A.M. - 4:00 1st Tuesday, 10:00 A.M. - 5:00 P.M. Contact: Al Levy, 751-4926					X	
* HAIGHT ASHBURY SENIOR SERVICES 1350 Waller San Francisco, 94117 621-112	X	X				

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
HAMILTON Geary & Steiner Wednesday, 10:30 A.M. - 2:30 P.M. Contact: Al Levy, 558-4952					X	
HOLY NAME SENIOR PARISHIONERS CLUB Library Room (enter by schoolyard Thursday 11:00 A.M. - 2:00 P.M. No phone.				X		
ILWU PENSIONERS - SAN FRANCISCO BAY AREA Longshoremen's Hall 400 North Point San Francisco, 94133 474-0300	X					
INGLESIDE PRESBYTERIAN CHURCH INGLESIDE SENIOR CENTER 1345 Ocean Avenue San Francisco, 94112 587-4472	X	X				
* JEWISH COMMUNITY CENTER MONTIFIORE SENIOR CENTER 3200 California San Francisco, 94118 346-6040	X	X				
JOHN F. KENNEDY TOWER RES. ASSN. 2451 Sacramento Street San Francisco, 94115 No phone.			X			

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
JOSEPH LEE Oakdale & Mendell Wednesday 11:30 A.M. - 3:00 P.M. Contact: Al Levy, 558-4952		X			X	
KIMOCHI, INC. 1581 Webster, #10 San Francisco, 94115 931-2294	X	X				
KOREAN COMMUNITY SERVICE CENTER 3136 Fulton San Francisco, 94118 567-3267	X	X				
LATIN AMERICAN NAT'L CITIZENS ASSOCIATION (LANSCA) 225 - 20th Street, 2nd Flr. San Francisco, 94131 Contact: Graciela Cashion, 641-0951						X
* LIFELINE MISSION 917 Folsom Street San Francisco, 94107 392-2220		X				
LICOLN PARK PRESBYTERIAN CHURCH "LINCOLN PARK SENIOR CENTER" 17 - 31st Avenue San Francisco, 94121 751-1140	X					

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
* LOS MAYORES DE CENTRO LATINO 180 Fair Oaks San Francisco, 94110 Center and lunch Monday - Thursday 826-1647	X			X		
LUTHERAN CHURCH OF THE SAVIOR 1011 Garfield San Francisco, 94132 586-7890 Thursday 10:00 A.M. - 2:00 P.M.	X					
* MARTIN DE PORRES HOUSE 2826 - 23rd Street San Francisco, 94110 650-9091		X				
MIDTOWN TERRACE Clarendon Drive & Olympia Way San Francisco, 94131 564-1347					X	
MIRALOMA COMMUNITY CHURCH 480 Teresita Blvd San Francisco, 94127 Contact: Betty Suen, 333-2239						X
* MISSION NEIGHBORHOOD CENTER 362 Capp Street San Francisco, 94110 826-4659	X	X				

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
MISSION SENIOR CITIZENS' CENTER Ann's Hall, St. Peter's Church 24th & Alabama San Francisco, 94110 Contact: Margaret Matteri 2389 Bryant San Francisco, 94110 No phone.						X
MISSION DOLORES RESIDENTS ASSN. 1855 - 15th Street San Francisco, 94103 No phone.			X			
NATIONAL ASSN. OF RETIRED FEDERAL EMPLOYEES (NARFE), Chapter #65 129 Beaumont Avenue San Francisco, 94118 Contact: Ralph M. Hockley, President 921-6082						X
NATIONAL ASSN. OF RETIRED & VETERAN RR EMPLOYEES No phone.						X
* NATIVE AMERICAN INDIAN SR. CENTER 544 Hayes San Francisco, 94102 431-7030	X	X				
NATIVE DAUGHTERS OF THE GOLDEN WEST 555 Baker Street Amelia Sheehan, State Chairman 751-1388						X

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
NINE NINE ZERO PACIFIC RESIDENTS' ASSN. 990 Pacific Avenue San Francisco, 94133			X			
NINE THREE NINE EDDY ST. 951 Eddy Street San Francisco, 94109			X			
NORTH BEACH SR. CITIZEN CLUB St. Peter & Paul Church 621 Filbert, Girls Gym Tuesday 1:00 - 3:00 P.M. No phone.				X		X
* NORTH OF MARKET SR. SERVICE CENTER 333 Turk San Francisco, 94102 885-2274	X	X				
ODD FELLOWS & REBEKAHS 26 - 7th Street San Francisco, 94103 Contact: Robert Whitten, 431-1553						X
OLD FIRST PRESBYTERIAN CHURCH 1751 Sacramento San Francisco, 94109 776-5552 (Monday)	X					
OLD ST. MARY'S SR. PARISHONERS CLUB St. Mary's Center, Friday 12:30 - 2:30 (members may attend mass at 2:05) No phone.						

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
* OMI SENIOR NEIGHBORHOOD CENTER 333 Randolph Street San Francisco, 94132 587-1443	X	X				
ONE EIGHT EIGHT ZERO PINE RESIDENTS ASSN. 1880 Pine Street San Francisco, 94109 No phone.			X			
ONE SEVEN FIVE ZERO MCALLISTER RESIDENTS ASSN. 1750 McAllister Street San Francisco, 94115 No phone.			X			
ONE SEVEN SIX BUSH RESIDENTS 1760 Bush San Francisco, 94109 No phone.			X			
ORDER OF THE SONS OF ITALY IN AMERICA 5051 Mission Street San Francisco, 94112 Contact: Anthony P. Sola, 282-6718						X
POTRERO HILL NEIGHBORHOOD HOUSE 953 Dellaro Street San Francisco, 94107 826-8080		X				

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
PRESBYTERIAN CHURCH-CHINATOWN 925 Stockton San Francisco, 94108 Wednesdays 392-1500	X					
PROVIDENCE SENIOR CENTER 214 Haight Street San Francisco, 94117 Tuesday & Friday, 10:00 A.M. - 3:00 P.M. No phone.				X		
RETIRED EMPLOYEES OF CITY & COUNTY OF S. F. 3650 Mission San Francisco, 94110 Contact: Kayte Firpo, Secratary, 285-2825						X
RETIREES CLUB, DEPT. STORE EMPLOYEES UNION 1100 1345 Mission San Francisco, 94103 Contact: Mr. Pat Kelly, 863-3823						X
* RUSSIAN AMERICAN COMMUNITY SERVICES 674 - 37th Avenue San Francisco, 94121 387-5336	X	X				
ST. ANNE'S ADULT CLUB School Cafeteria 1330 - 14th Avenue Tuesday, 1:00 A.M. - 3:00 P.M. No phone.					X	

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
ST. ANNE'S SENIOR CLUB 300 Lake Street San Francisco, 94118 Monday, 1:00 A.M. - 3:00 P.M. No phone.					X	
ST. BRENDAN'S SR. CLUB 29 Rockaway Avenue Meets periodically. No phone.				X		
ST. CECILIA'S SR. CENTER 2555 - 17th Avenue, Green Room Wednesday, 10:00 A.M. - 1:30 P.M. No phone.				X		
ST. ELIZABETH'S OVER 50 CLUB School Auditorium Wayland & Somerset Streets Thursday, 12:30 - 2:30 P.M. No phone.				X		
ST. ELIZABETH'S YOUNG AT HEART 100 Masonic San Francisco Monday, 11:00 A.M. - 2:00 P.M. No phone.				X		
ST. EMYDIUS SR. CITIZENS' CLUB DYNAMIC GOOD NEIGHBORS 270 Ashton Street San Francisco, 94112 2nd & 4th Wednesdays, 10:30 A.M. - 2:30 P.M. No phone.				X		

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
ST. FINN BARR SR. CITIZENS' CLUB 415 Edna San Francisco, 94112 Wednesday 1:00 - 3:00 P.M. No phone.				X		
ST. FRANCIS MEAL SERVICE First Congregational Church Post & Mason Streets San Francisco, 94102 392-7463	X	X				
ST. FRANCIS SR. CITIZENS' CLUB 610 Vallejo San Francisco, 94133 First Friday, 1:00 - 2:30 P.M. No phone.				X		
ST. JOHN'S SR. CITIZENS' CLUB 19th Street & Mary's Avenue San Francisco, 94103 Monday 11:00 A.M. - 2:00 P.M. No phone.				X		
ST. MARKS LUTHERAN CHURCH SR. CENTER 1111 O'FARRELL STREET San Francisco, 94109 Friday only 925-7770	X	X				
ST. MARY'S CATHEDRAL SR. CITIZENS' CLUB Lower Level, entrance on Gough Street 1st & 3rd Thursdays, 1:00 - 3:00 P.M. No phone.				X		

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
ST. MICHAEL'S HAPPY HEART CLUB Rectory, 32 Broad Street 1st & 3rd Thursdays, 1:00 - 3:00 P.M. No phone.				X		
ST. PAUL'S GOLDEN AGERS CLUB 221 Valley Street, Rectory Hall Tuesday 1:00 - 3:00 P.M. No phone.				X		
ST. PETER'S SENIOR CENTER 1200 Florida Street Friday, 10:00 A.M. - 2:00 P.M. No phone.				X		
ST. STEPHEN'S SR. SOCIAL CLUB Donworth Hall 475 Eucalyptus Drive Thursday, 11:00 A.M. - 2:00 P.M. No phone.				X		
ST. THERESA'S SR. CITIZENS CLUB Church Hall, 19th & Connecticut Streets Friday, 1:00 - 2:00 P.M. No phone.		X		X		
ST. VINCENT DE PAUL SR. CENTER 1175 Howard, between 7th & 8th Streets Mon/Wed/Fri, 1:00 - 3:00 P.M. No phone.				X		

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
SALVATION ARMY MISSION SENIOR CORPS 1156 Valencia San Francisco, 94110 648-0276	X	X				
* SALVATION ARMY SENIOR ACTIVITY CENTER 360 - 4th Street San Francisco, 94107 777-2677	X	X				
* SALVATION ARMY SR. NUTRITION PROGRAM SITE INFO. 360 - 4th Street San Francisco, 94107 777-2677		X				
* SALVATION ARMY TURK STREET SENIOR CENTER 240 Turk Street San Francisco, 94102 928-7078	X					
SAN FRANCISCO CHINATOWN CORPS 450 Powell Street San Francisco, 94133 781-7360	X	X				
* SAN FRANCISCO HOME HEALTH SENIOR CENTER 225 - 30th Street San Francisco, 94131	X	X				
* SAN FRANCISCO SENIOR CENTER 890 Beach Street San Francisco, 94109 775-1866	X	X				

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
SECOND SPRINGTIMERS St. Paul of the Shipwreck Church-Upper Room 1122 Jamestown Avenue 2nd & 4th Fridays, 10:00 A.M. - 12:00 P.M. 467-0660				X		
* SELF-HELP FOR THE ELDERLY 640 Pine Street San Francisco, 94108 982-9171	X	X				
* SELF-HELP FOR THE ELDERLY - RICHMOND 741 - 30th Avenue San Francisco, 94121 751-3394	X	X				
* SERVICES FOR SENIORS, INC. 1280 Laguna Street San Francisco, 94115 922-5438		X				
SEVEN TWO FIVE DIAMOND ST. SR. CITIZENS' CLUB St. Phillip's Church, Small Hall Thursday 11:00 A.M. - 1:00 P.M.				X		
SEVENTH AVENUE PRESBYTERIAN CHURCH Senior Center 1329 - 7th Avenue San Francisco, 94122 Thursday 664-2543	X					

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
SILVER BELLES St. Paul's Church Hall (under Church) Thursday, 10:00 A.M. - 2:00 P.M. No phone.				X		
SIX SIX SIX ELLIS RESIDENTS ASSN. 666 Ellis St. San Francisco, 94109 No phone.			X			
* SPRING GARDENS 70 Oak Street San Francisco, 94102 552-5545	X					
SOO YUEN BENEVOLENT ASSOC. 806 Clay Street San Francisco, 94108 421-0601	X					
SUNNYSIDE 28th & Lawton Wednesday, 10:30 A.M. - 2:30 P.M. Contact: Al Levy, 558-4925					X	
SUNSET COMMUNITY EDUCATION CENTER 3151 Ortega San Francisco, 94122 Ed Gundasen 664-1040		X				

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
SUNSET SR. CENTER 28th Avenue & Lawton San Francisco, 94122 731-0897					X	
SWINGING SIXTIES, THE St. Vincent de Paul Church 2320 Green Street, (Chapel) 1st Tuesday, 1:30 - 3:30 P.M. No phone.				X		
TEAMSTER UNION LOCAL 85 RETIREES CLUB 973 Valencia San Francisco, 94110 Frank Guerrero, President 550-9129						X
* TELEGRAPH HILL NEIGHBORHOOD ASSOC. 600 Lombard San Francisco, 94133 421-6433	X	X				
TELEPHONE PIONEERS OF AMERICA 370 - 3rd Street, Rm. 142B San Francisco, 94107 Berta Bernal, Administrator 542-7053						X
TEMPLE BAPTIST CHURCH SENIOR CENTER 3355 - 19th Avenue San Francisco, 94133 566-4080	X					

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
THREE EIGHT FIVE ZERO 18TH STREET RESIDENTS ASSN. 3850 - 18th Street San Francisco, 94121 No phone.			X			
THREE FIVE ZERO ELLIS RESIDENTS ASSN. 350 Ellis Street San Francisco, 94109 No phone.			X			
THREE FOUR FIVE HERMANN RESIDENTS ASSN. 345 Arguello San Francisco, 94118 No phone.			X			
THREE FOUR FIVE HERMANN RESIDENTS ASSN. 345 hermann Street San Francisco, 94114 No phone.			X			
THREE TWENTY TO THREE THIRTY CLEMENTINA RESIDENTS ASSN. 320 Clementina San Francisco, 94103 No phone.			X			
TWENTY-FIVE SANCHEZ RESIDENTS ASSN. 25 Sanchez Street San Francisco, 94114 No phone.			X			

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
TWO SIX NINE EIGHT CALIFORNIA RESIDENTS ASSN. 2698 California Street San Francisco, 94115 No phone.			X			
TWO TWENTY SEVEN BAY ST. RESIDENTS ASSN. 227 Bay Street San Francisco, 94133 No phone.			X			
ULLOA STREET SR. CENTER St. Gabriel's School Cafeteria 41st Avenue & Ulloa Wednesday, 2:00 - 4:00 P.M. No phone.				X		
UPPER NOE Day & Sanchez Wednesday, 11:30 A.M. - 3:00 P.M. Contact: Al Levy, 558-4952				X		
* VISITACION VALLEY SENIOR CENTER 66 Raymond Avenue San Francisco, 94134 467-6400	X	X				
* WESTERN ADDITION SENIOR CENTER 1390 1/2 Turk Street San Francisco, 94115 Meals: 1390 Turk Street 921-7805	X	X				

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
WEST SUNSET 39th Avenue & Ortega Tuesday, 10:00 A.M. - 3:00 P.M. Contact: Al Levy, 661-8841					X	
WOODSIDE GARDENS RESIDENTS ASSN. 255 Woodside Avenue San Francisco, 94127 No phone.			X			
WOOLF HOUSE SENIOR RESIDENCE 801 Howard Street San Francisco, 94103 495-837		X				X
YERBA BUENA SENIOR CENTER 1111 Buchanan San Francisco Daily, 9:00 A.M. - 4:30 P.M. Contact: Al Levy, 921-2424						X
* YMCA - CENTRAL BRANCH 220 Golden Gate San Francisco, 94102 885-0460	X					
* YMCA - MISSION BRANCH 4080 Mission Street San Francisco, 94112 586-6900	X	X				

SENIOR CLUBS, GROUPS, ETC. (cont'd)

	Multipurpose Senior Groups	Nutrition Sites	S.F. Housing Authority Sr. Groups	Catholic Senior Clubs	S.F. Park & Rec. Dept. Centers	Senior Citizen Groups
* YMCA - RICHMOND BRANCH 360 - 18th Avenue San Francisco, 94121 668-2060	X					
* YMCA - STONESTOWN BRANCH 333 Eucalyptus Dr. San Francisco, 94132 731-1900	X	X				
YWCA 620 Sutter St. San Francisco, 94102 775-6500 (see St. Francis Meal Service)	X	X				
* YWCA - CHINATOWN BRANCH 965 Clay Street San Francisco, 94108 397-6883	X					

SOCIAL SERVICE

* CATHOLIC SOCIAL SERVICES (With Catholic Committee for the Aging) 50 Oak St. San Francisco, CA 94102	864-7400
* CATHOLIC SOCIAL SERVICE (Mission Office) 2940 - 16th St. San Francisco, CA 94103	861-8306
* CHINESE NEWCOMERS SERVICES 777 Stockton St. San Francisco, CA 94108	421-0943
* DOWNTOWN SENIOR SOCIAL SERVICES 240 Jones St. San Francisco, CA 94102	441-8762
* FAMILY SERVICE AGENCY OF SAN FRANCISCO 1010 Gough St. San Francisco, CA 94109	474-7310
* ITALIAN WELFARE AGENCY, INC. 678 Green St. San Francisco, CA 94133	362-6423
JAPANESE FAMILY SERVICE PROGRAM 1010 Gough San Francisco, CA 94109	474-7310
* JAPANESE NEWCOMERS (Nobiru Kai) 1858 Sutter St. San Francisco, CA 94115	922-2033
* JEWISH COMMUNITY CENTER OF SAN FRANCISCO 3200 California St. San Francisco, CA 94118	346-6040
* JEWISH FAMILY & CHILDRENS SERVICE 1600 Scott San Francisco, CA 94115	567-8860
* LUTHERAN CARE FOR THE AGING 1031 Franklin San Francisco, CA 94109	441-7777
* NORIEGA SENIOR SERVICES CENTER 1819 - 43rd Ave. San Francisco, CA 94122	665-6844

SOCIAL SERVICE: (cont'd)

* NORTH OF MARKET MULTIPURPOSE SENIOR SERVICES
  333 Turk
  San Francisco, CA 94102 — 885-2274

* RUSSIAN AMERICAN COMMUNITY SERVICE
  674 - 37th Ave.
  San Francisco, CA 94121 — 387-5336

* SAN FRANCISCO DEPT. OF SOCIAL SERVICES
  170 Otis St.
  San Francisco, CA 94102 — 557-5251

* SALVATION ARMY CENTER FOR SOCIAL SERVICES
  101 Valencia
  San Francisco, CA 94103 — 861-0755

* SAN FRANCISCO SENIOR CENTER
  890 Beach St.
  San Francisco, CA 94109 — 775-1866

* SELF-HELP FOR THE ELDERLY
  640 Pine St.
  San Francisco, CA 94108 — 982-9171

* SENIOR RESOURCES
  162 Hickory
  San Francisco, CA 94102 — 626-1638

* TRAVELERS AID SOCIETY OF SAN FRANCISCO
  38 Mason
  San Francisco, CA 94102 — 781-6738
  (Mail: P.O. Box 230, SF, CA 94101)

TRANSPORTATION & ESCORT

Transportation Services:

MUNI INFORMATION		673-6864
* AMERICAN CANCER SOCIETY 545 Post St. San Francisco, CA 94102		673-7979
* CAHEED TRANSPORTATION (Medical) 2401 Keith St. San Francisco, CA 94124		822-5200
* CALIFORNIA LEAGUE FOR THE HANDICAPPED 1299 Bush St. San Francisco, CA 94115		441-1980
* CALIFORNIA MEDIVAN P.O. Box 34116 San Francisco, CA 94134		822-2212
* CHAIR-A-VAN 1400 Crokaerts Rd. Walnut Creek, CA 94596		934-2382
* HANDICAPPED TRAVELERS ASSOC., INC. P.O. Box 4428 Foster City, California	Office Airport	573-9688 877-0285
* OMICA PARATRANSIT SYSTEM 201 Granada Ave. San Francisco, CA 94112		584-8188
* PARATRANSIT SERVICES 1109 Oak St. San Francisco, CA 94117		552-7908
* RUSSIAN AMERICAN COMMUNITY SERVICE 674 - 37th Ave. San Francisco, CA 94121		387-5336
* SAN FRANCISCO AMBULANCE CO. 2829 California St. San Francisco, CA 94115		931-3900

TRANSPORTATION & ESCORT: (cont'd)

Transportation Services: (cont'd)

UC MED CENTER, TRANSPORTATION SERVICE
401 Parnassus St.
San Francisco, CA 94143
Low Income/Voucher Screening) 666-1655

Escort Services:

* EBONY ESCORT SERVICE
625 Post, Room 204
San Francisco, CA 94109 563-4010

* MISSION NEIGHBORHOOD CENTER
HOMEMAKER-ESCORT PROJECT
362 Capp St.
San Francisco, CA 94110 826-4659

* SAN FRANCISCO SENIOR ESCORT OUTREACH PROGRAM
330 Ellis, #608
San Francisco, CA 94102

Main Office	928-4422
Chinatown	391-5686
Hunters Pt./Bayview	285-2500
Mission	824-7550
No. of Market/Tenderloin	673-8600
Potrero	648-3743
Western Addition	931-2350
Western Addition Walking Patrol	922-6807
So. of Market	777-1204

SENIOR ESCORT OF VISITACION VALLEY 239-6233

* YOUNG LIFE SAN FRANCISCO
222 Plymouth
San Francisco, CA 94112 584-0300

VOLUNTEERS

EXPERIENCE RESERVE BANK 609 Mission San Francisco, CA 94105	658-1311
* NATIONAL COUNCIL ON ALCOHOLISM 2655 Van Nexx, #370 San Francisco, CA 94109	563-5400
* NETWORK OF VOLUNTEERS SERVING THE ELDERLY P.O. Box 421182 San Francisco, CA 94142	337-0770
* OMBUDSMAN - Long Term Care FAMILY SERVICE AGENCY 1031 Franklin San Francisco, CA 94109	474-8757
* RETIRED SENIOR VOLUNTEER PROGRAM S. F. Home Health Service 2101 - 20th Ave. San Francisco, CA 94116	731-3335
* RETIRED SENIOR VOLUNTEER PROGRAM (UJCC) 3272 California St. San Francisco, CA 94118	346-1812
* SAN FRANCISCO DEPT. OF SOCIAL SERVICE Volunteer Services Program	557-5517
* SCORE - SERVICE CORPS OF RETIRED EXECS. 211 Main, 4th Floor San Francisco, CA 94105	974-0599
SEALS - SENIORS EAGER FOR ACTIVE LIVES Mt. Zion Hospital 1600 Divisidero San Francisco, CA 94115	567-6600 Ext. 2224
* UNITED WAY INFORMATION & REFERRAL 410 Bush St. San Francisco, CA 94108	772-4444
* VOLUNTEER CENTER OF SAN FRANCISCO 1090 Sansome San Francisco, CA 94111	982-8999
* VOLUNTEER PROGRAM - SAN FRANCISCO GENERAL 1001 Potrero San Francisco, CA 94110	821-8193

MISCELLANEOUS

* AMERICAN RED CROSS 1550 Sutter San Francisco, CA 94109	776-1500
HOME IMPROVEMENT, FREE WEATHERIZATION PROJECT	495-SAVE
* OMBUDSMAN (Long Term Care Family Service Agency 1031 Franklin San Francisco, CA 94109	474-8757
* SAN FRANCISCO COUNCIL OF CHURCHES 942 Market, #408 San Francisco, CA 94102	433-3024
* SENIOR ADVISORY GROUP 3150 California San Francisco, CA 94115	922-4333

ABLE
1095 Market St., Rm. 212
San Francisco, CA 94103

621-8181

Services & Description: Shared living arrangements - bring together persons who have space with those who need affordable place to live. Rent paid with money and/or services - sometimes salary paid for services. Not a rental employment or emergency service.

Who to Contact: Staff

Director: Dee Bergman

Days and Hours: Monday-Friday 10-4. Call for information and/or to make an appointment

Eligibility:

Income and Age: One person in any share situation must be 55 or older

Fees:

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: Market St. Muni

Other Information:

Last Update: 8/83

MISCELLANEOUS

* AMERICAN RED CROSS 1550 Sutter San Francisco, CA 94109	776-1500
HOME IMPROVEMENT, FREE WEATHERIZATION PROJECT	495-SAVE
* OMBUDSMAN (Long Term Care Family Service Agency 1031 Franklin San Francisco, CA 94109	474-8757
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Fees:

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: Market St. Muni

Other Information:

Last Update: 8/83

ACCEPT
1287 11th Ave.
San Francisco, CA 94122

681-2500

Services & Description: Out-patient organization of mutual support groups which meet twice weekly with those in early or middle stages of alcoholism or drug addiction. Individual and group therapy for patients and family. NO MEDICAL TREATMENT.

Contact:	Staff
Director:	Carole Hedges
Days and Hours:	Mon-Fri, 8-5pm
Eligibility:	
Income and Age:	12 and up
Fees:	Sliding scale, some insurance
Area Served:	No. Calif
Other:	Those who are co-alcoholic can participate
Foreign Languages:	
Public Transp.:	N-Judah, 71, 72
Other Information:	Do not provide transportation for clients. Youth program (12-20 yrs.) free. Public education, films and lecture, free on Thursdays 6:30 - 8:30 pm.

Last Update: 8/83

3784B/2

ADULT BENEVOLENT ASSOCIATION
121 Golden Gate Avenue
San Francisco, CA 94102

552-1169

Services & Description: Information in front window booth;
Legal help: Wed. 10 to Noon
Blood pressure checks: Tue. 9:00 to 1:00 p.m.
Mini-market: Wed. 10:30 - 1:00 pm
Adult Info. Digest (AID): free monthly paper foı seniors, call Joan Crotty
Crisis Intervention: drop in basis, 9:00 - 4:30 pm M-F. Call
InterServ (visitation): contact Sr. Ursula

Contact:	Person specified or Isabel Ramirez
Director:	Peggy Coster
Days and Hours:	Vary for each service, as listed
Eligibility:	
Income and Age:	Low income, ages as shown for each service
Fees:	None; donations accepted
Area Served:	Tenderloin, except for A.I.D.
Other:	
Foreign Languages:	Spanish, 9-12 Mon-Fri
Public Transp.:	MUNI, most Market St. buses, all streetcars; BART Civic Center Center Station
Other Information:	Affiliates: St. Anthony's Dining Room: 45 Jones, 10:30 - 1:00 pm daily. (964-0240) St. Anthony Free Clinic: 55 Jones, 9:30 - 11:30 Mon-Fri St. Anthony Employment Service, free, 45 Jones St., 9-11:30 a.m. Tues & Thurs.

Last Update: 8/83

3784B/3

ADVOCATES FOR WOMEN
414 Mason St.
San Francisco, CA 94102

391-4870

Services & Description: Listings for all types of jobs mostly full-time. Employment workshops, free and for a fee; resource library, individual career counseling, free and for a fee; drop-in center for information and referral.

Who to Contact: Staff

Director: Barbara Woodward

Days and Hours: Mon-Fri 8:30-4:30

Eligibility:

Income and Age: No requirements

Fees: 50¢ donation, sliding scale for workshops

Area Served:

Other:

Foreign Languages:

Public Transp.: Located on Mason between Geary & Post

Other Information: Serves men as well as women.

Last Update: 8/83

AL-ANON
P.O. Box 27142
San Francisco, CA 94127

421-6198 (Answering Service)

Services & Description: Mutual support groups for families and others with close emotional ties with persons who suffer from alcohol addiction. Call for specific information.

Contact: N/A

Director: N/A

Days and Hours: 24-hour answering service

Eligibility:

Income and Age:

Fees: None

Area Served: San Francisco

Other:

Foreign Languages: Meetings held in Spanish and English

Public Transp.:

Other Information:

Last Update: 8/83

3784B/5

ALCOHOLICS ANONYMOUS
1046 Irving St
San Francisco, CA 94122

661-1828

Services & Description: Main office receives calls for help and will refer callers to appropriate meetings throughout the city. Will send members to see caller if needed.

Who to Contact: Staff volunteers

Director: Bill Sauters, Central Office Secretary

Days and Hours: Mon-Fri, 9:00-6:00; 24-hr telephone, can talk to another A.A. member

Eligibility:

- Income and Age: None
- Fees: None
- Area Served: West Bay Area; Marin; San Mateo
- Other:

Foreign Languages: There are Spanish Speaking A.A. groups

Public Transp.: MUNI: N-Judah

Other Information: Ala-Non, Ala-Teen

Last Update: 8/83

ALCOHOLIC EVALUATION AND TREATMENT CENTER
1001 Potrero, Ward 84
San Francisco, CA 94110

821-8091

Services & Description: Co-educational. After detox. 1-28 day treatment.

Who to Contact: Staff

Director: Dr. Tom Smith

Days and Hours: 7 days, 24 hours

Eligibility:

- Income and Age: Low income
- Fees: $10.00 admission/Sliding scale
- Area Served: San Francisco
- Other: Alcoholic - Ambulatory

Foreign Languages: Spanish

Public Transp.: 47, 35, 75; Cross Street - 23rd

Other Information: Does not provide transportation for clients. Admission and visit by appointment only.

Last Update: 8/83

ALUMNAE RESOURCES
965 Mission St., #514
San Francisco, CA 94103

546-7220

Services & Description: Career development organization which focuses on women college graduates. It offers workshops in job search skills and individual career counseling. It has a network of women willing to give advice and information to those in career transition.

Contact: Susan Kaplan

Director: Susan Kaplan, Executive Director

Days and Hours: Office is open 9-5, M-F. We are only open for client drop-in on Fridays. Call office to check for open hours.

Eligibility:

Income and Age: Anyone

Fees: Workshops $6-$35. Individual counseling $20 per hour

Area Served: Bay Area

Other:

Foreign Languages: None

Public Transp.: 1 block off Market St., near Powell & 5th Sts.

Other Information: New clients welcomed only at noon on Fridays for orientation.

Last Update: 8/83

3784B/8

AMERICAN CANCER SOCIETY
545 Post St.
San Francisco, CA 94102

673-7979

Services & Description: Training & education - professionals and patients. Transportation. Service Dept. Assistance devices/ gift items. Homecare for terminal patients who are eligible.

Contact: Service Dept. staff

Director: Richard Eastwood

Days and Hours: Mon-Fri, 9-5 pm

Eligibility:

Income and Age: There are some income requirements for some services, to be discussed with staff.

Fees:

Area Served: San Francisco County

Other: Cancer patients

Foreign Languages:

Public Transp.: MUNI #1 & 3 (Mason is cross street)

Other Information:

Last Update: 8/83

3784B/9

AMERICAN CIVIL LIBERTIES UNION OF NORTHERN CALIFORNIA
1663 Mission St. #460
San Francisco, CA 94103

621-2488

Services & Description: Non-government & non-profit association of members to further constitutional rights. Refers seniors to appopriate legal services. "Due to limited resources, we are able to accept a very small percent of those cases brought to us by those whose constitutional rights may have been violated. We therefore maintain referral files and attempt to give appropriate referrals to callers when possible."

Contact: Any counselor

Director: Dorothy Ehrlich

Days and Hours: M-F, 10-3:00

Eligibility:

Income and Age:

Fees: None

Area Served: City & Northern California

Other:

Foreign Languages:

Public Transp.: Cross Street is So. Van Ness; BART, Mission & Market Street buses.

Other Information:

Last Update: 8/83

3784B/10

AMERICAN DIABETES ASSOCIATION
Northern California Affiliate, Inc.
255 Hugo St.
San Francisco, CA 94122

681-8014

Services & Description: Educational programs on diabetes; chapters and branches throughout Northern California; free literature available; films loaned; physician referrals; literature for sale. Library on Diabetes. Public Speakers.

Contact: Marsha Zibalese

Director: Marsha Zibalese

Days and Hours: Mon-Fri; 8:30 - 5:00

Eligibility:

Income and Age:

Fees: $15 regular membership
$12 membership for seniors, disabled and students.

Area Served: Northern California

Other:

Foreign Languages: Some Spanish

Public Transp.: MUNI - 71, N, 72

Other Information: Wheelchair accessibility this office.

Last Update: 8/83

3784B/11

AMERICAN LUNG ASSOCIATION OF SAN FRANCISCO
833 Market St.
San Francisco, CA 94103

543-4410

Services & Description: Research, breathing classes, stop smoking counseling and self-help program. Distribute health education materials TEL-MED. Free films and speakers.

Contact: Staff

Director: Ken Langley

Days and Hours: Mon-Fri, 8:30-4:30

Eligibility:

Income and Age:

Fees: None

Area Served: San Francisco

Other:

Foreign Languages: Some brochures in Chinese and Spanish.

Public Transp.: MUNI on Market St. (Cross St. is 4th St.)

Other Information: Provides no transportation.

Last Update: 8/83

3784B/12

AMERICAN RED CROSS
1550 Sutter St.
San Francisco, CA 94109

776-1500

Services & Description: Emergency assistance to disaster (fire) victims, variety of Safety and First Aid, Nursing classes, assistance to Veterans regarding VA benefits, Red Cross Youth for Chinatown Elderly program; blood pressure screening every 2nd and 4th Mon., 1-4 pm; Foreign Location Inquiry Program to locate relatives in other countries with whom contact has been lost.

Who to Contact: Opertor will connect caller with correct department.

Director: James Williams, Mgr.

Days and Hours: 8:30 - 4:30 pm; Mon-Fri. emergency assistance after hours, same phone number.

Eligibility:

Income and Age: None

Fees: (some cost for materials for safety classes).

Area Served: San Francisco & San Mateo counties

Other:

Foreign Languages: Chinese, Laotian, Vietnamese, Spanish at Mission Center.

Public Transp.: #1 California; #3 Jackson, #4 Sutter, #2 Clement on Sutter St. route.

Other Information: Mission Service Center, 3225 21st St., (282-9700) Blood pressure screening; Income Tax preparation and renters assistance forms filled out for low income, seniors and disabled. Citizenship classes.

Last Update: 8/83

ARTHRITIS CENTER
(Rosalind Russell Center)
UCSF Medical Center
1442 5th Avenue
San Francisco, CA 94143

666-1192

Services & Description: Professional training, patient education, develop teaching materials, reference library, movement/exercise classes.

Who to Contact: Estelle Nelson or Sandra Lewis

Director: Ira Goldstein

Days and Hours: Mon-Fri, 9:00 to 5:00 pm

Eligibility:

Income and Age:

Fees: None

Area Served: Bay Area

Other:

Foreign Languages:

Public Transp.: #6-66, or #43, Cross St. is Parnassus.

Other Information: Do not provide transportation for clients.

Last Update: 8/83

ARTHRITIS FOUNDATION - Northern California
Chapter
185 Berry St, #363
San Francisco, CA 94107

974-1566

Services & Description: .Education, clubs, iiterature - resource information. Research. Limited financial help with medical expenses. Do fund raising.

Contact: Staff

Director: Bert Wouters, Director. Patient Services Coordinator: B. Jeanned Spurgeon

Days and Hours: Mon-Fri. 8:30 - 4:30 pm

Eligibility:

Income and Age:

Fees: None

Area Served: Northern California

Other: Any arthritis Sufferer.

Foreign Languages:

Public Transp.: MUNI to S.P. Depot.

Other Information: May move to new location, Sept. '83.

Last Update: 8/83

3784B/15

ASIAN LAW CAUCUS
36 Waverly Place, #2
San Francisco, CA 94108 - 391-1655
or
1322 Webster St.
Oakland, CA 94612

835-1474

Services & Description: Legal problems of the elderly, including housing, employment/labor, SSI, immigration. Give presentations to schools and groups. Disseminate pamphlets.

Contact: Edwin M. Lee, (SF office)
Don Tamaki (Oakland)

Director:

Days and Hours: Mon - Thurs, 9 to 5 (by appointment please)

Eligibility:

Income and Age: Low to moderate income.

Fees: Sliding scale.

Area Served: San Francisco & East Bay

Other:

Foreign Languages: Chinese and Tagalog

Public Transp.: #55 & #30; located between Clay & Sacramento, Grant & Stockton Streets.

Other Information:

Last Update: 8/83

3784B/16

ATTORNEY'S REFERENCE PANEL (Lawyer's Club)
870 Market St., #1115
San Francisco, CA 94102

433-2133

Services & Description: Set up to provide low cost legal assistance available to anyone who needs it. Anyone having a problem may call, and the Panel will set up an initial 1/2 hour appointment with an attorney at a charge of $20. If further services are needed, you and the lawyer can agree on a fee, but you are not obligated to retain the attorney for additional services.

Who to Contact: Marti Lochridge

Director: Craig Needham, Esq.

Days and Hours: Mon-Fri, 9 to 5

Eligibility:

Income and Age:

Fees:

Area Served:

Other:

Foreign Languages: Various attorneys speak other languages. An attempt is made to find necessary language skills upon request.

Public Transp.:

Other Information:

Last Update: 8/83

AUNT ANN'S AGENCY
760 Market St.
San Francisco, CA 94102

421-8442

Services & Description: Homemakers for elderly, house cleaning, cook/housekeepers, live-in companion housekeepers, practical nurses, LVN, RN.

Contact: Eve Jones

Director: Sophie L. Collins

Days and Hours: Mon-Fri, 8-5 pm plus answering service for emergency care 7 days/24 hours.

Eligibility:

Income and Age:

Fees: Housekeeping and cooking from $5 per hour, plus agency fee or homemakers and nurses from $8.50 per hour.

Area Served: Bay Area

Other:

Foreign Languages:

Public Transp.:

Other Information: People are bonded and insured. 4 hours minimum.

Last Update: 8/83

BAYVIEW CRISPUS ATTUCKS
1201 Mendel St.
San Francisco, CA 94124

648-1600

Services & Description: Multipurpose senior center, group education and recreation, health screening, soon to have nutrition program.

Who to Contact: Director

Director: Ardath Nichols

Days and Hours: 8:30 - 4:00 pm

Eligibility:

Income and Age: 55 or over

Fees: $1.00 a month for membership.

Area Served: San Francisco Bayview-Hunters Point main focus.

Other:

Foreign Languages:

Public Transp.: MUNI - #15, #51

Other Information: Accessible to handicapped.

Last Update: 8/83

BAYVIEW HUNTERS POINT SENIOR CENTER
1706 Yosemite
San Francisco, CA 94124

822-1444

Services & Description: Multi-purpose center; no meals as yet; educational and recreational programs; health screening planned.

Contact:

Director: George Davis

Days and Hours: Monday-Friday; 8:30 - 5:00

Eligibility:

Income and Age: 55+

Fees:

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: MUNI: #15

Other Information:

Last Update: 8/83

BODIMETRIC HEALTH SERVICES
15 Southgate
Daly City, CA 94115

992-0130

Services & Description: HOME HEALTH AGENCY
Provides all services under Medicare/Medi-Cal. Additionally, provides homemaker services for 3-4 hours as needed for $6.75/hr.

Contact: Linda Brosh, R.N.
Kathy Hamilton, R.N.

Director: Kathy Hamilton, R.N.

Days and Hours: Services provided 7 days per week, 24-hour coverage. Office hours, Mon-Fri, 8-5.

Eligibility:

Income and Age: All ages

Fees: Medicare and Medi-Cal/Private Homemaker, $6.75

Area Served: San Francisco and San Mateo County

Other:

Foreign Languages: Chinese, Tagalog, Spanish

Public Transp.:

Other Information: Assessment visits and information given free with no obligation. Will refer patients to appropriate community services.

Last Update: 9/83

3980B

THE BRIDGEWAY PROJECT
(Salvation Army)
242 Turk Street
San Francisco, CA 94102

441-8277

Services & Description: 40-bed residential hotel-type facility for men and women (alcoholism project).

Who to Contact: Staff

Director: Frank Medina, Project Manager
Myra Van Cleef

Days and Hours: Office: Mon-Fri, 9:30-6:00.
Interviews: 9:30 to 11:00.

Eligibility:

Income and Age:

Fees: Rooms start at $80.00 per month, or ability to pay.

Area Served:

Other: None, as long as ambulatory and able to care for self.

Foreign Languages:

Public Transp.: MUNI #16, #31

Other Information:

Last Update: 8/83

BRISTOL HARAN AGENCY
1724 Sacramento, #104
San Francisco, CA 94109

775-9100

Services & Description:	RN:	$81.80 for 4 hours. $109 for 8 hours.
	LVN:	$65.28 for 4 hours. $87 for 8 hours.
	Practical Nurse:	$56 for 8 hours. $28 for 4 hours. $20.45 per hour.

Who to Contact: Staff

Director: Gregory Haran

Days and Hours: 7 days; 8:30 - 8:30 p.m.

Eligibility:

Income and Age:

Fees: See above; no Medicare or Medi-Cal

Area Served: San Francisco

Other:

Foreign Languages: Sometimes French, Italian, Spanish, Danish.

Public Transp.: N/A (cab home at night).

Other Information: Elderly sitting $5.00

Last Update: 8/83

CAHEED TRANSPORTATION
2401 Keith Street
San Francisco, CA 94124

822-5200

Services & Description: Transportation for medical services; 24 hour or more notice is required.

Who to Contact: Mr. Lee Gregory, Supervisor

Director: Ms. Shirley Jones

Days and Hours: Mon-Fri: 7:30 - 4:00 Office
8:00 - 4:00 Service

Eligibility:

Income and Age: No limits.

Fees: None

Area Served: Bayview-Hunters Point, Visitacion Valley

Other:

Foreign Languages: None

Public Transp.:

Other Information: CAHEED - California Association for Health Education Employment & Dignity, Inc.

Last Update: 8/83

CALIFORNIA ABLE
870 Market Street #612
San Francisco, CA 94102

391-5030

Services & Description: Develops and accepts employer job orders and refers these orders to senior employment agencies. Also teaches job finding skills to older adults and refers senior worker applicants to appropriate employment services.

Contact: Don Low

Director: Don Low

Days and Hours: Monday - Friday; 9:00 - 5:00

Eligibility:

Income and Age: Over 50 years of age

Fees: None, donations

Area Served: San Francisco and Bay Area

Other:

Foreign Languages:

Public Transp.: MUNI, BART

Other Information:

Last Update: 8/83

CALIFORNIA COLLEGE OF PODIATRIC MEDICINE
1835 Ellis St. (Clinic)
San Francisco, CA 94115

563-3444

Services & Description: General podiatric health care - free screening every Sat., 9-1 pm.

Who to Contact: Outpatient clinic, 563-3444, Ext. 268.

Director: Mrs. LeBrun

Days and Hours: Mon-Fri, 9 to 5.
Sat. 9-1

Eligibility:

Income and Age: $22 first visit. MediCal or Medicare.

Fees:

Area Served: Bay Area

Other:

Foreign Languages: Spanish, Tagalog

Public Transp.: MUNI #31

Other Information: Appointments are required. Part of UC.

Last Update: 8/83

CALIFORNIA LEAGUE FOR THE HANDICAPPED
1229 Bush St.
San Francisco, CA 94109

441-1980

Services & Description:

1) Blind/Low Vision Services: (Sr. Self-Reliance Project)-Adjustment training; in-home teaching services for those with serious vision loss; support group.

2) Recreation & Training: Adult center during week; disabled & blind children's program on Saturdays; parents group;

3) Transportation: Limited taxi vouchers to medical appointments.

4) Parkinson's Support Group & Programs: Lectures, discussion, p.t., speech therapy.

Contact: Social Worker

Director: Rose Resnick, Ed. D.

Days and Hours: Mon-Fri, 8:30 to 4:30 pm
Sat. 10-2 (child recreation)

Eligibility:

Income and Age: Transportation: low income only;
Child's Program: school age.
No one denied services because of inability to pay. Children's program: contribution requested.

Fees: Transportation Program: $1-$2 contribution per trip.

Area Served: San Francisco

Other:

Last Update: 8/83

3784B/26

CALIFORNIA MEDIVAN (formerly Handy Wheels)
P.O. Box 34116
San Francisco, CA 94134

822-2212

Services & Description: Non-emergency transportation for wheelchair and ambulatory persons, singles or groups.

Who to Contact: Dispatcher at 822-2212

Director: Alexis Lodde

Days and Hours: 7 days a week; 24 hours

Eligibility:

Income and Age: N/A

Fees: Patients with MediCal coverage and prior authorization. Private patients: see rate card.

Area Served: Greater San Francisco Area

Other:

Foreign Languages:

Public Transp.:

Other Information:

Last Update: 8/83

CALIFORNIA STATE DEPT. OF REHABILITATION
2720 Taylor St. #420
San Francisco, CA 94133

771-7200

Services & Description: Preparation of physically or emotionally disabled persons for competitive employment through counseling and training. Identifying transferable skills.

Who to Contact: Intake

Director: Ronald Kaminski, District Administrator

Days and Hours: Mon-Fri. 8 am - 5 pm
(closed 12-1 pm)

Eligibility:

Income and Age: No Requirements (60-65 marketable skills)

Fees: None

Area Served: San Francisco

Other: Diagnosed physical or psychological disability

Foreign Languages: Chinese, Japanese, Tagalog, Spanish

Public Transp.:

Other Information: Other location:
1855 Folsom St
552-3432

Last Update: 8/83

CASA DE LAS MADRES
P.O. Box 27236
San Francisco, CA 94127
(street address not given out)

Crisis: 469-7638, 7637
Business: 469-7650

Services & Description: A refuge for battered women and children. Provides temporary shelter up to six weeks.

Contact:	Whoever is on phone
Director:	Jan Lagerlog
Days and Hours:	24 hours, 7 days
Eligibility:	
Income and Age:	Any age or income
Fees:	$3 per day per adult; children are free. $4 per day per family
Area Served:	Any
Other:	Residents must participate in house meetings, housework and workshops.
Foreign Languages:	French, Spanish, Italian
Public Transp.:	
Other Information:	

Last Update: 8/83

3784B/29

CASE (COALITION OF AGENCIES SERVING THE ELDERLY)
c/o SF Home Health Service
225 30th St.
San Francisco, CA 94131

566-1188

Services & Description: An organizaion of agency representatives in San Francisco. Monthly meetings to share information and act on important issues.

Who to Contact: President: Mary Lou Goeke - 864-4044

Director: President, above.

Days and Hours: Meetings 4th Monday of every month at 3 pm. Meetings are held at a different place each time.

Eligibility:

Income and Age:

Fees: $25 per organization, $10 for individual membership (no vote)

Area Served: San Francisco

Other: Must be a representative of an agency. Invidual members must be involved with seniors.

Foreign Languages:

Public Transp.:

Other Information:

Last Update: 8/83

CATHOLIC SOCIAL SERVICE
CATHOLIC COMMITTEE FOR THE AGING
50 Oak St.
San Francisco, CA 94102

864-7400 (Service)
864-4044 (Committee)

Services & Description: Case Management for frail, homebound elders. Senior clubs in 33 SF neighborhoods/parishes. Marian Visitors (Friendly visitors). Information & Referral. Community Services Dept. provides assistance developing parish-based elderly programs, issue organizing and advocacy. Family, couples and individual counseling at Mission (861-8306), Sunset (665-5100) and Bayview area offices (822-5720).

Who to Contact: Mary Lou Goeke (864-7400) or Eleanor Guilford (864-4044)

Director: Patrick Cannon

Days and Hours: M-F, 9-5 pm

Eligibility:

Income and Age: No income restrictions

Fees: Sliding scale for counseling (no fees for seniors)

Area Served: San Francisco

Other:

Foreign Languages: Spanish (861-8306), Asian languages (775-4951), Tagalog (864-7400)

Public Transp.: MUNI 47, 42; Market St., MUNI Streetcar J

Other Information: Located near corner of Market & Van Ness Blvd.

Last Update: 8/83

CENTER FOR LEARNING IN RETIREMENT (CLIR)
UC Extension
55 Laguna
San Francisco, CA 94102

836-4518, 863-2226

Services & Description:
1. Extension classes
2. Education for involvement in learning study groups - for and by adults.

Who to Contact: Staff

Director:

Days and Hours: Mon-Thurs - 10-3
Fri. 10-1

Eligibility:

Income and Age:

Fees: $115 per year (up to $250 of extension courses free)

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: Market St. buses

Other Information:

Last Update: 8/83

CENTER FOR SOUTHEAST ASIAN REFUGEE RESETTLEMENT
Central Office: 121 Leavenworth St., 2nd floor
San Francisco, CA 94102

885-2743

Services & Description: Resettlement, employment, and immigration counseling services for refugees; also emergency social services and referral, as necessary.

Who to Contact: Rick Ruvolo

Director: Michael Huynh

Days and Hours: Mon-Fri, 8:30 - 5:00

Eligibility:

Income and Age: Refugee status

Fees: None

Area Served: SF, Marin & San Mateo counties

Other:

Foreign Languages: All major Southeast Asian languages, as well as most Chinese dialects, Russian and Hebrew.

Public Transp.:

Other Information: Near Civic Center

Last Update: 8/83

CENTER ON DEAFNESS
UNIVERSITY OF CALIFORNIA
1474 Fifth Avenue
San Francisco, CA 94143

731-9150 (voice) 731-7123 (TTY)

Services & Description: Psychiatric studies, psychological assessments; crisis therapy; individual and family therapy for patients and their families.

Contact: Margot Maarleveld

Director: (acting) Leonard S. Zegans, MD

Days and Hours: Mon-Fri, 8:30 to 5:00 P.M.

Eligibility:

Income and Age: No age limits.

Fees: Medi-Cal Accepted; sliding scale based on ability to pay.

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: MUNI 6, 66

Other Information:

Last Update: 9/83

CHINESE NEWCOMERS SERVICE CENTER
777 Stockton St.
San Francisco, CA 94108

421-0943

Services & Description: Information, referral, adjustment counseling, translation, interpretation, form-filling, emergency hotline, acculturation tour. Mental health information and referral line.

Who to Contact: Staff

Director: Mr. Po Wong

Days and Hours: Mon-Fri, 8:30 - 5:30

Eligibility:

Income and Age: Open to all language handicapped immigrants/refugees

Fees: None, except for legal documents on a sliding scale

Area Served: San Francisco

Other:

Foreign Languages: Chinese: Mandarin, Cantonese

Public Transp.: MUNI #30

Other Information:

Last Update: 8/83

CIVIL SERVICE COMMISSION
SAN FRANCISCO CITY & COUNTY
646 Van Ness Ave.
San Francisco, CA 94102

558-4495

Services & Description: No physical exam necessary. Due process in hiring and firing procedure. Temporary help has no pension, salary increase or fringe benefits. Job vacancies posted. Exam scheduled when "list" gets low. Applicant's card filed and applicant is notified when exam is scheduled.

Who to Contact: Staff

Director: John Walsh

Days and Hours: Mon-Fri, 8-5

Eligibility:

Income and Age:

Fees: None

Area Served: City and County

Other:

Foreign Languages:

Public Transp.:

Other Information: No transportation provided.

Last Update: 8/83

COMMUNITY MUSIC CENTER
544 Capp St.
San Francisco, CA 94110

647-6015

Services & Description: Private lessons for people of all ages and abilities. Concerts; special rates for seniors. San Francisco Community Chorus. All ages welcome, membership by audition.

Who to Contact: Staff

Director: Stephen Shapiro

Days and Hours: Mon-Fri, 9 am - 8 pm
Sat - 9-5

Eligibility:

Income and Age:

Fees: Sliding Scale

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: Mission St. Cross streets: 20/21

Other Information:

Last Update: 8/83

COMMUNITY SUBSTANCE ABUSE SERVICES
170 Fell St., Room 25
San Francisco, CA 94102

558-2356

Services & Description: No direct services, I & R only. Administers Federal, State and local funds, directed to alcohol and drug services. Film library, research information.

Who to Contact: Secretary

Director: Dr. Larry Meredith

Days and Hours: Mon-Fri, 8-5

Eligibility:

Income and Age:

Fees:

Area Served:

Other:

Foreign Languages:

Public Transp.:

Other Information:

Last Update: 8/83

CONSORTIUM FOR ELDER ABUSE PREVENTION
Mt. Zion Hospital and Medical Center
Geriatric Services - 2nd Floor Pavilion
2356 Sutter Street
San Francisco, CA 94115

567-1711 ext. 310

Services & Description: 1. Informs public and professionals of extent and nature of problem. 2. Coordinates reporting, identification and disposition of elder abuse cases. 3. Trains professionals for proper referral and case management.

Contact: Staff

Director:

Days and Hours: Monday - Friday, 8:00 - 4:30

Eligibility:

Income and Age: 60+

Fees:

Area Served: San Francisco

Other:

Foreign Languages: Russian, Japanese

Public Transp.:

Other Information:

Last Update: 8/83

CONSUMER FRAUD UNIT (District Attorney)
880 Bryant St., #320
San Francisco, CA 94103

553-1814

Services & Description: Provides free mediation of consumer complaints in English, Spanish, Chinese; small claims information and full consumer information available about home repair, mail order, defective merchandise, credit problems, etc.

Who to Contact: Staff

Director: Laurel Pallock, Dir. of Mediation Services
Bob Perez, Asst. in charge of Consumer Fraud

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees:

Area Served: San Francisco

Other: Consumer or business must be located in San Francisco

Foreign Languages:

Public Transp.: Muni: 25, 20, 19, 27 (NOC)

Other Information: Call 553-1814 for a complaint form or visit our office.

Last Update: 8/83

COUNCIL FOR CIVIC UNITY
870 Market St, Suite 941
San Francisco, CA 94102

781-2033

Services & Description: Civil Rights
Landlord and tenants disputes
Information & referral

Who to Contact: Eugene Block

Director: Eugene Block

Days and Hours: Mon-Fri, 9-2:30

Eligibility:

Income and Age:

Fees:

Area Served: Bay Area

Other:

Foreign Languages: French

Public Transp.:

Other Information:

Last Update: 8/83

CREATIVE RETIREMENT PROGRAMS
(St. Francis Lutheran Church)
152 Church St.
San Francisco, CA 94114

621-2635

Services & Description: Discussion groups in morning, guest speakers after lunch. Organized so participants share in expressing questions and discovering the answers to the dilemmas and adjustments of early retirement, self understanding and awareness of new options, plus coping with problems and learning of resources for better retirement.

Contact: David Cross, Community College Teacher

Director: David Cross (contact at Council of Churches, 433-3024)

Days and Hours: Thursday only, 10-2

Eligibility:

Income and Age: The recently retired

Fees: Hot lunch $1.50, $.35 donation for coffee and cookies.

Area Served: City-wide

Other:

Foreign Languages:

Public Transp.: Market St. MUNI

Other Information:

Last Update: 8/83

3784B/41

DIAMOND SENIOR CENTER
(Div. of Golden Gate Senior Services Corp.)
117 Diamond St.
San Francisco, CA 94114

863-3507

Services & Description: Senior Center serving the social, recreational, educational and health needs of participants. Five-days-a-week lunch program; Thurs. AM, mini-market. Information and referral service.

Who to Contact: Staff

Director: Betty Garvey

Days and Hours: Mon-Fri, 9-4

Eligibility:

- Income and Age: 60 or over for meal
- Fees: $1.00 suggested donation for lunch
- Area Served: Primarily Eureka Valley and Noe Valley, but all are welcome
- Other:

Foreign Languages: Tagalog

Public Transp.: 8, 24, 33, 35

Other Information:

Last Update: 8/83

DISPLACED HOMEMAKERS
PO Box 9996
Oakland, CA

835-5227

Services & Description: Career/Life Planning Program with an emphasis on meeting the needs of mature women entering or reentering the job market with little or no recent work experience. Technical assistance to community groups on starting up displaced homemakers programs. No direct services.

Contact: Staff (Classes at Merritt, Alameda, Chabot College Displaced Homemakers Centers)

Director: None. Consultant - Milo Smith

Days and Hours: 24 hour answering service

Eligibility:

Income and Age: 35+

Fees: None

Area Served: Bay Area

Other:

Foreign Languages:

Public Transp.:

Other Information:

Last Update: 8/83

3784B/43

DOCENTS FOR THE DEAF
Docent Council, Fine Arts Museums
M.H. deYoung Memorial Museum
Golden Gate Park
San Francisco, CA 94118

750-3638
TTY: 387-7707

Services & Description: Provide requested tours for deaf and hearing impaired

Contact: Fine Arts Museum Docent Council

Director: Sydney Shelton, Coordinator

Days and Hours: Mon-Fri, 10-5

Eligibility:

Income and Age:

Fees:

Area Served:

Other: Deaf & hearing impaired

Foreign Languages: American sign language

Public Transp.: #44 bus to Golden Gate Park

Other Information: Tours in ASL, Signed English and spoken English every 4th Saturday at 10 am; everyone welcome.

Last Update: 8/83

3784B/44

DOWNTONW SENIOR CENTER BRANCH OF SF
SENIOR CENTER
625 O'Farrell St.
San Francisco, CA 94109

771-7950

Services & Description: Multi-service center providing nutrition, education, socialization, recreation, and social work services.

Contact: Mary Alice Stevenson

Director: Mary Alice Stevenson

Days and Hours: Mon-Fri, 9-4
Sat/Sun, 10-2
Meals served all days.

Eligibility:

Income and Age: 60+

Fees: $5.00 membership encouraged

Area Served: North of Market primarily

Other:

Foreign Languages: German, Italian, French, Yiddish

Public Transp.: MUNI #25, 38

Other Information: HOUSING COUNSELING: Evictions, tenant-landlord problems, entitlements, etc. Make appointment with David Cherner or Anne Rovere.

Last Update: 8/83

3784B/46

DOWNTONW SENIOR SOCIAL SERVICES
240 Jones St., No. 6
San Francisco, CA 94102

441-8762

Services & Description: Coordinates services for SSI and non-SSI Senior citizens in Tenderloin; home assessments and secures escorts to clinics. Assists seniors to obtain entitlements.

A branch of San Francisco Senior Center.

Who to Contact: Mary Alice Stevenson, Coordinator

Director:

Days and Hours: Mon-Fri, 9-4

Eligibility:

Income and Age: 60+

Fees: None

Area Served: Tenderloin

Other:

Foreign Languages:

Public Transp.: MUNI #31

Other Information: Crisis intervention; information ano referral; friendly visiting; telephone reassurance.

Last Update: 8/83

EBONY TRANSPORTATION SERVICE
625 Post St.
San Francisco, CA 94109

563-4010

Services & Description: Taxi and van service; assists frail/disabled elderly to doctor's office or hospital. Provides transportation, escort service for shopping, paying bills, banking and church.

Contact: Mr. Darwin

Director: Ronell Darwin

Days and Hours: Mon-Fri, 8:00 - 5:00
Sat 8:00 - 12:00
Sun: Church attendance can be arranged.

Eligibility:

Income and Age: Over 55

Fees: $20.00 round trip, including waiting time.
No Medi-Cal, Medicare.

Area Served: San Francisco and Bay Area

Other: Require 24-hour notice

Foreign Languages:

Public Transp.:

Other Information: Located between Jones & Taylor.

Call for rate schedule for social tours.

Last Update: 8/83

ECONOMIC OPPORTUNITY CENTER - HOMEMAKER PROGRAM
1672 Eddy St.
San Francisco, CA 94115

346-5401

Services & Description: Homemakers; shop for groceries; basic needs; practical nursing

Contact: Bennie Holmes

Director: Bennie Holmes

Days and Hours: Mon-Fri, 8:15 - 5:00

Eligibility:

Income and Age: Low income; anyone who needs this service; all ages

Fees: $4.00 per hour; adjustable scale

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: MUNI: 6, 66, 7, 71 & 72

Other Information: Branch Offices:
2225 Mission St. - Maria Taylor, Director
1173 Mission St., Tommy Spencer, Director
202 Plymouth St., Mattie Williams, Dir., 334-8779
Hunters Pt.: 442 3rd St, Isola Frieson, Director, 285-8200
1074 Stockton St., Kenneth Joe, Director, 397-5305

Last Update: 8/83

3784B/48

ECONOMIC OPPORTUNITY CENTER - SENIOR COMMUNITY SERVICE PROJECT
730 Polk St. (4th floor)
San Francisco, CA 94109

771-7100, Ext. 211, 212

Services & Description: Jobs for seniors 55 and over, when available.

Contact:

Director: Mrs. Marilyn Adair, Program Manager

Days and Hours: Mon-Fri, 9:00 - noon

Eligibility:

Income and Age: 55 years old and over; SF residents who meet Federal poverty guidelines

Fees: None

Area Served: San Francisco

Other: Access to handicapped; elevator

Foreign Languages: Interpreters available for persons speaking Spanish, Chinese, Tagalog

Public Transp.: MUNI: 47, 38, 31, & 19

Other Information:

Last Update: 8/83

3784B/49

EMPLOYMENT DEVELOPMENT DEPARTMENT
State of California
1449 Mission St.
San Francisco, CA 94103

557-3038

Services & Description: SF EDD Offices provide employment services without fees to employers or jobseekers. These services include referral to job openings in all occupations; employment counseling; job workshops; vocational testing.

Who to Contact:	Reception Point (see address & telephone numbers below)
Director:	William Appleby, District Administrator (557-2678)
Days and Hours:	Mon-Fri, 8-5
Eligibility:	
Income and Age:	
Fees:	
Area Served:	San Francisco
Other:	
Foreign Languages:	Spanish, Chinese, Tagalog
Public Transp.:	Mission St. MUNI
Other Information:	This agency also administers the unemployment insurance program. All the unemployment insurance activities are performed in the office located at 3120 Mission St., 557-1013. Other location: 1425 Turk St., 557-1740

Last Update: 8/83

EMPLOYMENT PROJECT FOR THE PHYSICALLY DISABLED
25 Taylor St., Room 512
San Francisco, CA 94102

776-5111

Services & Description: Some jobs available. Office undergoing reorganization.

Contact: Staff

Director: John King

Days and Hours: Mon-Fri, 9-5

Eligibility:

- Income and Age: HS education or equivalent job-ready skills
- Fees: None
- Area Served: San Francisco
- Other: Moderate to severely handicapped

Foreign Languages:

Public Transp.: Market St.

Other Information: No transportation provided.

Last Update: 8/83

3784B/50

EVERYTHING GOES
1719 23rd Ave.
San Francisco, CA 94122

661-4840

Services & Description: Household liquidations. Inventory, price and sell all items and conduct sale. Itemized accountings are provided, and unsold items are listed and donated to a charity.

Contact: Margaret Doolin

Director: Above

Days and Hours: By appointment

Eligibility:

Income and Age:

Fees: The charge is 30% of total sale.

Area Served:

Other:

Foreign Languages:

Public Transp.:

Other Information:

Last Update: 8/83

FAMILY SERVICE AGENCY OF SAN FRANCISCO
1010 Gough St.
San Francisco, CA 94109

474-7310

Services & Description: Counseling; casework; outreach (Westside); Foster Grandparent; activity therapy (Westside). Senior companions.

Ombudsman for nursing homes.

Contact:	Staff of appropriate program
Director:	Ira Okun
Days and Hours:	Mon-Thurs, 8:30 am - 8:30 pm Friday 8:30 am - 5:00 pm
Eligibility:	
Income and Age:	
Fees:	Vary with program
Area Served:	San Francisco
Other:	
Foreign Languages:	Chinese, Spanish, Japanese
Public Transp.:	MUNI #31
Other Information:	Transportation provided for geriatric activity program. Ombudsman covers all long-term care facilities in San Francisco and links to other county ombudsmen.

Last Update: 8/83

3784B/52

FAMILY SURVIVAL PROJECT
1736 Divisadero St.
San Francisco, CA 94115

921-5400

Services & Description: Provides information and reassurance to brain damaged adults and their families about services, organic/brain syndromes, facilities, legal and financial problems. Holds monthly support group meetings and publishes a newsletter.

Provides counseling, legal advice, financial information and respite services.

Who to Contact: Diana Petty, Exec. Director

Director:

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age: No restrictions. (Pilot services are limited to people not currently on SSI/MediCal.)

Fees: Pilot services have some sliding fees.

Area Served: Bay Area

Other:

Foreign Languages: Cantonese

Public Transp.: MUNI 1, 2, 4, 55 & 24

Other Information: Office is not wheelchair accessible; meetings are announced in advance and are held in accessible locations. Home and local consultations available.

Last Update: 8/83

FOSTER GRANDPARENT PROGRAM
FAMILY SERVICE AGENCY OF SF
1010 Gough St.
San Francisco, CA 94109

474-7310

Services & Description: Employment opportunities for persons over 60 who are within the Federal poverty guidelines. 20/hours a week, 4 hrs a day. Get one meal free. Three weeks sick leave; two weeks paid vacation. Transportation allowance and annual physical examination.

Who to Contact:

Director: Jean Parrott

Days and Hours: Mon-Fri, 8:30-5:00

Eligibility:

Income and Age: Priority to aged 60 and over with low income. Physically fit to serve.

Fees: None

Area Served:

Other:

Foreign Languages: Spanish

Public Transp.: MUNI: 31, 38, 47

Other Information: Not accessible to wheelchairs.

Last Update: 8/83

FEEDBACK PRODUCTIONS, INC.
TALE SPINNERS
Fort Mason Center
San Francisco, CA 94123

474-2713

Services & Description: Tale Spinners is a theatre company which performs original plays with music about issues related to aging. The company is dedicated to exposing destructive myths and stereotypes about the capabilities of the elderly, as well as reinforcing positive images and strategies for coping as one gets older.

Contact: Staff: Liz Price

Director:

Days and Hours: Mon-Fri, 10-5
Tale Spinners is available for booking Sept. to June (depending on rehearsal schedules, etc.)

Eligibility:

Income and Age:

Fees: Negotiable

Area Served: Greater Bay Area

Other:

Foreign Languages:

Public Transp.:

Other Information: "We perform at various locations determined by the sponsoring organization."

"We welcome all referrals and inquiries."

Last Update: 8/83

3784B/54

FILIPINO-AMERICAN COUNCIL OF SAN FRANCISCO
2948 16th St.
San Francisco, CA 94103

626-0773

Services & Description: Lunch program; outreach program; information and referral services; recreation, education and cultural activities; volunteer medical clinic.

Contact: Director

Director: Tony Saquing
President: Lon Raymundo

Days and Hours: Mon-Fri, 8:30-4:30

Eligibility:

Income and Age: EOC - 55+; COA - 60+

Fees: $1.00 lunch donation

Area Served: San Francisco, primarily Mission District

Other:

Foreign Languages: Tagalog, Cebuano, Hiligaynon (all Filipino dialects), English, Spanish

Public Transp.: MUNI: 9, 12, 14, 22, 26

Other Information:

Last Update: 8/83

3784B/55

FRAIL (FINANCIAL RESOURCES ASSISTING INDEPENDENT LIVING)
SF Public Guardian's Office
PO Box 11833
San Francisco, CA 94101

558-2256

Services & Description: Money management for seniors with retirement income. Clients must be case-managed by a SF social agency and referrals made by worker. The money management is done with the voluntary cooperation of the client and with the ongoing case management of the concerned agency.

Contact:

Director: Grace Delucchi

Days and Hours: Mon-Fri, 8-5

Eligibility:

Income and Age: 60+

Fees: None

Area Served: San Francisco

Other:

Foreign Languages: Italian, Spanish

Public Transp.:

Other Information:

Last Update: 8/83

3784B/57

FRANCIS OF ASSISI (Adult Day Activity Center)
145 Guerrero St.
San Francisco, CA 94103

861-5790

Services & Description: Nutrition Program: Lunch is served Mon. through Friday at noon. Signup begins at 10:30.

A full calendar of recreational, education, health screening and socialization programs.

Who to Contact: Valery Agostino - Administrator
Jane Kinzler - Program Director

Director:

Days and Hours: Mon-Fri, 10-4

Eligibility:

Income and Age: 60+

Fees: $1.00 suggested donation for lunch

Area Served: Western Mission neighborhood

Other:

Foreign Languages: Tagalog, Spanish

Public Transp.: Market St. MUNI; get off at Market and Duboce

Other Information: 621-4092 for housing information

Last Update: 8/83

FREDERICK CORDES EYE CLINIC
(University of California, San Francisco)
U.C. Medical Center
400 Parnassus St., 7th Floor
San Francisco, CA 94143

666-2142

Services & Description: Complete services, from eyeglass prescriptions to intraocular microsurgery; specialty clinics for retinal disease, glaucoma, ocular oncology, ophthalmic plastic surgery.

Who to Contact: Staff

Director: Dr. Michael Drake

Days and Hours: Mon, Tues, Wed, Fri: 9-4

Eligibility:

Income and Age:

Fees: Sliding scale

Area Served: San Francisco

Other:

Foreign Languages: Spanish, Chinese, Russian; translators available for other languages.

Public Transp.: MUNI: 6, 66

Other Information:

Last Update: 8/83

FROMM INSTITUTE FOR LIFELONG LEARNING
2130 Fulton St.
Room 538, University Center
University of San Francisco
San Francisco, CA 94117

666-6805, 6806, 6320

Services & Description: Three 8-week sessions per year of daytime classes (Mon, Wed, Thurs) at college level, in a variety of subjects, taught by emeriti professors.

Contact:	Robert Leonard, Office Manager
Director:	Of Program: Prof. John Dennis
Days and Hours:	Mon-Fri, 9-5
Eligibility:	
Income and Age:	50+
Fees:	$150 per year; scholarships available for anyone who cannot afford to pay fee
Area Served:	Bay Area
Other:	Retired
Foreign Languages:	
Public Transp.:	Fulton St. buses, cross-street is Masonic
Other Information:	

Last Update: 8/83

3784B/60

GARDEN SULLIVAN HOSPITAL OF PACIFIC MEDICAL CENTER
(ALCOHOLISM SERVICE)
2750 Geary St.
San Francisco, CA 94118

921-6171

Services & Description: Full range of alcoholism rehabilitation services; detoxification as part of continuum of care to include 21-28 day inpatient recovery program; day treatment, individual and group therapy, family groups, after care, A.A., Al-Anon.

Who to Contact: Days: P. Chapman or J. Riley
Eves: Charge RN

Director: John Riley

Days and Hours: Intake: 7 days admission; hospital, 24 hours

Eligibility:

Income and Age:

Fees: Inpatient: $285 semi-private plus doctor's fees

Area Served: Anywhere

Other:

Foreign Languages: None

Public Transp.: MUNI 38

Other Information:

Last Update: 8/83

GERIATRIC EVALUATION CLINIC
PRESBYTERIAN HOSPITAL OF PACIFIC MEDICAL CENTER
2324 Sacramento St.
Mail: P.O. Box 7999
San Francisco, CA 94120

563-4321, Ext. 2303

Services & Description: Interdisciplinary Clinic with specialists in internal medicine, psychiatry, neurology, rehab medicine and social work designed to evaluate the problems of the patients over 65 years. Complete evaluation requires approx. 2-3 outpatient visits. Based on the'eval. team's findings, referrals for follow-up care and services are made with the appropriate health care provider and social service agencies.

Who to Contact: Chris Dong

Director: Marty Stromm, 563-4321, Ext. 3268

Days and Hours: Thursday mornings, 9-11:30

Eligibility:

- Income and Age: No income restrictions, 65+ year
- Fees: Accepts Medicare and MediCal
- Area Served: No residence restrictions
- Other:

Foreign Languages: Japanese, Spanish & Chinese

Public Transp.: MUNI: 1 California, 25 Bryant, 22 Fillmore

Other Information: SEE PATIENTS BY APPOINTMENT ONLY

Last Update: 8/83

GERIATRIC INFORMATION, COUNSELING AND REFERRAL SERVICE
MOUNT ZION HOSPITAL AND MEDICAL CENTER
2356 Sutter St.
San Francisco, CA 94115

567-1711, Ext. 317
563-6212

Services & Description: Office and home evaluation, counseling, planning, supportive and referral services; consultation and resource information to physicians and other Mount Zion patient care staff.

Who to Contact:	Joan Roberts or Marsha Fine
Director:	Dorothy Chevalier
Days and Hours:	Mon-Fri, 7-4:30
Eligibility:	
Income and Age:	55+
Fees:	No fee
Area Served:	San Francisco
Other:	Clients of Mt. Zion Hospital programs or patients of Mt. Zion attending physicians only.
Foreign Languages:	Portuguese, Spanish (limited) & Cantonese
Public Transp.:	MUNI: 1, 2, 3, 4, and 24
Other Information:	

Last Update: 8/83

GERIATRIC MEDICAL CLINIC OF
MOUNT ZION HOSPITAL AND MEDICAL CENTER
1600 Divisadero St.
San Francisco, CA 94115

567-6600, Ext. 2355

Services & Description: Physical exams, lab tests, psychological testing, etc., for persons who seem to be demented, confused or depressed. Home evaluation and nursing home exams also provided.

Contact:	Staff
Director:	Harold Brownstein, M.D.
Days and Hours:	Mon-Fri, 8-4
Eligibility:	
Income and Age:	No restrictions
Fees:	Medicare and MediCal, private insurance or sliding scale.
Area Served:	
Other:	
Foreign Languages:	Translators available
Public Transp.:	MUNI: Sutter buses
Other Information:	In the event that the patient is found to have senile dementia, recommendations for continued care, counseling and emotional support are provided to the family. A formal report is prepared for the referring physician or agency.

Last Update: 8/83

3784B/64

GERIATRIC SERVICES
CENTRAL CITY SENIORS UNIT
SAN FRANCISCO COMMUNITY MENTAL HEALTH DISTRICT 4
428 Jessie St.
San Francisco, CA 94103

777-3311/398-2266 (Chinatown/No. Beach)(emergencies)
398-0981

Services & Description:
Outpatient: Central City Srs. Unit, 777-3311)
Chinatown/No. Beach Adult Unit (Northeast Mental Health, 1548 Stockton St, SF 94133), 398-2266
Home Evaluation & Treatment
Outreach and Consultation
Emergency Service: SF Med. Center Psych.
In-patient: SF Med. Center (emergency)

Who to Contact: Staff

Director: Florence Rowe, Clinical Nurse Specialist - Seniors Unit Team Leader

Days and Hours: Mon-Fri, 8:30-5

Eligibility:

Income and Age: 60+; resident of North or South of Market areas

Fees: MediCal if appropriate, or UMDAP

Area Served: North of Market: Van Ness & Market up to, but not including, Bush; South of Market; Van Ness to Embarcadero, Market to Townsend St.

Other:

Foreign Languages: Italian, German, Spanish, Tagalog and Cantonese

Public Transp.: Market or Mission MUNI; 25 Bryant (cross-streets: 5th St. and Mint St.)

Other Information: South of Market Out-patient clinic at same address serves ages 18-64. Mabel Jung, RN is clinic's team leader.

Last Update: 8/83

GERIATRIC SERVICES
SAN FRANCISCO COMMUNITY MENTAL HEALTH DISTRICT 5
U.S. Public Health Hospital
1920 41st Avenue
San Francisco, CA 94116

753-6073

Services & Description: Two components: Geriatric Home Evaluation and Geriatric Day Treatment. Services offered include home visits, crisis outreach and management, psychiatric evaluation, a structured day treatment program of recreation and socialization; individual, group and family therapy; medication treatment; limited case management.

Contact:	Staff
Director:	Donley Smith
Days and Hours:	Mon-Fri, 9-5
Eligibility:	
Income and Age:	None, 60+
Fees:	Medicare, MediCal or UMDAP if appropriate
Area Served:	District V
Other:	No drop-in; by appointment only
Foreign Languages:	Japanese, Farsi, Spanish
Public Transp.:	Provide transportation to Day Center
Other Information:	Other CMH services provided in District V are Emergency services: Day 753-6073, night 681-8080; Inpatient (Langley Porter) 681-8080; Outpatient (RAMS) 668-5955; Health Center V 661-4400; OMI 334-4717,

Last Update: 8/83

3784B/68

GERIATRIC SERVICES, SOUTHEAST/MISSION
SAN FRANCISCO COMMUNITY MENTAL HEALTH DISTRICT 1 & 3
3901 Mission St.
San Francisco, CA 94112

558-2656

Services & Description: Psychiatric treatment, including outpatient, crisis home evaluation & treatment, day activity, outreach and consultation.

Day treatment and residential treatment: Rypins House, 1405 Guerrero St. (647-3933); Carroll House, 73 Anderson St., (821-1610).

(Call Rypins House for intake appointment for residential or day worker.)

Who to Contact: Intake worker

Director: Joe Ruffin

Days and Hours: Mon-Fri, 8:30-5:00 (Work is done mainly through home visits.)

Eligibility:

Income and Age: 60+

Fees: Medicare and MediCal if appropriate, or fees based on ability to pay.

Area Served: Districts 1 and 3

Other:

Foreign Languages: Spanish, Tagalog

Public Transp.: MUNI: 47

Other Information: Residential Program - City-wide (ambulatory - short-term treatment). Deal with age-related mental disorders, primarily a psychiatric center.

Last Update: 8/83

GERIATRIC SERVICES
WESTSIDE COMMUNITY MENTAL HEALTH DISTRICT 2
1153 Oak St.
San Francisco, CA 94117

431-9000

Services & Description:
Outpatient: McAuley Institute, 668-4050)
Inpatient: McAuley & PMC for M/Cal)
Home Evaluation & Treatment) Family
Outreach and Consultation) Service Agency
RCHA Service) 474-7310
Emergency Service: Westside Crisis Clinic) 567-6600, ext 2631

Who to Contact: Staff

Director: Dr. Marlin Griffith

Days and Hours: Mon-Fri, 9-5:30

Eligibility:

Income and Age: 60+

Fees: MediCal if appropriate, or UMDAP

Area Served: CMHS District 2

Other:

Foreign Languages: Cantonese

Public Transp.:

Other Information: No transportation provided

Last Update: 8/83

GOLDEN GATE FOR SENIORS
637 South Van Ness
San Francisco, CA 94110

626-7553
626-7779

Services & Description: Recovery home; individual and group counseling; primary problem of alcoholism for men and women over 55.

18 people for 2-12 months.

Who to Contact:	Don Frolli or Rita Wilding
Director:	Don Frolli
Days and Hours:	Mon-Fri, 9-5 (office)
Eligibility:	
Income and Age:	55+
Fees:	Sliding scale ($300-325 norm)
Area Served:	San Francisco
Other:	Recovering alcoholics
Foreign Languages:	
Public Transp.:	MUNI: Mission St. buses, BART
Other Information:	Potential residents need to be ambulatory and free of drugs. Must make appointment for admission.

Last Update: 8/83

GOLDEN GATE SENIOR SERVICES CORP.
1350 Waller St.
San Francisco, CA 94117

621-1112

Services & Description: Operates and supervises three centers. Listed in guide separately; see "Other Information."

Who to Contact: Nick Lederer

Director: Nick Lederer

Days and Hours: Mon-Fri, 9-5 (office)

Eligibility:

Income and Age:

Fees:

Area Served:

Other:

Foreign Languages:

Public Transp.:

Other Information: See separate listings:
- Haight Ashbury Senior Services
- Diamond Senior Center
- Noe Valley Senior Center

Last Update: 8/83

GOODWILL INDUSTRIES OF SAN FRANCISCO
980 Howard St.
San Francisco, CA 94103

362-0778, Ext. 44

Services & Description: Mostly handicapped; we hire seniors who have difficulty finding employment.

Who to Contact:	Jean Sherr, Personnel Director, Ext. 36
Director:	Mary Edington
Days and Hours:	Mon-Fri; 7:30-4
Eligibility:	
Income and Age:	All ages
Fees:	None
Area Served:	San Francisco, Marin, San Mateo
Other:	
Foreign Languages:	Chinese, Spanish, Tagalog, Polish, Vietnamese
Public Transp.:	MUNI: 25, any Mission St. bus
Other Information:	Job interviews: Wednesday, 8-11 am. Always call Tues. to find out if there are any positions. We do not hold interviews when there are no openings.

Last Update: 8/83

GRAY PANTHERS (AGING & YOUTH IN ACTION)
50 Fell St.
San Francisco, CA 94102

552-8800

Services & Description: Information and referral; advocacy/education around issues of aging; organizing; health insurance counseling. Housing, transportation, income maintenance, Medicare and MediCal problems, and cooking demonstrations.

Who to Contact:

Director: Kathleen Lammers

Days and Hours: Mon-Thurs, 9:30-4:30
Fri, 9-12

Eligibility:

Income and Age: All age groups welcome

Fees: $5 annual membership dues, minimum

Area Served: San Francisco only

Other:

Foreign Languages:

Public Transp.: MUNI: all Van Ness and Market St. buses

Other Information: Access for handicapped

Last Update: 8/83

HAIGHT ASHBURY FREE MEDICAL CLINIC
558 Clayton
San Francisco, CA 94117

431-1714

Services & Description: Ambulatory Medical Clinic. Not a drop-in clinic; appt. only. Call after 12:00 noon. First call, first served. Provides general medical, podiatry, gynecology, dermatology services.

Contact: Staff; for same day service, call before noon.

Director: George Dykstra

Days and Hours: Mon-Fri, 1-4 pm
Mon-Thurs, 6-9 pm

Eligibility:

Income and Age:

Fees: Donations

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: MUNI #7, 33, 43, 71, 72

Other Information: Other services include dental and detox. Call for information.

Last Update: 8/83

3784B/73

HAIGHT-ASHBURY SENIOR SERVICES
1350 Waller St.
San Francisco, CA 94117

621-1112

Services & Description: Senior Center - includes noon meal; daily exercise class; weekly trips, bingo, poetry class, arts & crafts, current events, tax assistance, blood pressure counseling, world travel & geography, films, special guest speakers and events.

Contact:

Director: Nick Lederer

Days and Hours: Mon-Fri, 10-3

Eligibility:

Income and Age: 60 or over for meal

Fees: $1.00 donation for lunch

Area Served: All of San Francisco

Other:

Foreign Languages: Taglog, Spanish, Chinese

Public Transp.: MUNI 7, 43, 71, 72; stop at Haight and Masonic Streets

Other Information: Other programming involves the Diamond Senior Center at 117 Diamond Street and providing activities for neighborhood residential care facilities, as well as staff a senior program at 1021 Sanchez St., in Noe Valley.

Last Update: 8/83

3784B/74

HANDICAPPED AND ELDERLY TRAVELERS ASSOCIATION, INC.
P.O. Box 4428
Foster City, CA 94404

Office: 573-9701
TTY for the Deaf

Services & Description: Handicapped travelers are met at plans and escorted and driven in vans to a San Francisco destination; charter tours and long distance travel also arranged.

Contact: Staff

Director: Don Alexander

Days and Hours: Office: Mon-Fri, 8:30-5:30
Transportation & Airport Operations: daily 6:30 am - 1:00 pm

Eligibility:

Income and Age: $40 transfers to SF

Fees: $40 transfers to SF

Area Served: Bay Area (other rates quoted upon request)

Other:

Foreign Languages: German, Spanish, Japanese, French, interpreter for deaf

Public Transp.:

Other Information: Only 2 hours notice necessary to arrange transportation. Charter tours arranged locally for the handicapped.
Mailing address: P.O. Box 4428
Foster City, CA 94404

Last Update: 8/83

3784B/75

HARBOR LIGHTS
1275 Harrison St.
San Francisco, CA 94103

864-7000 (Recovery Home)
626-2063 (Business)
621-1724

Services & Description: Non-medical detoxification.

Who to Contact: Whoever answers the phone.

Director: Capt. David Patrick

Days and Hours: 24 hours a day, 7 days a week

Eligibility:

Income and Age:

Fees: $10 per day, depenoent upon on ability to pay.

Area Served: San Francisco

Other:

Foreign Languages: Spanish, German

Public Transp.: Mobile Assistance Patrol (MAP)

Other Information: Walk-ins accepted when space is available.

Last Update: 8/83

HARRIET STREET CENTER FOR ALCOHOLISM
444 Sixth St.
San Francisco, CA 94103

863-3250

Services & Description: Individual, family and group therapy; alcohol education for alcoholics and co-alcoholics; antabuse evaluation and treatment; prevention-education services to community agencies. Daytime and evening intake interviews. Call for appointment.

Contact: Intake counselor

Director: Dr. Fred Cosentino, Ph.D.

Days and Hours: Tues and Fri, 7:30-4 pm
Mon, Wed, and Thurs: 7:30-8 pm

Eligibility:

Income and Age: 18+

Fees: Sliding scale starting at $1.00 per session, private insurance, no MediCal

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: MUNI 25, 27, 30

Other Information: Provides 8-week alcohol group education program.

Last Update: 8/83

3784B/79

HEARING SOCIETY FOR THE BAY AREA
1428 Bush St.
San Francisco, CA 94109

775-5700 (voice)
776-DEAF (TTY)

Services & Description: Social work services (individual and group) for hard-of-hearing and deaf people and their families; audiological counseling & hearing aid loans on medical/ audiological referral; classes in aural rehabilitation, lipreading, manual communication; health education materials in 12 languages

Who to Contact: Social work staff

Director: John L. Darby

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees: Sliding scale

Area Served: Bay Area

Other: Hearing impaired people

Foreign Languages: American Sign Language for the Deaf and other manual systems

Public Transp.: MUNI 1, 2, 3, 19, 45, 47

Other Information: Public education about hearing loss; community planning; special projects (1980-83); and advocacy. Telephone hearing screening test (Dial-A-Test: 776-1291).

Last Update: 8/83

HOSPICE OF SAN FRANCISCO
(Part of SF Home Health Service)
225 30th St.
San Francisco, CA 94131

285-5622

Services & Description: Provides and coordinates physical, emotional, spiritual and practical care of the dying and their families at home. Counsel family members to care for the dying.

Contact: Intake Nurse or Linda Marietta, Director

Director: Hadley Hall

Days and Hours: Business, 8:30-5;
24-hour on-call emergency phone

Eligibility:

Income and Age: No limits

Fees: Reimbursement sought from insurance where available (sliding scale)

Area Served: San Francisco

Other: Require patient and physician consent

Foreign Languages:

Public Transp.:

Other Information: Services provided by experienced professional staff and volunteers; supervised by Hospice Coordinator and Medical Director.

Last Update: 8/83

3784B/79

HOUSING CONSERVATION INSTITUTE
315 Granada Avenue
San Francisco, CA 94112

586-8000

Services & Description: Provides two loan programs for voluntary building code compliance, home repair and accessibility modifications. Technical assistance for determining needed repairs.

Who to Contact: Vanessa Hawkins, Rehabilitation Coordinator

Director: Robert Muehlbauer

Days and Hours: Mon-Fri, 8:30-5

Eligibility:

Income and Age: No age limit; call for income details

Fees:

Area Served: Ocean, Merced, Ingleside; city-wide for disabled

Other: Home owners only

Foreign Languages:

Public Transp.:

Other Information: Services provided in-home for disabled. Agency serves low income and elderly home owners.

Last Update: 8/83

INDOCHINESE MENTAL HEALTH SERVICE
2209 Van Ness Ave.
San Francisco, CA 94109

771-1991

Services & Description: Mental Health service for refugees; counsel for family, group and individual; medication. Deal with simple problems of adjustment to severe mental health problems.

Contact: Rieu Dai Le, MD, Director

Director: Same

Days and Hours: Mon-Fri, 9:00 - 5:00

Eligibility:

- Income and Age: No limits
- Fees: None
- Area Served: San Francisco, Marin, San Mateo Counties
- Other:

Foreign Languages: Vietnamese, Laotian, Cambodian

Public Transp.: MUNI: #47

Other Information:

Last Update: 10/83

3860B/1

IN-HOME CREATIVE ARTS/RECREATION
MOUNT ZION HOSPITAL AND MEDICAL CENTER
1600 Divisadero St.
San Francisco, CA 94115

567-6600, Ext. 2288

Services & Description: Provision of resources, education, expertise in wide range of creative arts and recreational activities to facilitate on-going, meaningful activity, lessen isolation of homebound elderly; group activities and staff training for residential units.

Who to Contact: Maureen Kellen-Taylor

Director: Barbara Sklar

Days and Hours: Mon-Fri, 8:30-5:30

Eligibility:

Income and Age: 60+

Fees: None

Area Served: San Francisco

Other:

Foreign Languages: Translators available

Public Transp.:

Other Information:

Last Update: 8/83

INTERNATIONAL INSTITUTE
2209 Van Ness Ave.
San Francisco, CA 94109

673-1720

Services & Description: Counseling services; information and referral; community education; refugee resettlement; legal services related to immigration; translator (interpreter services).

Contact:	Intake staff
Director:	Anne Scott
Days and Hours:	Mon-Fri, 9-5
Eligibility:	
Income and Age:	
Fees:	Sliding scale, fees waived for low income.
Area Served:	San Francisco, San Mateo and Marin Counties
Other:	Preference given to those in the U.S. less than five years.
Foreign Languages:	Chinese, Tagalog, Japanese, Burmese, Korean, Vietnamese, Cambodian, French, Laotian, German, Italian, Spanish, Portuguese
Public Transp.:	MUNI 47
Other Information:	International Institute of the East Bay serves Alameda and Contra Costa Counties: 297 Lee Street, Oakland. Telephone: 451-2846

Last Update: 8/83

3784B/83

ITALIAN WELFARE AGENCY
678 Green St.
San Francisco, CA 94133

362-6423

Services & Description: Planning and care of aged handicapped; serving Italians and Americans of Italian origin; financial assistance when not available elsewhere (public agencies).

Who to Contact: Mrs. Sue Lesca

Director: Mrs. Sue Lesca

Days and Hours: Mon-Fri, 9-4:45 (closed between noon and 1 pm)

Eligibility:

Income and Age: Low income, all ages

Fees: None

Area Served: San Francisco

Other:

Foreign Languages: Italian

Public Transp.: MUNI 15, 30, 41

Other Information:

Last Update: 8/83

JAPANESE FAMILY SERVICE PROGRAM
Family Service Agency of San Francisco
1010 Gough St (Eddy)
San Francisco, CA 94109

474-7310

Services & Description: Bilingual/bicultural outpatient, office and home visitation counseling services to Japanese-American community of San Francisco. Mental health consultation, education and information.

Who to Contact:	Nan Senzak, MSW, Project Coordinator
Director:	Lyle Slaughter, Director of Family Counseling Unit
Days and Hours:	Mon-Fri, 9-5; evening appts. available
Eligibility:	
Income and Age:	No limits, community groups, agencies and individuals
Fees:	Sliding scale (UMDAP)
Area Served:	SF City and County; other areas if services not available there
Other:	
Foreign Languages:	Japanese
Public Transp.:	31 Balboa, Van Ness or 38 Geary buses
Other Information:	Additional Staff: Walter Schulze, MA, geriatric and individual/family counselor

Last Update: 8/83

JAPANESE NEWCOMERS (NOBIRU KAI)
1858 Sutter St.
San Francisco, CA 94115

922-2033

Services & Description: Social service, translation or interpretation, activity, employment (for Japanese-speaking only); volunteer group.

Recreational and educational activities. Newsletter.

Who to Contact: Staff

Director: Mr. Koichi Ando

Days and Hours: Mon-Fri, 1-5 (by appointment only)

Eligibility:

Income and Age: Primarily low income

Fees: None

Area Served: Bay Area

Other:

Foreign Languages: Japanese

Public Transp.: 2,3,4, 38; cross-street Webster

Other Information: Drop-in center: 1858 Sutter St
Counseling Center: 2012 Pine St
(Days fluctuate between two centers)

Last Update: 8/83

JEWISH COMMUNITY CENTER OF SAN FRANCISCO
(Montefiore)
3200 California St.
San Francisco, CA 94118

346-6040

Services & Description: Recreation; food service, nutrition site; swimming; legal services (Sun, 10-12); I&R services; educaton; outings; senior center

Who to Contact: Staff

Director: Jerry Ringerman/Erna Sparer
Montefiore Center

Days and Hours: Mon-Thurs, 9-5

Eligibility:

Income and Age: 60+ for Montefiore Sr. Center

Fees: $18.50 membership dues, or sliding scale, plus $5.00 initiation fee

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: 1, 3, 4, 43; provides transportation Sun through Thurs. for handicapped seniors and very frail elderly.

Other Information:

Last Update: 8/83

JEWISH FAMILY AND CHILDREN'S SERVICE
1600 Scott St.
San Francisco, CA 94115

567-8860

Services & Description: Provides assessment and case management, counseling, supportive social services and group educational programs. Senior services especially designed to meet the geriatric needs of the Jewish population. Home Care for Jewish Elderly Program provides home assessment and home care assistance.

Who to Contact: Ann Walter for Elderly Program

Director: Werner Gottlieb, Executive Director

Days and Hours: Mon-Fri, 8:30-5
Wed, 8:30-7:30

Eligibility:

Income and Age: No restrictions; individuals and families

Fees: Counseling service fees based on ability to pay

Area Served: San Francisco, San Mateo & Marin Counties

Other:

Foreign Languages: Yiddish, Russian, French, German, Farsi, Polish

Public Transp.: MUNI 1, 2, 4, 24, and 38

Other Information: Programs include:
1. Counseling; home visits available
2. Volunteer service: transportation and escort service, telephone reassurance and friendly visiting
3. Shared housing and matched housing
4. Widow and Widower Outreach Program
5. Grandparent and Parent Program
6. Adult-Children Program

Last Update: 8/83

JEWISH HOME FOR THE AGED
302 Silver Ave.
San Francisco, CA 94112

334-2500

Services & Description: Geriatric facility maintaining various levels of care for the nearly self-sufficient to the totally disabled; licensed as a skilled nursing, long-term care facility. There is a 20-unit "Pinecrest" independent living complex on the home's grounds. Daycare services area also provided.

Who to Contact: Intake worker

Director: Jerry A. Levine, Exec. Director

Days and Hours: Mon-Fri, 8:30-5
On call, 24 hours

Eligibility:

Income and Age: 65+

Fees: $1,870 per month (private pay), Medicare and Medi-Cal

Area Served: San Francisco, Marin, San Mateo, the northern part of Santa Clara, and Sonoma counties.

Other:

Foreign Languages: Community

Public Transp.:

Other Information: Must have lived in the areas serviced by the Jewish Community Federation, San Francisco, for a period of at least three consecutive years prior to making application.

Last Update: 8/83

KIMOCHI, INC.
1581 Webster St.
San Francisco, CA 94115

931-2294

Services & Description: Information and referral; social service; transportation; arts and crafts; recreation; nutrition and supportive services; drop-in lounge is located in the Japan Center and is open 7 days a week. Home delivered and congregate meals; escort service; residential care; adult social day care and respite care.

Contact: Staff

Director: David Ishida for Seniors

Days and Hours: Mon-Fri, 10-4
Sat, Sun, 12-4

Eligibility:

Income and Age: No income eligibility; 60+ years

Fees: None. $.75 donation for nutrition program.

Area Served: San Francisco

Other:

Foreign Languages: Japanese

Public Transp.: MUNI: Sutter St. buses

Other Information:

Last Update: 8/83

3860B/7

KOREAN COMMUNITY SERVICE CENTER
3136 Fulton St.
San Francisco, CA 94118

567-3267

Services & Description: Information and referral; various supportive services; consumer education; counseling program (individual and family); newcomer orientation; escort/job-seeking help; immigration services; mental health referral and counseling; translating and interpreting.

Who to Contact: Dora Kim, Senior Services

Director: Tom Kim

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age: Senior meal services: 60 and over; other services open to all.

Fees: None for services; $.80 for lunch, M-F

Area Served: San Francisco

Other:

Foreign Languages: Korean

Public Transp.: MUNI: 5, 21, 31, 44

Other Information:

Last Update: 8/83

LAGUNA HONDA HOSPITAL
375 Laguna Honda Blvd.
San Francisco, CA 94116

664-1580

Services & Description: General acute hospital with distinct skill nursing facility; comprehensive rehabilitation program; 1200 beds.

Who to Contact:	Staff, Ext. 389 (Donna Yee)
Director:	Ben Abramovic, Administrator
Days and Hours:	7 days a week, 24 hours a day
Eligibility:	
Income and Age:	No requirements
Fees:	Fee schedule
Area Served:	San Francisco
Other:	Must be a resident of San Francisco
Foreign Languages:	Most
Public Transp.:	MUNI: 10, K, L. & M cars
Other Information:	Mini-bus to hospital from Forest Hills Station

Last Update: 8/83

LA RAZA INFORMATION CENTER
3174 24th St.
San Francisco, CA 94110

826-5855

Services & Description: Mainly an information and referral service; fill out forms, including income tax for low-income clients (no fee). Have radio station (FOFY).

Provide translating services for businesses and industry at minimal fees.

Who to Contact: Staff

Director: Roberto Garcia

Days and Hours: Mon-Fri, 9-5

Eligibility:

- Income and Age: No limits
- Fees: None (except, see above)
- Area Served: Anywhere
- Other:

Foreign Languages: Spanish

Public Transp.: BART at 24th St., MUNI at Folsom and Mission

Other Information: Accept donations.

Last Update: 8/83

LA RAZA LAWYER REFERRAL SERVICE
2588 Mission St., #200
San Francisco, CA 94110

641-1069

Services & Description: Lawyer referral service helps people find appropriate legal services.

Who to Contact: Francisco Vasquez, Administrator

Director:

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age: Modest and low income

Fees: $20 for 1/2 hour consultation. Free agency referrals.

Area Served: Bay Area

Other:

Foreign Languages: Spanish

Public Transp.: BART at 24th St., MUNI: 24 Mission (located at 22nd St & Mission)

Other Information:

Last Update: 8/83

L'CHAIM: RUSSIAN EMIGRE SENIOR CENTER
50 Lake St. (Temple Emanu-El)
San Francisco, CA 94118

387-3040

Services & Description: A center for frail Russian-speaking elderly offering a variety of educational, social & religious experiences for frail Jewish Russian Emigres. A wide range of classes, special events and lectures are provided by bilingual staff and consultants to meet the specific needs of this population. (Corner of Lake and Arguello Streets). Referrals Welcome

Contact: Faina Samkharadze, Program Social Worker

Director: Linda Finell

Days and Hours: Center open Tuesdays & Fridays 9-5. Participants attend either 1 or 2 days per week from 10-3.

Eligibility:

Income and Age: Program designed for frail elderly Russian Emigres; no income requirements.

Fees: Free to participants

Area Served: Primarily San Francisco; referrals accepted from anywhere in the Bay Area

Other:

Foreign Languages: Russian, Yiddish

Public Transp.: #1 California Bus, #38 Geary Bus

Other Information: Paratransit transportation services available for participants unable to independently provide transportation or unable to obtain family assistance. Meals not provided; snacks and special holiday/special event meals provided.

Last Update: 8/83

LATINO FAMILY ALCOHOLISM COUNSELING CENTER
3690 18th St.
San Francisco, CA 94110

864-4600

Services & Description: Individual, family and group counseling; outpatient counseling center; will make presentations; serve English and Spanish-speaking people

Who to Contact: Staff

Director: Hector Rivera Lopez

Days and Hours: Mon-Fri, 9-7:30

Eligibility:

- Income and Age: N/A
- Fees: Sliding scale; min. $5 per month (this is adjustable if needed)
- Area Served: San Francisco
- Other: San Francisco residents having alcohol problems

Foreign Languages: Spanish

Public Transp.: MUNI: 26, 33, J car, Mission St. buses
Cross-street: Dolores

Other Information: No medication provided; no medical services available. When needed, referrals are made.

Last Update: 8/83

LAWYER REFERRAL SERVICE OF SF BAR ASSOCIATION
220 Bush St.
San Francisco, CA 94104

391-6102

Services & Description: They interview client, arrange appt. with appropriate attorney. Fee is $20 for referral and 1/2 hour consultation with lawyer; if he is retained, fee is arranged directly between client and lawyer.

Who to Contact: Any legal interviewer; by phone appointment only

Director: Larry Long

Days and Hours: Mon-Fri, 8:30-5:30

Eligibility:

Income and Age:

Fees: $20 as above; also make low fee and no fee referrals when income is very low and client owns no property

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: Located off Market at Sansome. Market St. buses

Other Information:

Last Update: 8/83

LEGAL ASSISTANCE TO THE ELDERLY
333 Valencia St.
San Francisco, CA 94103

861-4444

Services & Description: Legal assistance to older San Francisco residents (including, information, referral), community education), Medi-Cal, Medicare, public benefits, veterans benefits, pensions, annuities, wills, nursing home and residential care, consumer/vendor, employment, age discrimination, adult protective services.
Renters: landlord/tenant relations (evictions, rent increases)

Who to Contact:	Office for intake sites (see below)
Director:	Orah Young
Days and Hours:	Mon-Fri, 9-5 Sun, 10-12 intake only at Jewish Community Center
Eligibility:	
Income and Age:	58+; no income limitation
Fees:	
Area Served:	San Francisco
Other:	Most fee-generating cases not accepted
Foreign Languages:	Spanish
Public Transp.:	MUNI: Market St.
Other Information:	Intake is conducted at 12 sites; clients seen at central office by appointment only; call 861-4444 for site closest to client. NOTE: Immigration, criminal, dissolution, separation, probate, bankruptcy cases are referred to more appropriate agency.

Last Update: 8/83

LIFELINE MISSION - PROTESTANT BRETHREN IN CHRIST
917 Folsom St.
San Francisco, CA 94107

392-2220

Services & Description: Meals at 8 pm after service, which must be attended; 21 beds, tickets given out at 6:30 pm. There are no accommodations for women, although they can come to the service and have the meal. Free haircut twice a month by appointment.

Contact: Robert Spangler

Director: Robert Spangler

Days and Hours: Mon, Tues, Thurs, Fri & Sat
Services: 9:15 am, 6:30 pm
Doors open: 8:45 am, 6:00 pm

Eligibility:

Income and Age:

Fees: None

Area Served: San Francisco

Other:

Foreign Languages: Spanish, Sign

Public Transp.: MUNI: 25, 44

Other Information: Access to handicapped

Last Update: 8/83

3860B/16

THE LIGHTHOUSE FOR THE BLIND

Store & Admin. Office:	1155 Mission St. San Francisco, CA 94103 431-1481
Education & Recreation Center:	745 Buchanan St. San Francisco, CA 94102
Enchanted Hills Camp:	Mt. Veeder Rd. Napa, CA

Services & Description:

Social Services: Information & referral; intake evaluation, crisis intervention, counseling. Children's services, ages 6-18.

Cultural & Recreational Service: Community College classes, field trips, social events, sports. Also summer camp program for ages 6 and up.

Rehabilitation Services: Orientation and mobility instruction, low-vision services, deaf-blind services. Store for low-vision aids and appliances.

Call and ask for service you want; operator will refer you.

Contact:	Gilbert Orlik
Director:	Gilbert Orlik
Days and Hours:	Mon-Fri, 8:30-4:30
Eligibility:	
Income and Age:	Age 6 and up, no income limits
Fees:	Sliding scale for some services; inquire.
Area Served:	Greater Bay Area; I&R for other areas in U.S.
Other:	Also Lighthouse-PMC Low Vision Services; Pacific Medical Center, 5th floor annex, 563-4321, ext. 2927.
Foreign Languages:	
Public Transp.:	
Other Information:	Agency has interns and volunteers at all skill levels; tours and speakers are available. For further particulars about program and services, phone 431-1481.
Last Update:	9/83

LINKS
Rm 204, Health Center #5
1351 24th Ave.
San Francisco, CA 94122

661-4400

Services & Description: Peer support group for widows and widowers. Offers confidential sharing and mutual support, discussions of various problems, including emotional problems.

Contact: Facilitator: Eva Goldsmith, Helen Hoy

Director:

Days and Hours: Meet bi-monthly, 2nd and 4th Thurs. of each month, 1-3 pm

Eligibility:

Income and Age:

Fees: None

Area Served: San Francisco

Other: Only requirement is that person is widowed.

Foreign Languages:

Public Transp.: N Judah, 16X, 71, 72

Other Information: Membership is open; a widowed person can join at any time.

Last Update: 8/83

3860B/17

LOS MAYORES DE CENTRO LATINO
180 Fair Oaks
San Francisco, CA 94110

826-1647
825-3411 (Transportation)

Services & Description: Translation, social case work, social activities. Food service on M, T, W, T; Sunday field trips (some fees for trans.); dances, arts and crafts, sewing classes. Home delivered meals. Interpreter/advocate.

Who to Contact: Gloria Bonilla or Noemi Guzman

Director: Gloria Bonilla

Days and Hours: Mon-Fri, 10-6

Eligibility:

Income and Age: 60+ for nutrition program only

Fees: $.65 donation for lunch

Area Served: Mainly Mission District
City by Director's approval

Other:

Foreign Languages: Spanish

Public Transp.: Mission St. MUNI

Other Information: Transportation for Center clients only

Last Update: 8/83

LUTHERAN CARE FOR THE AGING
1031 Franklin St.
San Francisco, CA 94109

441-7777

Services & Description: Counseling and social work for older persons and their families in problems of living; home visits; information and referral of senior services; and assisting congregations in developing community services (according to staff availability)

Who to Contact: Mary Lu Murphy, counseling; or Mary Scherer

Director: Robert Kriger

Days and Hours: Mon-Fri, 9-4

Eligibility:

Income and Age: 55+

Fees: None for counseling services

Area Served: Bay Area

Other:

Foreign Languages:

Public Transp.: MUNI: Geary 38

Other Information: Please call for an appointment.

Last Update: 8/83

MARTIN DE PORRES HOUSE
2826 23rd St.
San Francisco, CA 94110

550-9091

Services & Description: Free food restaurant.
Breakfast: Mon-Fri, 6-7:30 am
Sunday Brunch: 9-10:3
Lunch: Tues-Sat, 12-3

Who to Contact: Claire Doyle, John Moore - coordinators

Director: Above

Days and Hours:

Eligibility:

Income and Age:

Fees:

Area Served: All of San Francisco

Other: "Anyone who is hungry."

Foreign Languages:

Public Transp.: 25 Bryant, 47 Potrero

Other Information: Supported entirely by donations; we serve about 1,000 meals daily.

Last Update: 8/83

McAULEY NEUROPSYCHIATRIC INSTITUTION
450 Stanyan St.
San Francisco, CA 94117

668-4050

Services & Description: Outpatient department; day treatment; inpatient services for children and adults

Who to Contact: Jules Levaggi, social worker

Director: Dr. David Tomasini

Days and Hours: Mon-Fri, 8:30-5 for outpatient services
24 hours/7 days a week for crisis and inpatient services

Eligibility:

Income and Age:

Fees: Sliding scale. Outpatient Medi-Cal, Medicare and insurance. Short Doyle for Westside residents.

Area Served: San Francisco

Other:

Foreign Languages: Spanish, Russian, Tagalog, French (interpreters available)

Public Transp.: MUNI: 21

Other Information: Doctor on call for inpatient services.

Last Update: 8/83

MEALS ON WHEELS OF SAN FRANCISCO, INC.
1290 Sutter St., #9
San Francisco, CA 94109

474-4646

Services & Description: Meals on Wheels delivers to home-bound seniors in SF. We offer two meals a day (one hot, one cold). Our volunteers and staff are aware that for many of our clients, the visit to their homes is as important as the meals being delivered. We make appropriate referrals.

Who to Contact: Staff

Director: Dorrwin B. Jones

Days and Hours: Mon-Fri, 9-5

Eligibility:

- Income and Age: 60+
- Fees: $3.75 per day for 2 meals
- Area Served: Six SF areas as listed below
- Other: Call 2 working days in advance for delivery.

Foreign Languages: Some

Public Transp.: When necessary, weekend food is provided with Friday delivery.

Other Information: Areas served:

Sunset	Cathedral Hill
Richmond	Downtown (Tenderloin)
Mission-Bayview	Ingleside

We are always in need of volunteer drivers and deliverers.

Last Update: 8/83

MENTAL HEALTH ASSOCIATION OF SAN FRANCISCO
2398 Pine St.
San Francisco, CA 94115

921-4401

Services & Description: An advocacy and lobbying agency which provides for voluntary citizen action in the promotion of mental health, improved care for the mentally disordered and community education concerning mental health issues; I&R (directory) for self-help groups through the Self Help Clearing House. Call 387-5100 for directory.

Contact: Sharon George

Director: Sharon George

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees: None

Area Served: San Francisco and Bay Area

Other:

Foreign Languages:

Public Transp.: MUNI: 1, 2, 3, 4, 22

Other Information:

Last Update: 8/83

3860B/23

MEYER CARE
760 Market St., Suite 612
San Francisco, CA 94102

362-5650

Services & Description: A complete range of homecare services. Private duty RN's and LVN's. Certified nurses aids, home health aids, live-in companions and homemakers. Skilled nursing care to general personal and housekeeping assistance. Services have now been extended to include hourly visits and 1/2 day live-in companions.

Who to Contact: Staff Coordinator, Kim DeLuze

Manager: Cynthia Greeley

Days and Hours: Office hours: Mon-Fri, 8:30-5
Employees available for work 7 days a week, 24 hours a day.

Eligibility:

Income and Age:

Fees: Range from $8.50-8.70 for hourly CNA; $8.00 HHA or housekeeping. Live-in rates from $78 per day. Call for private RN & LVN rates.

Area Served: SF, Daly City, Westlake and So. SF

Other: 8 other Bay Area offices from Santa Rosa to San Jose

Foreign Languages:

Public Transp.: MUNI: Market St. buses

Other Information: Medicare or Medi-Cal is pending; private insurance accepted. Will contact insurance company for client to determine extent of coverage and what services will be paid for.

Last Update: 8/83

MISSION COMMUNITY LEGAL DEFENSE, INC.
2940 16th St., Suite 301
San Francisco, CA 94103

Legal: 552-3910
Advocacy: 552-7208
Immigration: 552-7194

Services & Description: Community law office provides legal representation in criminal defense, immigration law and welfare advocacy.

Contact:	Receptionist and secretary for information and intake procedure.
Director:	Fernando Cosio
Days and Hours:	Mon-Fri, 8-5
Eligibility:	
Income and Age:	Low to moderate income
Fees:	None
Area Served:	Mission district
Other:	Live in Mission area
Foreign Languages:	Spanish spoken by entire staff
Public Transp.:	MUNI: Mission St; BART: 16th St.
Other Information:	Legal representation for Spanish-speaking seniors of San Francisco: Contact Ana M. Montano, Attorney at Law

Last Update: 8/83

3860B/25

MISSION LANGUAGE & VOCATIONAL SCHOOL (MLVS)
2929 19th St.
San Francisco, CA 94110

648-5220

Services & Description: Offers classes according to the following areas: Business English; (ESL) English-as-a-Second Language; Filing, office machines, typing, office procedures and job preparation; computer, word processing and data entry.

Who to Contact: Floridalma Valencia

Director: Rosario Anaya

Days and Hours: Mon-Fri, 8-5

Eligibility:

Income and Age: Low income guidelines for over 16 years of age

Fees: None

Area Served: San Francisco

Other:

Foreign Languages: Spanish

Public Transp.: BART; MUNI: 25 San Bruno, 27 Noe

Other Information:

Last Update: 8/83

MISSION NEIGHBORHOOD CENTER
(HOMEMAKER-ESCORT PROJECT)
362 Capp St.
San Francisco, CA 94110

826-4659

Services & Description: Escort service; light cleaning and cooking; grocery shopping.

Who to Contact:	Staff
Exec. Director:	Sam Ruiz Melba Maldanado, Center Director
Days and Hours:	Mon-Fri, 8-5
Eligibility:	
Income and Age:	60+; SSI - low income
Fees:	None
Area Served:	Only the Inner Mission (elsewhere in emergency)
Other:	Disabled or unable to reach or use social services because of physical, mental or language barriers.
Foreign Languages:	Spanish
Public Transp.:	MUNI: Mission St. or Van Ness buses
Other Information:	To request services, call the project at leat 2 days in advance.

Last Update: 8/83

MISSION NEIGHBORHOOD HEALTH CENTER
240 Shotwell St.
San Francisco, CA 94110

552-3870

Services & Description: Medical services; dental services, x-rays and laboratory services. Pharmacy and social services.

Who to Contact: Staff

Director: Gladys Sandlin

Days and Hours: Mon-Fri, 8:30-6

Eligibility:

Income and Age: Open

Fees: Sliding scale; Medi-Cal; Medicare

Area Served:

Other:

Foreign Languages: Spanish, Tagalog, Russian, Cantonese

Public Transp.: MUNI: 14, 22, any Mission St. or 16th St. bus
BART

Other Information: Access for handicapped

Last Update: 8/83

MOBILE ASSISTANCE PATROL (MAP)
2940 16th St. (at Capp St.)
San Francisco, CA 94103

431-7400

Services & Description: Pick-up of public inebriates as an alternative to arrest by police.

Who to Contact: Staff

Director: Phil Stolz

Days and Hours: 7 days a week - 16 hours
7 am - 11 pm

Eligibility:

Income and Age: 18 and over

Fees: None

Area Served: San Francisco

Other: For non-medical detoxification transport to 1175 Howard St. for 24 hours. Then refer to proper Rehab, 3-5 days or longer.

Foreign Languages: Spanish

Public Transp.:

Other Information: For medical detox; in emergency, will transport to Mission Emergency. Will not go into rooms, must be voluntary and ambulatory.

Last Update: 8/83

MOUNT ZION HOSPITAL AND MEDICAL CENTER
DENTAL DEPT.
1600 Divisadero St., 2nd floor, Outpatient Bldg.
San Francisco, CA 94115

567-6600, Ext. 2113

Services & Description: Consultation for hospitalized patients; emergency services for general public eligible Mt. Zion connected patients accepted. Those in geriatric screening program get exam and free evaluation.

Who to Contact: Receptionist

Director: Harvey Brody, D.D.S.

Days and Hours: Mon-Fri, 8-4:30
Emergency: 24 hours a day

Eligibility:

Income and Age:

Fees:

Area Served:

Other: Determined by eligibility worker at Mt. Zion

Foreign Languages:

Public Transp.: Sutter buses

Other Information: Acceptance determined by status of caseload.

Last Update: 8/83

MOUNT ZION HOSPITAL AND MEDICAL CENTER
DIV. OF HOME CARE
2356 Sutter St, 2nd Floor, Pavilion
San Francisco, CA 94115

567-1711, Ext. 264

Services & Description: Provides skilled services in the home under the direction of a Mt. Zion physician. Patients are essentially homebound and in need of nursing supervision or rehabilitative services such as physical occupation or speech therapy. Medical social work, home health aid services available, as needed.

Who to Contact:	Coordinator of Home Care: Jan Wright, RN
Director:	Harold Brownstein, M.D.
Days and Hours:	Mon-Fri, 8-5 (office hours) Nursing services available 7 days a week
Eligibility:	
Income and Age:	No restriction to age or income
Fees:	Reimbursed by Medicare and Medi-Cal, private insurance, private pay.
Area Served:	San Francisco
Other:	Must be homebound
Foreign Languages:	Cantonese, Tagalog, Italian & Spanish
Public Transp.:	
Other Information:	

Last Update: 8/83

MOUNT ZION HOSPITAL AND MEDICAL CENTER
OUTPATIENT DEPARTMENT
1600 Divisadero St.
San Francisco, CA 94115

567-6600, Ext. 2318

Services & Description: Outpatient evaluation and treatment includes medical, surgical and specialty services; after-hours emergency room available for registered clinic patients; senior health screening.

Who to Contact:

Director: Harold Brownstein, M.D.

Days and Hours: Mon-Fri, 8-4

Eligibility:

Income and Age: All residents of San Francisco who are not receiving private medical care or are members of prepaid health plans.

Fees: Medicare and Medi-Cal accepted; private insurance; sliding scale based on ability to pay.

Area Served:

Other:

Foreign Languages: Russian, German, Yiddish, Japanese, Spanish

Public Transp.: MUNI: 1, 2, 24, 38

Other Information:

Last Update: 8/83

MULTIPLE SCLEROSIS SOCIETY
594 Howard St.
San Francisco, CA 94105

495-6267

Services & Description: Counseling - rap groups; educational literature; medical equipment; emergency respite care only.

Who to Contact:

Director (Acting): Nancy Masters

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age: None

Fees: $10 per year membership; none for MS patients

Area Served: 13 counties

Other: People with MS, family, friends and others

Foreign Languages:

Public Transp.: Cross St. 2nd St.

Other Information: Provide minimal transportation in emergencies only

Last Update: 8/83

MULTI-SERVICE CENTER FOR KOREANS
1362 Post St. (Gough/Franklin)
San Francisco, CA 94109

441-1881

Services & Description: Provides English as second language, skills training in typing, business machines and computers; citizenship classes; translation/interpretation; job placement; and informaton and referral. Programs for all ages.

Contact: Staff

Director: Youn S. Chey

Days and Hours: Mon-Fri, 8:30-5:30

Eligibility:

- Income and Age: Low income; youths, adults and seniors
- Fees: None
- Area Served: San Francisco
- Other: Korean

Foreign Languages:

Public Transp.:

Other Information:

Last Update: 8/83

3860B/33

MUSCULAR DYSTROPHY ASSOC., INC.
558 Pilgrim Dr., #D
Foster City, CA 94404

570-6166

Services & Description: Assist people with neuromuscular disease; also provides assistance with medical expenses.

Education - public health services.

Who to Contact: Leona Miu, Patient Service Coordinator

Director: Jean Lindsay

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees: None

Area Served: Bay Area

Other: MD patients & ALS patients

Foreign Languages: Chinese

Public Transp.:

Other Information: Spanish language brochures.

Last Update: 8/83

NATIONAL ASSOCIATION FOR VISUALLY HANDICAPPED
3201 Balboa
San Francisco, CA 94121

221-3201

Services & Description: Production and distribution of large-print books and loan library; free youth activities for junior high and high school partially seeing; discussion groups for partially seeing middle-aged and senior citizens; outreach to elderly; public education, speaking & research information and referral. Low vision aids for distribution.

Who to Contact: Pamela Santos, Program Coordinator

Director: (Exec.) Lorraine H. Marchi

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees: None

Area Served:

Other: Anybody partially seeing--not totally blind.

Foreign Languages: Spanish literature available.

Public Transp.: MUNI: 31, 38

Other Information: Easy access for handicapped.

Last Update: 8/83

NATIONAL COUNCIL ON ALCOHOLISM - BAY AREA
2655 Van Ness, Suite 370
San Francisco, CA 94109

563-5400

Services & Description: Information, pre-treatment consultation and referral; train volunteers; speakers; in-service training for agencies, organizations and professionals.

Who to Contact: Staff

Director: Ms. Jacqueline Toliver

Days and Hours: Mon-Fri, 9-5
24-hour telephone line

Eligibility:

Income and Age: No limits

Fees: None

Area Served: Bay Area

Other:

Foreign Languages:

Public Transp.: MUNI: 42 & 47 stop at door
41, 45 and 30 stop within 2 blocks.

Other Information: TTY available to provide accessibility to the deaf: 885-6912.

"We also have a variety of volunteer opportunities, including answering our phone line from home."

Last Update: 8/83

NATIONAL COUNCIL ON THE AGING
1182 Market St., Room 417
San Francisco, CA 94102

864-4460

National Office:
600 Maryland Ave, SW, West Wing 100
Washington, C.D. 20024
(202) 479-1200

Services & Description: A national organization on aging: technical assistance and training for agencies, organizations, individuals; publication of educational materials; research and evaluation; national and regional conferences.

Who to Contact: Staff

Director: Bernard Finkelstein and Bea Schiffman

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees: Organization membership $75; Retiree $12
Individual $40; Student $12

Area Served: Western USA

Other:

Foreign Languages:

Public Transp.: MUNI: Market St. buses and streetcars

Other Information: Administers:
National Institute on Age, Work & Retirement
National Institute of Senior Centers
Senior Center Humanities Program
National Center on Arts and Aging
Senior Community Service Employment Project
National Media Resource Center
National Institute on Adult Day Care

Last Update: 8/83

NATIONAL LAWYERS GUILD REFERRAL PANEL
558 Capp St.
San Francisco, CA 94110

647-5297

Services & Description: Help people find the right attorney for whatever problem they may have--and make the necessary referral.

All referrals are handled over the phone.

Contact:

Director:

Days and Hours: Mon-Fri, 10-5

Eligibility:

Income and Age:

Fees: $15 for 30 min. consultation with the attorney to whom referred. Fees for subsequent service are worked out with attorney.

Area Served: Have attorneys in SF, East Bay and Marin

Other:

Foreign Languages: Can refer to attorneys with foreign languages.

Public Transp.:

Other Information: ABSOLUTELY NO DROP IN; phone appointments only.

Last Update: 8/83

3860B/40

NATIVE AMERICAN INDIAN SENIOR CENTER
552 Hayes St.
556 Hayes St. - 431-7030, General Information
560 Hayes St. - 431-8339
San Francisco, CA 94102

Services & Description: Multipurpose center; nutrition site, three energy programs (OEO), home delivered meals. Social service programs available.

Who to Contact: David Owen

Director: Leigh Hubert

Days and Hours: 8-5, 7 days a week

Eligibility:

Income and Age: 60+

Fees: $1.00 suggested donation for lunch

Area Served: San Francisco

Other:

Foreign Languages: Various Indian dialects

Public Transp.: MUNI #21

Other Information: Presently serving:
73% Native Americans
18% Blacks
9% other

Last Update: 8/83

NETWORK OF VOLUNTEERS SERVING THE ELDERLY
P.O. Box 421182
San Francisco, CA 94142

664-9270

Services & Description: 1) Newsletter for volunteers to announce training events, open meetings, tasks to be done (job descriptions) current information on resources; agencies, methods, etc. 2) Meetings for mutual recognition, support, motivation; 3) Access through NVSE to computerized skills bank and geographic matching of volunteers available for short-term service; 4) periodic educational, training events and workshop series in basics of serving the elderly 5) Recruitment and placement of additional volunteers.

Contact: Kathy Hamaker (664-9270): Consultants: David Cross, Council of Churches (433-3024) Terrie Kelly, VNA (861-8705)

Director:

Days and Hours:

Eligibility:

Income and Age: 1) Volunteers serving elderly of San Francisco; 2) Agencies involving volunteers in their direct services to seniors in San Francisco.

Fees: None to volunteers; donations welcome. Agencies asked to donate to basic costs.

Area Served:

Other:

Foreign Languages: Bi-lingual volunteers available.

Public Transp.:

Other Information: The Network is endorsed by the Coalition of Agencies Serving the Elderly (CASE).

Last Update: 8/83

NIGHT MINISTRY (SFCC)
432 Mason
San Francisco, CA 94102
(for mailing purposes only)

986-1464 (answering service until 10 pm)

Services & Description: Telephone hot line and immediate in-person counseling. Limited food, limited housing.

The Night Minister meets the client at any designated place, i.e., home, bar, restaurant, etc.

Who to Contact: Staff

Director: Rev. Chuck Lewis

Days and Hours: 7 days, 10 pm to 4 am

Eligibility:

Income and Age: None

Fees: None

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.:

Other Information:

Last Update: 8/83

NOE VALLEY SENIOR CENTER
1021 Sanchez Street
San Francisco, CA 94114

648-1030

Services & Description: Noon meals; daily exercise class; weekly trips; Bingo, current events; tax assistance; blood pressure service; counseling; films; guest speakers.

Contact:

Director: Jane Dawson

Days and Hours: Monday - Friday, 12:00 - 3:00

Eligibility:

Income and Age: 60+ for meals

Fees: $1.00 donation - lunch

Area Served: San Francisco

Other:

Foreign Languages: None

Public Transp.: J-48

Other Information:

Last Update: 8/83

NORIEGA SENIOR SERVICES CENTER
(San Francisco Council of Churches)
1819 43rd Ave.
San Francisco, CA 94122

664-6844

Services & Description: I & R, telephone, drop-in, and field (outreach, site visits, etc.); distributes bimonthly information bulletins to seniors on a block-by-block basis in the Sunset, Park Merced, Stonestown and Richmond districts; tax assistance; gold cards/MUNI pass distribution. Telephone reassurance, Emergency Food Box program for western half of city; RCHA program. Monday Sr. Activity Center.

Contact: Staff

Director: Jerry Peters

Days and Hours: Mon-Fri, 8:30-4:30

Eligibility:

Income and Age: 60

Fees: None

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: MUNI: 18, 29, 71

Other Information: Social Day Care Center program. Call for information.

Last Update: 8/83

3860B/45

NORTH EAST MEDICAL SERVICES
1520 Stockton St.
San Francisco, CA 94133

391-9686

Services & Description: Family-oriented ambulatory health care agency with goal to improve health status of residents; Provides primary physician care, specialist physician care, lab and X-ray, pharmacy, optometry, acupuncture, physical therapy, dental, nursing, nutrition, social services, health education, interpretation and transportation.

Who to Contact: Call Intake Dept. at 391-9686

Director: Sophie Wong

Days and Hours: Mon-Fri, 8:30-5; Clinic on Sat AM

Eligibility:

Income and Age: No limits, mostly low income

Fees: Sliding scale, according to income; Medicare and Medi-Cal and private

Area Served: Residents of Chinatown/No. Beach area, and residents of City and County of San Francisco who have cultural difficulties and/or languages difficulties.

Other:

Foreign Languages: Chinese, Vietnamese

Public Transp.: MUNI 15, 30, 41

Other Information:

Last Update: 8/83

NORTH OF MARKET MULTIPURPOSE SENIOR SERVICES
333 Turk St.
San Francisco, CA 94102

885-2274

Services & Description: Outpatient clinic and home visits for medical services, including physician, nursing, physical therapy, podiatry, and case management. Also nutrition, recreation, and Adult Social Day Care. Senior alcoholism services.

Who to Contact: Staff

Director: Vera Haile, Administrator
David Ofman, M.D., Director of Services

Days and Hours: Mon-Fri, 8-5
Nutrition and recreation 7 days a week, 9-4

Eligibility:

Income and Age: 60+

Fees: $1.00 donation for clinic services
$.85 donation for lunch

Area Served: Within boundary of Van Ness, Market, Powell and Bush Sts.

Other:

Foreign Languages:

Public Transp.: MUNI 31

Other Information: Easy access for handicapped.

Last Update: 8/83

NORTH OF MARKET SENIOR CENTER - ALCOHOL PROGRAM
333 Turk St.
San Francisco, CA 94102

885-2274

Services & Description: Individual counseling; outreach; information and referral; an alcohol program.

Contact:	Staff
Director:	Karen Fishkin
Days and Hours:	Mon-Fri, 8-5
Eligibility:	
Income and Age:	55+
Fees:	None
Area Served:	Within boundary of Van Ness, Market, and Bush Sts.
Other:	
Foreign Languages:	
Public Transp.:	MUNI 31
Other Information:	Recreation room - 291 Eddy St, 441-9850. Transportation for clients on a limited basis. Hours: 8-5, 7 days a week.

Last Update: 8/83

3860B/47

NORTHERN CALIF. SOCIETY TO PREVENT BLINDNESS
4200 California St.
San Francisco, CA 94118

387-0934

Services & Description: For children; pre-school screening, home eye tests, eye safety programs in schools.
For adults: industrial eye programs, home eye tests, agricultural eye safety (use of fertilizers).
Professional education for nurses (continuing education).
For Seniors: publications on diabetes & eyes, macular degeneration, glaucoma, cataracts, the aging eye.

Contact: Peter Jamgochian

Director:

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees: None, except for quantities of our publications, some books (at cost).

Area Served: No. California

Other:

Foreign Languages: Have volunteers who speak Spanish, children's publications translated in Spanish, Southeast Asian languages.

Public Transp.: California St. buses

Other Information: Supply films and speakers at no cost for programs on eye safety. Do glaucoma screening in other counties (not San Francisco, where city does it).

Last Update: 8/83

NURSING HOUSECALLS
(Alternative Healthcare Associates)
495 Ellis Street #2919
San Francisco, CA 94102

550-1777

Services & Description: R.N.'s provide hour long consultation in-home or in office on health maintainance topics. Both hands on client examination and professional counseling.

Contact: Staff

Director: Sara Levine, R.N.

Days and Hours: Monday-Friday, 9:00 - 5:00

Eligibility:

- Income and Age: Adults
- Fees: Private pay
- Area Served: Bay Area
- Other:

Foreign Languages: French, Spanish and Dutch

Public Transp.:

Other Information: 1 hour Life style/Health assessment offered free of charge.

Last Update: 8/83

OLD ST. MARY'S CHURCH
660 California St.
San Francisco, CA 94108

986-4388

Services & Description: Housing for 20 men and 4 women. Maximum stay is 3 nights.

Who to Contact: Staff--Rectory office, 986-4388

Director: Fr. John Collins (St. Vincent de Paul Society of Old St. Mary's)

Days and Hours: Be in line, at and not before 4:30.

Eligibility:

Income and Age: Adults only

Fees:

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: Calif. St. Cable Car; 1, 15, 30.
No transportation provided.

Other Information: New Program: Rent law information and assistance. Ask for Housing Committee (committee will return call), 398-0724

Last Update: 8/83

OLSTEN HEALTH CARE SERVICES
870 Market St. #603
San Francisco, CA 94102

956-8773

Services & Description: Skilled nursing care (RN, LVN), home health aides, homemakers, companions, elderly assistance services, live-ins and respite care.

Who to Contact: Staff

Branch Director: Judy Jourdain Earl

Days and Hours: 7 days a week; 24 hours a day

Eligibility:

Income and Age:

Fees: Private payment, insurance reimbursement, negotiable

Area Served: Bay Area

Other:

Foreign Languages: Tagalog, Spanish, Chinese

Public Transp.:

Other Information:

Last Update: 8/83

OMBUDSMAN (LONG TERM CARE)
Family Service Agency of San Francisco
1031 Franklin St.
San Francisco, CA 94109

474-8757

Services & Description: Recruits and trains volunteers to visit long-term care facilities (skilled nursing facilities and board and care homes) on a regular basis with the purpose of receiving, investigating and resolving complaints lodged by or on behalf of frail, elderly residents.

Who to Contact:

Director: Margot Jasie

Days and Hours: Mon-Fri, 9-5, or leave message

Eligibility:

Income and Age: No restrictions

Fees: None

Area Served: San Francisco

Other:

Foreign Languages: Armenian

Public Transp.: Geary, Van Ness, Balboa buses

Other Information:

Last Update: 8/83

OMI SENIOR NEIGHBORHOOD CENTER
(S.F. Council of Churches)
333 Randolph Street
San Francisco, CA 94112

587-1443

Services & Description: Lunch programs; multi-purpose senor center; health screening; educational, recreational and social programs.

Who to Contact: Staff

Director:

Days and Hours: Mon-Fri, 9-4

Eligibility:

Income and Age: 55+

Fees: None except $1.00 for lunch

Area Served: Oceanview, Merced Heights and Ingleside

Other:

Foreign Languages:

Public Transp.: MUNI: M

Other Information:

Last Update: 8/83

OMICA PARATRANSIT SYSTEM
201 Granada Ave
San Francisco, CA 94112

584-8188

Services & Description: A transportation service for the elderly and/or handicapped. Two vans take elderly who can't use public transportation to medical appointments and Senior Centers (within the area) or take Seniors living outside OMI to appointments within the area.

Contact:

Director: John De Bouse

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age: 55+ who are unable to take public transportation

Fees: None

Area Served: Oceanview, Merced, Ingleside district of SW San Francisco

Other:

Foreign Languages: None

Public Transp.: N/A

Other Information: Min. call two working days in advance.

Last Update: 8/83

3860B/54

ON LOK SENIOR HEALTH SERVICES
1441 Powell St.
San Francisco, CA 94133

989-2578

Services & Description: Health and social services to the frail, elderly in the Chinatown-North Beach and Polk Gulch districts.

Contact: Marie-Louise Ansak, Executive Director

Director: Marie-Louise Ansak

Days and Hours: Day Health Centers:
Days & Hours: Mon-Sun, 8-4:30, 1441 Powell
Mon-Fri, 8-4:30, 831 Broadway & 1455 Bush

Eligibility:

Income and Age: 55 years and over, Medicare, Medi-Cal eligible

Fees: None

Area Served: Chinatown-North Beach district

Other:

Foreign Languages: Chinese, Italian, Tagalog

Public Transp.: MUNI 30, 45 to Sutter, 83

Other Information:

Last Update: 8/83

3860B/55

OPERATION CONCERN--GAY AND LESBIAN
OUTREACH TO ELDERLY
1853 Market St.
San Francisco, CA 94103

626-7000 V/TTY

Services & Description: Services include support groups, social events, medical and legal referrals, as well as a corps of trained volunteers to visit shut-ins.

Contact: Stafford Buckley, coordinator

Director: Caole Migden, Exec. Dir. of Operation Concern

Days and Hours: Mon-Fri

Eligibility:

- Income and Age: Services for lesbians, gay men and their families, 60+
- Fees: Donation
- Area Served: SF City and County
- Other:

Foreign Languages: Interpreters available

Public Transp.: MUNI: 8 Market

Other Information:

Last Update: 8/83

3860B/56

OPTIONS FOR WOMEN OVER 40
3543 18th St.
San Francisco, CA 94110

431-6944
431-6405

Services & Description: Telephone and drop-in resource referral center; job information service; support groups; assertiveness training; career/life planning; job search skills; building self confidence. Women's Experimental Theater, monthly brunch, monthly meetings.

Who to Contact: Pat Durham, Agency Coordinator

Director:

Days and Hours: Mon-Fri, 10-5

Eligibility:

Income and Age: Any woman over 40; programs and services available to all.

Fees: $12 membership fee gratefully accepted. Sliding scale.

Area Served:

Other:

Foreign Languages: Spanish (PT)

Public Transp.: MUNI: 26, 33, Mission St. buses; BART

Other Information: Wheelchair accessible

Last Update: 8/83

OZANAN RECEPTION CENTER (formerly Howard St. Detox)
1175 Howard St.
San Francisco, CA 94103

621-6471

Services & Description:
Drop-in Center: 9 am to 9 pm
Detox: 24 hours
Shelter for men and women provided through Old St. Mary's Church (986-4388)

Contact:	Staff
Director:	Jim Curtis
Days and Hours:	7 days, 9 am to 9 pm
Eligibility:	
Income and Age:	
Fees:	Ability to pay
Area Served:	San Francisco
Other:	Alcoholics
Foreign Languages:	Spanish, German
Public Transp.:	Located between 7th and 8th Streets
Other Information:	A social model, non-medical detox center. AA meetings and counseling.

Last Update: 8/83

PACIFIC FOOT CLINIC
Podiatry Group
2000 Van Ness Avenue, #706
San Francisco, CA 94109

776-8535

Services & Description: Podiatry services available in the office and at various senior centers: Diamond Sr. Center, Dimasalang House, Haight-Ashbury Sr. Center, Salvation Army Sr. Center, S.F. Sr. Center (Downtown), Self-Help for the Elderly, Woolf House, YWCA Sutter St. Call for appointments and times.

Contact: Dr. Dill

Director: Dr. Gary J. Dill

Days and Hours: Varies, so call for schedules.

Eligibility:

Income and Age: There is a $25 annual membership fee, and insurance coverage is billed. All over 65, even without insurance, are eligible. All under 65 and handicapped are eligible. All receiving Medi-Cal are eligible.

Fees: No membership for those on Medicare who have met $75 deductible, those on Medi-Cal and those who have second insurance company such as Blue Cross 65.

Area Served:

Other:

Foreign Languages:

Public Transp.:

Other Information: Annual membership fee entitles person to a year of foot care. Not surgery, orthopedic or X-Ray but routine care.

Last Update: 10/83

PARATRANSIT SERVICES (PARATRANSIT BROKER)
U.S. Human Resources Corp.
1109 Oak St.
San Francisco, CA 94117

552-7908

Services & Description: Subsidized taxi and lift-equipped vans on a limited basis. Group van trips available.

Contact: Virginia Cerenio

Director: Gregory Watty

Days and Hours: Mon-Fri, 9-5:30

Eligibility:

Income and Age: None

Fees: Varies - cost of transportation only (depends on income and ability to pay).

Area Served: City and County of San Francisco

Other: Medical certifiction by MD required, verifying disability.

Foreign Languages:

Public Transp.:

Other Information: Arrangements are made by phone; certification form will be mailed and must be returned, and then appointment for transportation is made.

Last Update: 8/83

PATIENTS' RIGHTS ADVOCACY SERVICE
(P.R.A.S.)
890 Hayes
San Francisco, CA 94117

552-8100

Services & Description: Provides advocacy and rights protection services for former and present patients in the mental health system. This includes individuals who are receiving services in acute care psychiatric hospitals, skilled nursing and board and care facilities, as well as those receiving community services on an out-patient basis.

Contact: Gil Lopez - Seniors' Advocate

Director: Don Schmidt

Days and Hours: Mon-Fri, 9-5; 24-hour answering service.

Eligibility:

Income and Age:

Fees:

Area Served: City and County of San Francisco

Other:

Foreign Languages: French, Korean, Spanish

Public Transp.: #22, #21

Other Information:

Last Update: 8/83

PLANETREE HEALTH RESOURCE CENTER
2040 Webster St.
San Francisco, CA 94115

346-4636

Services & Description: A unique health and medical library for the lay person, health professionals and community agencies. The Center provides ready access to medical texts, consumer health books, a clipping file of the latest medical research and listings of over 2000 health-related services. A variety of health books and educational products may be purchased or special ordered. Pleasant atmosphere; street level access.

Contact: Staff

Director: Patricia Phelan

Days and Hours: Mon-Fri, 10-4
Wed, 10-7
1st Sat of each month: 11-3

Eligibility:

Income and Age: Any and all welcome

Fees: No fee for on-site use of the Center library; cards $10/year. Memberships $35/year.

Area Served: Bay Area

Other: Mail requests accepted from all over California.

Foreign Languages: Spanish on request

Public Transp.: MUNI: #1 (corner of Sacramento & Webster Sts)

Other Information: Phone requests are discouraged to avoid any misunderstanding of medical information. Requests for basic information may be sent via mail with $5 for an information packet. A detailed literature search may also be requested for $15.

Copy machine is available on site.

Last Update: 8/83

POISON CONTROL CENTER
UCSF
School of Pharmacy
Location: SF General Hospital
Room 1E86
San Francisco, CA 94110

666-2845

Services & Description: Diagnosis and recommendation of treatment for exposure or ingestion of any poison. Referral to proper source of treatment. Serve individuals as well as doctors and hospitals.

Contact: Staff person

Director: Kent Olson, M.D.

Days and Hours: 7 days, 24 hours

Eligibility:

Income and Age:

Fees: None

Area Served: SF Bay Area and Northern California coastal region

Other: Translator service available in the hospital.

Foreign Languages:

Public Transp.:

Other Information:

Last Update: 8/83

POLISH ARTS & CULTURE FOUNDATION
1290 Sutter St.
San Francisco, CA 94115

474-7070

Services & Description: Serves mainly Polish refugees, with free English lessons, translations and interpretation, legal assistance. Also has cultural events with Polish foods, exhibits, concerts, lectures. Polish instruction (fees for this).

Contact:

Director: Ms. Tomczykowski, President

Days and Hours: Noon to 7 pm, except Mon & Sun

Eligibility:

Income and Age:

Fees: For some events; not for instruction in English

Area Served: Northern California

Other: Polish

Foreign Languages: 2 Clement

Public Transp.:

Other Information:

Last Update: 8/83

PRESBYTERIAN MEDICAL CENTER - LOW VISION SERVICES
Clay & Webster Streets, Annex Bldg.
P.O. Box 7999, 5th floor
San Francisco, CA 94120

563-4321, Ext. 2927

Services & Description: Evaluates how person functions, the nature of the eye problem, and prescribes appropriate visual aids. Does a medical evaluation, training in optical and non-optical aids, counseling, rehabilitation and education and research.

Contact:	Anna Ortiz, Coordinator
Director:	
Days and Hours:	Mon-Fri, 8:30-5:00 BY APPOINTMENT ONLY
Eligibility:	
Income and Age:	Anyone with a problem who has had an examination by an ophthalmologist is eligible.
Fees:	Fee is $165 per 6-month period. This includes evaluation and loan of equipment.
Area Served:	Medi-Cal will pay fee, and Medicare will pay part in some cases.
Other:	No limit
Foreign Languages:	Spanish, French, German, Dutch
Public Transp.:	MUNI: 2, 3, 24, 55
Other Information:	Access for handicapped.

Last Update: 8/83

PROFESSIONAL NURSES BUREAU
1375 Sutter Street, Suite 412
San Francisco, CA 94109

474-7005
474-4719

Services & Description: Provides quality home care to clients of all ages with acute, chronic, or terminal diseases. Staff includes: RN's, LVN's, nurses aides, certified nurses aides, live-in companions and homemakers. In addition, physical therapists, occupational therapists and respiratory therapists are available. Referrals may be made by patient, family, friend, hospital employee, doctor, other agency etc.

Contact: Deidre M. Ramsey

Director: Diedre M. Ramsey, R.N., PHN, Branch Manager

Days and Hours: Office hours Monday - Friday; 8:30-5:50 p.m. (coordinator and RN are on call 24 hours a day)

Eligibility:

- Income and Age: No limits
- Fees: Private payment, third party reimbursement (please see below)
- Area Served: San Francisco and Daly City
- Other: Offices in Marin and Oakland

Foreign Languages: Chinese and Spanish

Public Transp.:

Other Information: 1) All employees are bonded and insured; 2) MediCal and medi-care pending; 3) Office will contact private insurance company for client to determine extent of coverage and the type of service provided; 4) Office will bill third party for client; 5) Fee given upon request; 6) Free hospital or home initial assessment made by RN; 7) Office will coordinate ancillary services.

Last Update: 8/83

PROGRESS FOUNDATION
368 Fell St.
San Francisco, CA 94102

861-0828
647-3933 - Geriatric Residential Program

Services & Description: 24-hour transitional residential day and satellite apartment programs for elderly with psychiatric and social adjustment problems.

Contact:	Harry Mack
Director:	Jeanette Graham
Days and Hours:	7 days a week, 24 hours a day
Eligibility:	
Income and Age:	60+
Fees:	Sliding scale based on ability to pay
Area Served:	Primarily southeast Mission mental health districts; others on space available basis
Other:	
Foreign Languages:	Spanish
Public Transp.:	MUNI: very close. Program has van if transportation needed.
Other Information:	Social rehabilitation model whose goal is to return residents to community at highest level of functioning possible. Residents are expected to participate in operation of household (meal preparation, minor cleaning) and in-house meetings and activities.

Last Update: 8/83

PROJECT TITLE XVI, INC.
347 Clement St.
San Francisco, CA 94118

Mailing address: P.O. Box 18998

668-3630

Services & Description: Evaluation, referral and monitoring of treatment, programs appropriate to the needs of SSI disabled alcoholics - substance abusers under Section 1611 (e) (3) Title XVI, HR 1 1974.

Contact: Staff

Director: Burton Trammell

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age: None

Fees:

Area Served: San Francisco

Other: By Social Security Dept. regulations, Title XVI of the Social Security Act.

Foreign Languages:

Public Transp.: MUNI: 2, 38

Other Information: "Representative payee service for alcoholics and substance abusers, properly referred by Social Security Admin. district or branch offices. Client must be DA-A in federal computer. No Title II are eligible for our intervention." - B. Trammell

Last Update: 8/83

3860B/67

QUALITY CARE
760 Market St. #819
San Francisco, CA 94102

981-4950

Services & Description: Home care/Private duty in hospital

Hospital staffing		
Housekeepers/Companions	$7.75	per hour
RN's	21.00	" "
Nurse's Aides	8.70	" "
LVN's	15.00	" "
Live-Ins/Companions	71.50	per day
Transportation cost	1.00	

Contact: Shirley Noble, Gloria Taylor, Caroline Sotto - Coordinators

Director: Faye Tertius

Days and Hours: 24 hours a day, 7 days a week (a coordinator and RN on call 24 hours a day)

Eligibility:

Income and Age: No limits

Fees: As above; no Medicare or Medi-Cal insurance billing done

Area Served: San Francisco, Daly City; offices in San Mateo, San Rafael, Oakland

Other:

Foreign Languages: Chinese, Tagalog, Spanish, Hebrew, Japanese, Korean, Russian, French, Italian and African dialects

Public Transp.:

Other Information: Psychiatric home health aides, psychiatric technicians, senior citizen home health aides and companions (2 hours to 24 hours)

Last Update: 8/83

3861B

RAPHAEL HOUSE - NEIGHBORHOOD SENIOR ASSOCIATION
1065 Sutter Street
San Francisco, CA 94109

474-4621

Services & Description: Working with the elderly in the immediate neighborhood, some scheduled activities at Raphael House, coordination with other agencies, counseling, information and referral, and outreach. Provides volunteers and service opportunities for seniors. The program is geared to letting the elderly know that they are not alone and that a wide variety of resources and programs are available to them throughout the city.

Contact:	Sister Robin Danford
Director:	Sister Robin Danford
Days and Hours:	
Eligibility:	
Income and Age:	60+
Fees:	None
Area Served:	City & County of San Francisco
Other:	
Foreign Languages:	
Public Transp.:	Sutter Street buses
Other Information:	Call Sister Robin for detailed information regarding programs.

Last Update: 8/83

3860B/69

RECREATION CENTER FOR THE HANDICAPPED
207 Skyline Blvd.
San Francisco, CA 94132

665-4100

Services & Description: Activity programs for mentally and physically disabled children, teens, adults and seniors.

Contact:	Enrollment counselor
Director:	Janet Pomeroy
Days and Hours:	Hours of Operation: Mon-Fri, 8:30-8:30 Sat, 9-6 Hours of Referral: Mon-Fri, 9-5
Eligibility:	
Income and Age:	Any age or income
Fees:	None
Area Served:	San Francisco
Other:	
Foreign Languages:	Spanish, Japanese, Cantonese, Tagalog
Public Transp.:	Transportation provided by center.
Other Information:	Outreach program to residential care homes

Last Update: 8/83

3860B/70

REMEDY HEALTH SERVICES
3195 California
San Francisco, CA 94118

957-9064

Services & Description: Companions, Home Health Aides, LVN's, RN's and Live-ins. Can staff cases in hospitals, convalescent hospitals or private homes and retirement homes.

Contact: Fariel Anderson, Home Care Director
Naomi Hayes, Office Manager

Director:

Days and Hours: 24-hour services, 7 days a week. Holidays included. On-call coordinators available after office hours.

Eligibility:

- Income and Age: No limit
- Fees: Depend on level of care required.
- Area Served: SF, San Mateo, Marin, Oakland
- Other: Service insurance and non-insurance cases, private GGRC, Family Survival.

Foreign Languages: Hebrew, Chinese, Tagalog, Spanish, Filipino

Public Transp.:

Other Information: Assessments are done free by licensed nurse.

Last Update: 9/83

3860B/72

REMEDY HOME & HEALTH CARE SERVICES
1453 Mission St. 4th Floor
San Francisco, CA 94103

863-2474

Services & Description: Provides in-home supportive services to elderly and disabled. Services include homemaking, shopping, meal preparation and personal care.

Contact: Elaine Ginnold

Director: Elaine Ginnold

Days and Hours: Mon-Fri, 8-5

Eligibility:

Income and Age: Eligibility determined by DSS Adult Services, i.e., Medi-Cal eligible

Fees:

Area Served: San Francisco

Other:

Foreign Languages: Spanish, Chinese, Portuguese

Public Transp.: N/A

Other Information: For individuals who do not meet DSS criteria for eligibility, contact Remedy Health Services at 957-9064.

Last Update: 9/83

3980B

RESIDENTIAL RENT STABILIZATION & ARBITRATION BOARD
170 Fell St., Room 16
San Francisco, CA 94102

621-7368

Services & Description: City agency which administers rent control law.

Arbitrate conflicts related to rent and evictions.

Contact: Staff

Director: Ricardo Hernandez

Days and Hours: Mon-Fri, 8:30-5

Eligibility:

- Income and Age: None
- Fees: Filing some tenant petitions - $10; some are free; filing landlord petition: $15 per unit
- Area Served: San Francisco
- Other: Do not deal with subsidized housing or owner-occupied; 4 units or less.

Foreign Languages:

Public Transp.:

Other Information:

Last Update: 8/83

3860B/71

RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)
(SF Home Health Service)
2101 20th Avenue
San Francisco, CA 94116

731-3335

Services & Description: Recruits volunteers; places volunteers in non-profit social services agencies. An attempt is made to place the volunteer within his neighborhood, if possible, unless he requests a special assignment. RSVP sponsors a monthly educational meeting on the fourth Tuesday of each month, 1-3 pm. Guests are welcome. Volunteer telephone reassurance program.

Contact:	Staff
Director:	Lucille Ramstetter
Days and Hours:	Mon-Fri, 9-5
Eligibility:	
Income and Age:	60+
Fees:	None
Area Served:	CMH Districts 1, 3, and 5
Other:	
Foreign Languages:	Spanish (by one outreach worker)
Public Transp.:	MUNI: 28 and 66 buses
Other Information:	Everyone is always welcome to visit the central office, by appointment. Some job listings, mainly clerical.

Last Update: 8/83

3861B

RETIRED SENIOR VOLUNTEER PROGRAM (UJCC)
and RSVP CRAFT HOUSE (1819 Polk, SF 94109)
Main Office: 3272 California Street
San Francisco, CA 94118

346-1812

Services & Description: 1) Recruitment of volunteers; 2) placement of volunteers in non-profit agencies; 3) follow-up and recognition; 4) information and referral.

Contact: Staff

Director: Lola Blackman

Days and Hours: Craft House: Mon-Sat, 10:30=6
Office: Mon-Fri, 9-5

Eligibility:

Income and Age: 60+

Fees: None

Area Served: RSVP program - CMH Districts 2, 4
Craft House: entire city

Other:

Foreign Languages:

Public Transp.: Office: #1, 3, 4; Polk St.: #1, 19, 25

Other Information: Volunteers can register at either office.
Polk St. is ground floor access.

Last Update: 8/83

3861B

RETIREES EMPLOYMENT PROGRAM (REP)
University of California, San Francisco
Personnel Dept.
Room U-12, Third & Parnassus
San Francisco, CA 94143

666-2715 or 666-1645 (message #)

Services & Description: Employs retirees on Social Security or other pension part time as Supplementary Staff Assistants (clerical, administrative or research). Status may be part time, temporary or full time. Length of employment depends on particular dept. and its needs. Attempt made to meet employees' schedule and hours preference. Salaries depend on job assignment. Employees working at least 1/2 time are eligible for vacation, sick leave.

Contact:

Director: Faricita Wyatt, Coordinator

Days and Hours: For information, call Ms. Wyatt: Tues, Wed 10-4; Thurs 1-4

Eligibility:

Income and Age: Retirees on some sort of pension plan who want to reenter the work force on a limited basis.

Fees:

Area Served:

Other:

Foreign Languages:

Public Transp.:

Other Information: To apply: Submit resume with information re: preferable working hours.

Last Update: 8/83

3861B

RETIREMENT JOBS, INC.
620 Sutter St., #700-A
San Francisco, CA 94102

441-1133

Services & Description: Job placement - age 55 or over.

Contact: Staff

Director: Lance Pruitt

Days and Hours: Mon-Fri, 9-12

Eligibility:

- Income and Age: 55+
- Fees: None, contribution accepted after placement
- Area Served: SF & North Bay area
- Other: Disabled - no age restriction

Foreign Languages:

Public Transp.:

Other Information: All types of jobs, both full time and part time. Other offices in the Bay Area.

Last Update: 8/83

3861B

REVERSE ANNUITY MORTGAGE PROGRAM
1107 Oak St.
San Francisco, CA 94117

863-7800

Services & Description: The RAM program, administered by the non-profit San Francisco Development Fund, enables senior homeowners to improve their living situations by transforming their equity into a regular monthly income. Two options are offered: a reverse mortgage term loan, and the sale and leaseback plan which ensures lifetime income and occupancy for the senior.

Contact:	Kathleen Kenny, Deputy Director for San Francisco and Marin
Director:	Don Ralya
Days and Hours:	Mon-Fri, 9-5
Eligibility:	
Income and Age:	REVERSE MORTGAGE: Age 62, income limit is $25,620 one person; $29,280 two persons; assets no more than $50,000. SALE AND LEASEBACK: Minimum age - 65 for males, 70 for females. No asset or income limitation.
Fees:	None
Area Served:	San Francisco and other counties throughout California, including Marin.
Other:	Applicant must be owner-occupant of subject property. Must own property free and clear or have modest loan balance (i.e., under $20,000).
Foreign Languages:	Spanish
Public Transp.:	Public transit within two blocks. Bus lines #6, 7, 24, 71.
Other Information:	Free screening and homeowner counseling services are available to eligible applicants and their families.
Last Update:	9/83

3860B

ROCKRIDGE FAMILY PRACTICE
141 Leland Ave.
San Francisco, CA 94134

334-3300

Services & Description: Two family physicians and nurse practitioner offer medical care to men, women and children. Includes physicals and treatment of medical and minor surgical procedures. Routine lab work and EKG's done in office; individual counseling and group classes for weight loss, diabetes, hypertension, maternal and infant nutrition.

Contact: Lupe Martinez, Unit Coordinator

Director: Dr. Ho

Days and Hours: Mon-Fri, 9-12 noon, 1-5 pm
Wed, 9-12, 1-6
Closed Thursday afternoon
Appointments only

Eligibility:

Income and Age: Anyone

Fees: Medicare and Medi-Cal accepted. Others billed directly. 10% discount for payment when service is rendered; additional discounts based on family size and income.

Area Served: San Francisco

Other:

Foreign Languages: Spanish

Public Transp.: MUNI: 15 (3rd St); 25 Bryant; 30 Express; 56 Rutland

Other Information: Home visits for home-bound patients. For most lab work, samples taken in office. X-rays done at closest equipped facility. Patients referred to local pharmacies.

Last Update: 9/83

3980B

RUSSIAN AMERICAN COMMUNITY SERVICES
674 37th Ave.
San Francisco, CA 94121

387-5336

Services & Description: Health services, social services, recreational group activities, limited transportation and escort (volunteer). Lunches on Mon-Wed and Fri, 11-1; lectures, Mon-Wed, 1-3. Meal site is at 6700 Fulton at 43rd Avenue.

Contact: Staff

Director: Julie Burigin

Days and Hours: Mon-Fri, 10-4:30

Eligibility:

Income and Age: 62 and over

Fees: None. For hot meals, $1.00 donation

Area Served: City wide

Other:

Foreign Languages: Russian, Chinese, German and many other languages.

Public Transp.: MUNI: #38; #5 McAllister to meal site

Other Information:

Last Update: 8/83

3861B

ST. BENEDICT'S CENTER FOR THE DEAF
2891 Bush St.
San Francisco, CA 94115

567-9855
TTY Machine: 567-0438

Services & Description: Multi-purpose center for the deaf. Manual communication classes. Interpreting Service Program provides interpreters Mon-Fri, 9-5.
Contact Caroline Beichle, 922-9453
TTY, 922-9454
Emergency, non-working hours: 387-5100
TTY 567-0438

Contact: Father McMullen

Director: Father McMullen

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees: None

Area Served: SF

Other:

Foreign Languages:

Public Transp.: MUNI, #1, 2, 4; Cross St.: Lyon

Other Information:

Last Update: 8/83

3861B

ST. FRANCIS MEAL SERVICE
SF COUNCIL OF CHURCHES
(First Congregational Church)
Corner Post and Mason Sts.
San Francisco, CA 94102

392-7463

Services & Description: Serves one nutritious hot lunch on site, Mon-Fri. Serves one hot meal at YWCA Satellite, 620 Sutter St., Mon-Sun.

Contact: Mrs. Dorothy M. Simmons

Director:

Days and Hours: 8-4
Meals 11-12:30
YWCA 11-12:15

Eligibility:

Income and Age: 60+

Fees: $0.75 suggested donation

Area Served:

Other:

Foreign Languages:

Public Transp.: MUNI: 1, 2, 3, 45

Other Information: Access for handicapped at YWCA.

Additional services: Counseling; info and referral; legal assistance; blood pressure screening; housing and employment counseling; educational programs; health programs (nutrition education, daily exercises); recreation and entertainment; resource coordination. Live band for dancing, Thurs. 12-2.

Last Update: 8/83

3861B

ST. LUKE'S HEARING AND SPEECH CENTER
1580 Valencia St., #806
San Francisco, CA 94110

282-2551

Services & Description: Hearing testing; hearing aid evaluations; speech testing and hearing therapy and language therapy

Contact: Staff

Director: Dr. George Haspiel

Days and Hours: Mon-Fri, 9-5 by appointment only. Will accept referrals from medical source.

Eligibility:

Income and Age:

Fees: Sliding scale

Area Served: Entire Bay Area

Other:

Foreign Languages: Spanish

Public Transp.: MUNI: 9, 12, 14, 26

Other Information: Hearing tests in many languages; access for handicapped.

Last Update: 8/83

3861B

THE SALVATION ARMY
ADULT REHABILITATION CENTER
1500 Valencia St.
San Francisco, CA 94110

647-7000

Services & Description: Rehab in structured work environment for men. Alcoholics, temporary handicaps, ex-convicts, transients, drug-abusers. MUST BE DETOXED AND ABLE TO WORK. Receive board, room, small cash gratuity. Min. personal commitment is 90 days. Program emphasizes spiritual guidance, work therapy and life planning. Includes group, individual, and vocational counseling with recreation and workshops in self-development.

Contact: Jim Marsters

Director: Major George Duplain

Days and Hours: Mon-Fri, 8:00-3:30

Eligibility:

- Income and Age: N/A age; based on ability to work, desire for rehab.
- Fees: Free unless receiving outside income.
- Area Served: Unrestricted
- Other:

Foreign Languages: None

Public Transp.: 24th St/Mission BART or 26 Valencia St. bus

Other Information: Ability to work, desire to change lifestyle

Last Update: 8/83

3861B

SALVATION ARMY CENTER FOR SOCIAL SERVICES
101 Valencia St.
San Francisco, CA 94103

861-0755

Services & Description:
1) Emergency housing* - based on interview with social worker and contingent on plan, not automatic
2) Emergency food referrals*
3) Advocacy
4) Casework (short term); crisis intervention
5) Information & referral

Contact: Staff

Director: Harry de Ruyter

Days and Hours: Intake 8:30-1 (first come, first served)
Mon-Fri, 8:30-4 pm (closed from 12-1)

Eligibility:

Income and Age:

Fees: None

Area Served: San Francisco

Other: Must be 45 days in San Francisco

Foreign Languages: Spanish, French

Public Transp.: MUNI, 1 block from Market St.

Other Information: *Please call ahead with referral to see if this appropriate to our service.

Last Update: 9/83

3980B/2

SALVATION ARMY DETOX
1255 Harrison St.
San Francisco, CA 94103

626-2063

Services & Description: 3-5 Day Detox; space for 20 men and 10 women

Contact: Staff

Director: James Purcell

Days and Hours: 7 days

Eligibility:

Income and Age: None

Fees: None

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: At 9th St.

Other Information: Mobile Assistance Patrol provides transportation

Last Update: 9/83

3980B

SALVATION ARMY SENIOR ACTIVITIES AND MEALS PROGRAM
360 Fourth St.
San Francisco, CA 94107

777-2677

Services & Description: Nutritious hot meals are served at 18 sites. Three sites also serve meals on weekends and holidays. Supportive social services are available at each site.

Contact: Staff

Director: Evelyn G. Dexter, Administrator

Days and Hours: Mon-Fri, 8:30-5:30

Eligibility:

Income and Age: 60 and over for meals
55 for senior center program

Fees: Suggested donation per meal - $1.00

Area Served: San Francisco

Other:

Foreign Languages: Spanish, Chinese

Public Transp.: MUNI: 25, 30

Other Information: Sites: (See individual listings.)
Alexis Apts.
Bayview Hunters Point Senior Center
Canon Kip
Francis of Assisi
Ingleside Presbyterian
Joseph Lee Rec. Center
Mission Capp St.
Mission YMCA
North of Market Senior Services
Potrero Hill
Salvation Army Mission
Senior Activities Center
Salvation Army Turk St.
Silvercrest Residence
Sunset Community Center
Salvation Army 125 Valencia Center
Visitacion Valley Community Center
Woolf House Apts.

Last Update: 9/83

3980B

SALVATION ARMY TURK ST. SENIOR CENTER
240 Turk St.
San Francisco, CA 94102

928-7078

Services & Description: Title III nutrition program serving lunch every day. Also, monthly blood pressure checks, various recreational activities, such as exercise class, dances, bingo and movies. Mini-market weekly on Mondays.

Contact:	Robin Fogel, Site Manager
Director:	Evelyn Dexter (overall program of 17 nutritional sites)
Days and Hours:	7 days a week, 9:30-1:30 Lunch, 11:30
Eligibility:	
Income and Age:	60+
Fees:	Donation of $1.00 accepted for lunch
Area Served:	Primarily Tenderloin but anyone welcome
Other:	
Foreign Languages:	None
Public Transp.:	31 Balboa
Other Information:	

Last Update: 9/83

3980B

SAMOANS FOR SAMOANS OF CALIFORNIA
2232 Mission St.
San Francisco, CA 94110

861-5180

Services & Description: Newcomer service - assistance for Samoans, Tongans, Mexicans, anybody who need help with immigration problems, housing, welfare, legal services.

Contact: Staff

Director: Falefasa Tagaloa

Days and Hours: Mon-Fri, 8:30-4:30

Eligibility:

Income and Age: Anyone

Fees: Ability to Pay

Area Served: Bay Area

Other:

Foreign Languages: Samoan, Tongan

Public Transp.:

Other Information: Outreach program serving all social service agencies.

Last Update: 9/83

3980B

SAN FRANCISCO AMBULANCE SERVICE
2829 California St.
San Francisco, CA 94115

931-3900 (24-hour dispatch)

Services & Description: Paramedic service; CPR service and training

Contact: David Crisman

Director: Richard Angotti

Days and Hours: 7 days, 24 hours

Eligibility:

Income and Age:

Fees: Medicare and Medi-Cal; $115 + $5.50 per mile

Area Served: Bay Area

Other:

Foreign Languages:

Public Transp.:

Other Information:

Last Update: 9/83

3980B

SAN FRANCISCO COMMISSION ON THE AGING
1360 Mission, 2nd Floor
San Francisco, CA 94103

Admin: 557-5844

Services & Description: Nutrition; planning for senior services; coordination; funding and advocacy.

Contact:	Receptionist
Director:	Joyce Ream
Days and Hours:	Mon-Fri, 8-5
Eligibility:	
Income and Age:	Seniors 60 and over for service; providers - no age requirement, must provide senior services
Fees:	None
Area Served:	City and County of San Francisco
Other:	
Foreign Languages:	Spanish, Chinese, Filipino, German, Italian
Public Transp.:	MUNI: Market St. buses and streetcars
Other Information:	

Last Update: 9/83

3980B

SAN FRANCISCO COMMUNITY COLLEGE DISTRICT
Mission Community College Center
Learning Program for Seniors (Older Adults)
106 Bartlett St.
San Francisco, CA 94110

648-5866

Services & Description: Provides classes at Senior Centers, senior nutrition sites, churches, and other community group facilities. Classes include Arts & Crafts, Adult Development and Aging, Consumer Education, English Arts, Foreign Languages, Group Leadership of Seniors, Health Education, Homemaking, Music, Performing Arts, Social Studies, Volunteer Training, and many special training programs.

Contact:	Director, Learning Program for Seniors
Director:	John F. (Jack) Harrington
Days and Hours:	Mon-Fri, 8-5
Eligibility:	
Income and Age:	18+
Fees:	None
Area Served:	San Francisco
Other:	Resident of San Francisco
Foreign Languages:	Call for information
Public Transp.:	Check with MUNI (673-6864).
Other Information:	

Last Update: 9/83

3980B

SAN FRANCISCO COMMUNITY LAW COLLECTIVE
503 Dolores St.
San Francisco, CA 94110

863-1530

Services & Description: Wills; General Law; Personal Injury, Plaintiffs' law; Probate; (no Social Security cases). Bankruptcy, dissolutions, criminal.

Contact: Staff

Director:

Days and Hours: Monday - Friday, 9:00 A.M. to 5:00 P.M.

Eligibility:

Income and Age:

Fees: Initial consultation free; Affordable fees.

Area Served: Mission district has priority

Other:

Foreign Languages: Spanish

Public Transp.: MUNI: 33, J Car, Mission St. MUNI

Other Information: Not publicly funded.

Last Update: 9/83

3980B/13

SAN FRANCISCO CONSUMER ACTION
1417 Irving St.
San Francisco, CA 94122

665-1544

Services & Description: Provides over-the-phone counseling on consumer complaints and referral to appropriate agencies. NO lawyers on staff.

Contact: Staff

Director: Ken McEldowney

Days and Hours: Mon-Thurs, 10-3

Eligibility:

Income and Age:

Fees:

Area Served: Bay Area

Other:

Foreign Languages:

Public Transp.:

Other Information: No walk-ins, please.

Last Update: 9/83

3980B/11

SAN FRANCISCO COUNCIL OF CHURCHES
942 Market St., #408
San Francisco, CA 94102

433-3024

Services & Description: Organizes and develops services for all of SF population. Senior services: St. Francis meals, OMI center, telephone reassurance. Sr. block information, 43rd and Noriega Senior Center and residential care home for ambulatory aged.

Contact:

Director: Donneter Lane

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees:

Area Served: San Francisco, Daly City

Other: Membership: Individual Christian Church, Protestant & Greek Orthodox

Foreign Languages:

Public Transp.:

Other Information: David Cross is Community College coordinator for Creative Retirement, WANA, Friendly Visitors and Senior Centers.

Last Update: 9/83

3980B/12

SAN FRANCISCO DENTAL SOCIETY
EMERGENCY & REFERRAL
450 Sutter St.
San Francisco, CA 94108

421-1435

Services & Description: Provides names and phone numbers by neighborhoods of dentists who will accept Medi-Cal, emergency care, referral service.

For Senior Dental Program, call 986-5845.

Contact: Intake staff

Director: Miss Loa Kingston

Days and Hours: 5 days a week, 9-5; weekend emergency service (same number)

Eligibility:

Income and Age:

Fees:

Area Served:

Other:

Foreign Languages: Will refer to dentist speaking foreign language.

Public Transp.:

Other Information: Access by phone.

Last Update: 9/83

3980B/13

SAN FRANCISCO DEPT. OF PUBLIC HEALTH
District Health Center #1
3850 17th St.
San Francisco, CA 94114

558-3905

Services & Description: Blood pressure checks, glaucoma screening, physical examinations, home evaluations, nurse/doctor consultation, health education, referral. For Public Health Nursing services, call 558-2444.

Contact: Staff

Director:

Days and Hours: Mon-Fri, 8-5; some Saturday clinics.

Eligibility:

Income and Age:

Fees: $1.00 registration fee; however, no one is denied services due to an inability to pay.

Area Served: San Francisco Area.

Other: San Francisco residents.

Foreign Languages: Spanish, some Chinese, Tagalog

Public Transp.: J, K, L, M; 22, 24, 33, 35, 37

Other Information: Special Peer Support Group for Hypertensive Seniors held every Thursday 9:30 to 11:30 a.m. Support group also provides group discussion, presentations on subjects of interest, including health. Free.

Last Update: 9/83

3980B

SAN FRANCISCO DEPT. OF PUBLIC HEALTH
DISTRICT HEALTH CENTER #2
1301 Pierce St.
San Francisco, CA 94115

558-3256 - Information Line
558-3892 - Velia Kroupa, Supervising Public Health Nurse

Services & Description: Hypertension education and screening; public health nurses; TB screening; immunizations; nutrition, health education; post-menopausal counseling; senior housing unit program; physical exams; AIDS screening clinic and teen clinic.

Contact: Staff

Director: Kenneth Dunnigan, MD

Days and Hours: Mon-Fri, 8-5

Eligibility:

Income and Age:

Fees: $1.00, drop-in charge. No one is denied services due to an inability to pay.

Area Served: San Francisco Area.

Other: San Francisco residents.

Foreign Languages:

Public Transp.: MUNI: 22, 31, 38

Other Information:

Last Update: 9/83

3980B

SAN FRANCISCO DEPT. OF PUBLIC HEALTH
DISTRICT HEALTH CENTER #3
1525 Silver Ave.
San Francisco, CA 94134

468-3664

Services & Description: Family planning and counseling for teenagers and adults; infant and well children's clinics; immunizations, screening physicals for teenagers and adults; prenatal clinic and prenatal classes; health education. Also glaucoma screening, yearly flu immunizatin, colo-rectal cancer screening; seniors' health education classes; high blood pressure screening.

Contact: Staff

Director (Acting): Dr. Nina Koulischer

Days and Hours: Mon-Fri, 8-5; some Saturdays
Most services by appointment.

Eligibility:

Income and Age:

Fees: $1.00 for most services; $0-$10 for Family Planning services. Fees vary for education classes. No one denied service due to inability to pay.

Area Served: District #3

Other: San Francisco residents

Foreign Languages: Spanish, Tagalog

Public Transp.: MUNI: 25, 44

Other Information: Communication network for seniors; women's clinics (pap test and breast self-exams, etc.); CPR training; nutrition counseling, public health nurse home visits.

Last Update: 9/83

3980B/20

SAN FRANCISCO DEPT. OF PUBLIC HEALTH
DISTRICT HEALTH CENTER #4
1490 Mason St.
San Francisco, CA 94133

558-3158 (general)
Women's clinic: 558-2545

Services & Description: Public Health nurses; hypertension education and screening; TB screening; immunizations; women's clinics; nutrition; health education; adult screening clinics; glaucoma screening.

Contact: Staff

Director (Acting): Mary Wong, 558-2441

Days and Hours: Mon-Fri, 8:30-4:30; some evenings and weekends Clinics by appointment only.

Eligibility:

Income and Age:

Fees: $1.00 for most services; sliding scale for family planning and women's clinic. No one denied service due to inability to pay.

Area Served: District #4

Other: San Francisco residents

Foreign Languages:

Public Transp.: Powell cable car, #30 (cross street is Broadway)

Other Information: Provides no transportation for clients.

Last Update: 9/83

3980B

SAN FRANCISCO DEPT. OF PUBLIC HEALTH
DISTRICT HEALTH CENTER #5
1351 24th Ave.
San Francisco, CA 94133

661-4400

Services & Description: Hypertension education and screening; TB and glaucoma screening; immunizations; health hazard appraisal; colo-rectal screening; nutrition; menopause counseling; health education; public health nurses; women's pap smear clinic; health screening examinations.

Contact: Staff

Director (Acting): Mary Wong, 558-2441

Days and Hours: Mon-Fri, 8-5; some evenings and weekends; clinics by appointment only.

Eligibility:

Income and Age:

Fees: $1.00 for most health services, except for some classes; sliding scale, $5-$25, for family planning and women's clinic. No one denied service due to inability to pay.

Area Served:

Other: San Francisco residents

Foreign Languages: Chinese, Spanish

Public Transp.: N-Judah, #71

Other Information:

Last Update: 9/83

3980B

SAN FRANCISCO DEPT. OF PUBLIC HEALTH -
PUBLIC HEALTH DIVISION
101 Grove St.
San Francisco, CA 94102

558-2896

Services & Description: Preventative health care; home evaluation by Public Health Nurse; health education; health screening. District addresses and phone numbers listed below.

Contact: Staff

Director: Dr. Mervyn Silverman

Days and Hours: Mon-Fri, 8-5

Eligibility:

Income and Age:

Fees:

Area Served: San Francisco

Other: San Francisco residents

Foreign Languages:

Public Transp.:

Other Information: District Health Centers

1 - 3850 17th St.	588-3905
2 - 1301 Pierce St.	588-3256
3 - 1525 Silver Ave.	468-3664
4 - 1490 Mason St.	558-3158
5 - 1351 24th Ave.	661-4400

Last Update: 9/83

3980B/14

SAN FRANCISCO DEPARTMENT OF SOCIAL SERVICES
Adult Services
170 Otis St.
San Francisco, CA 94103

Intake: 557-5251, 5457-5254
Placement Unit: 557-5228

Services & Description: Placement in board and care and skilled nursing facilities. Protective services for adults who are a danger to themselves or the community or are in danger of being abused, exploited or neglected (without regard to income). 557-5224 for placement. In-home support services to maintain aged, blind, disabled persons in own home.

Contact:	Intake Worker
Director:	June Keller, 557-6438
Days and Hours:	Mon-Fri, 8-5
Eligibility:	
Income and Age:	SSI/SSP, 18+
Fees:	None
Area Served:	San Francisco
Other:	
Foreign Languages:	Chinese, interpreters for Russion and Spanish
Public Transp.:	Mission St. MUNI
Other Information:	Funds for special circumstances such as eviction, catastrophe, house repairs, life-threatening situations. Contact George Cronyn, 557-5055. Mailing address: P.O. Box 7988, Rincon Annex, SF, 94120.

Last Update: 9/83

3980B

SAN FRANCISCO DEPT. OF SOCIAL SERVICES
Volunteer Services Program
170 Otis St.
San Francisco, CA 94103

557-5517

Services & Description: I&R for DSS services. Telephone reassurance for DSS clientele. "Clothes Closet," source of used clothing for recipients of DSS run by volunteers.

Contact: Helene Gordon

Director: Eugene Louis

Days and Hours: Mon-Fri, 8-5

Eligibility:

Income and Age:

Fees: None

Area Served: San Francisco

Other: DSS Clients

Foreign Languages:

Public Transp.:

Other Information: Volunteers are always needed.

Last Update: 9/83

3980B

SAN FRANCISCO GENERAL HOSPITAL DENTAL CLINIC
1001 Potrero Ave.
San Francisco, CA 94110

821-8465, Ext. 8106

Services & Description: All Aspects of oral and maxillofacial surgery, to include extractions and general dentistry, with the exception of dentures and gold work.

Contact: Carol Thurman

Director: Dr. Newton Gordon

Days and Hours: Mon-Fri, 9-12, 1-4 (except Tues. morning)
Oral surgery clinic begins 9 am

Eligibility:

Income and Age: All eligible

Fees: Emergency treatment irrespective of eligibility. Fee schedule for third parties.

Area Served: City and County of San Francisco

Other:

Foreign Languages: Intrepreters available

Public Transp.:

Other Information: Hospital dental services are affiliated with the University of California, San Francisco, School of Dentistry. Diagnosis & treatment are performed by students, general practice residents, and oral and maxillofacial surgery residents under the instruction of the attending staff of the University of California, San Francisco.

Last Update: 9/83

3980B

SAN FRANCISCO GOSPEL MISSION, INC.
210 6th St. (near Howard)
Mail: PO Box 946
San Francisco, CA 94101

495-7366

Services & Description: Emergency housing for men, 7 days per week (20 beds). First 20 men in line at 6 pm daily. Bed ticket good for 7 consecutive nights per month.

Chapel service daily.

Contact:	Mr. Knight
Director:	James Peel
Days and Hours:	Mon-Fri, 12:30 pm; Sunday 8:30 am
Eligibility:	
Income and Age:	No limit
Fees:	None
Area Served:	Skid Row San Francisco
Other:	Clothing issue at 6:15, Mon-Fri
Foreign Languages:	When available on staff.
Public Transp.:	MUNI: 25, 33
Other Information:	For beds, 6 pm daily; first 20 in line. No noon meal on Saturday evening; meals 7 days a week; doors open at 6 pm. Stranded women and children referred to available housing in City or Richmond, CA.

Last Update: 9/83

3980B

SAN FRANCISCO GROCERY EXPRESS
641-5400: Order desk
641-5460: Administrative offices

Services & Description: All-delivery grocery service serving both individuals and businesses. Offers over 3200 grocery products, including high-quality fresh produce, meats and fish, frozen foods, and health and beauty aids. Free catalog on request; each product has a number. The Grocery Express requests that you order using the number. Free cassette tape offered to visually impaired.

Contact:

Director: John Philip Coghlan

Days and Hours:

Orders taken
Mon-Fri, 7:30 am-7:30 pm
Saturday 7:30 am-6:00 pm
Sunday 8:00 am-1:00 pm
Deliveries
Mon-Fri, 8:00 am-10:00 pm
Saturday 8:00 am-8:00 pm
Sunday 10:00 am-6:00 pm

Eligibility:

Income and Age:

Fees: $20 minimum order ($15 for low-income seniors or handicapped). $2.75 delivery charge ($3.25 west of Twin Peaks). Delivery charge $1.00 less for low-income seniors or handicapped.

Area Served: Serves SF County except Portola, Excelsior, Visitacion Valley, Hunter's Point

Other:

Foreign Languages:

Public Transp.:

Other Information: Also useful in conservatorship due to provision of itemized bill. Accepts cash, personal check (after check approval), VISA, MasterCard, and food stamps.

Last Update: 9/83

3980B

SAN FRANCISCO HEARING & SPEECH CENTER
1234 Divisadero St.
San Francisco, CA 94115

921-7658

Services & Description: Diagnostic and rehabilitative services for those with speech and hearing problems.

Contact: Kay Hamel, Bus. Manager

Director: Dr. Rayford Reddell

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees: Sliding scale for cost of services; Medicare and Medi-Cal.

Area Served: Bay Area

Other:

Foreign Languages: Spanish, Italian, Yiddish, Sign Language

Public Transp.: MUNI: 24, 31

Other Information: Medicare does not pay for hearing aids or the testing for them.

Last Update: 9/83

3980B

SAN FRANCISCO HEART ASSOCIATION
421 Powell St.
San Francisco, CA 94102

433-2273

Services & Description: Research, education and community service. Goal: prevent premature death and disability due to cardiovascular diseases. Nutrition counseling; stroke club, CPR training, Heart to Heart. Stroke visitation program.

Contact: Kathleen M. Peirano

Director: Michael Clinkenbeard

Days and Hours: Mon-Fri, 8:30-5

Eligibility:

Income and Age: None

Fees:

Area Served: San Francisco

Other:

Foreign Languages: Volunteers speek Spanish, Chinese, etc.

Public Transp.:

Other Information: Access for handicapped; volunteer opportunities.

Last Update: 9/83

3980B

SAN FRANCISCO HOME HEALTH AND HOSPICE SERVICE
225 30th St.
San Francisco, CA 94131

285-5615

Services & Description: With medical consent, provides assistance in the home to ill, aged persons who can be maintained at home with part-time help. Services include nursing, social work, homemaker/home health aide assistance, and other personnel as needed, such as physical, occupational and speech therapists. SENIOR CENTER: (funded by COA) provides meals (7 days), activities, recreation, classes. Home delivered meals to Ingleside, Noe Valley, Mission, Crocker-Amazon. Suggested contribution: $1.00.

Contact:

Director: Dr. Hadley Hall

Days and Hours: Office: Mon-Fri, 8:30-5
Patient Care: 7 days a week.

Eligibility:

Income and Age:

Fees: Medicare, Medi-Cal, or other party payor; private fee: $9.25 per hour for homemaker services.

Area Served: San Francisco

Other:

Foreign Languages: Spanish, Tagalog, Chinese

Public Transp.: MUNI: J car, Mission St. buses, #26

Other Information: Call 386-5551 for Emergency Family Care Program: Emergency in-home assistance to families under stress in crisis, when children are at risk of out-of-home placement. 7 days, 24 hours, usually on short-term basis. See HOSPICE OF SAN FRANCISCO for information re that program.

Last Update: 9/83

3980B

SAN FRANCISCO HOUSING AUTHORITY
440 Turk St.
San Francisco, CA 94102

468-3800

Services & Description: Public housing; Tuesday and Thursday, 8:30-3:30. Applications suspended at this time (3/82).

Contact:	Special Programs: Effie Robinson, Director Ruth Finkelstein, Administrator
Director:	Carl Williams
Days and Hours:	Mon-Fri, 8:30-4:30
Eligibility:	
Income and Age:	Call office
Fees:	None
Area Served:	San Francisco
Other:	
Foreign Languages:	
Public Transp.:	MUNI #19
Other Information:	Rental office: 468-3800 - 1850 Egbert St. Senior program: office, 673-5800, Ext. 271

Last Update: 9/83

3980B

SAN FRANCISCO INDEPENDENT HOUSING SERVICE
25 Taylor St.
San Francisco, CA 94105

441-6781
TTY: 441-6791

Services & Description: Develops accessible housing for the disabled. Housing counseling for the disabled who need new housing or accessibility modified. Referrals made.

Contact:	Staff
Director:	Walter Park, Housing Counselor Gloria Valoris or Andrew Beckerman
Days and Hours:	Mon-Fri, 9-5
Eligibility:	
Income and Age:	
Fees:	
Area Served:	San Francisco primarily; referrals to and from other areas.
Other:	Disabled persons of all ages.
Foreign Languages:	Spanish, American Sign Language
Public Transp.:	Market St. Muni
Other Information:	Now includes shared housing, support groups. Funded by Mayor's Office and SF Foundation. Access for handicapped.

Last Update: 9/83

3980B

S.F. INDEPENDENT LIVING PROJECT & ATTENDANT CARE SERVICES
4429 Cabrillo Avenue
San Francisco, CA 94121

751-8765
751-7655 TTY

Services & Description: Benefits counseling, peer counseling, group & individual. Attendant referral for in-home supportive services (see "Personal Care Attendant Services"). Training and evaluation of independent living skills. Wheelchair repairs (also used sickroom equipment).

Who to Contact: Jim Peters

Director: Kathy Uhl

Days and Hours: 5 days, 9-5
Wheelchair repairs: 8:30-5 at 4411 Cabrillo, 752-8186

Eligibility:

Income and Age:

Fees: Nominal, or work exchange

Area Served: Bay Area, but mainly SF

Other: Disabled

Foreign Languages:

Public Transp.:

Other Information: Sales and rental of new and used wheelchairs and other equipment needed by disabled; attendant care at minimum wage, minimum of 2 hours a week.

Last Update: 8/83

SAN FRANCISCO LAW COLLECTIVE
503 Dolores St.
San Francisco, CA 94110

863-1530

Services & Description: Wills; general law; personal injury, plaintiffs' law; probate; (no Social Security cases). Bankruptcy, dissolutions, criminal.

Contact: Staff

Director:

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees: Initial consultation free; affordable fees.

Area Served: Mission District has priority.

Other:

Foreign Languages: Spanish

Public Transp.: MUNI: 33, J Car, Mission St. buses

Other Information: Not publicly funded

Last Update: 9/83

3980B

SAN FRANCISCO LAWYERS' COMMITTEE FOR URBAN AFFAIRS
625 Market St., #915
San Francisco, CA 94105

543-9444 (day)

Services & Description: Clinic for Civil Law problems; walk-in on Tuesday, 5:30-7:30 pm at 101 Valencia St., San Francisco, 94103. Cliic for Immigration and visa problems on Thursdays, 5:30-7:30 pm; alternates between Chinatown at 920 Sacramento St. and 2588 Mission St., #200. Call for information.

Contact: Eva Patterson, Legal Clinic Coordinator

Director: Mark Aaronson

Days and Hours: Tues., Thurs., 5:30-7:30 pm

Eligibility:

- Income and Age: Low income
- Fees: None
- Area Served: Bay Area
- Other:

Foreign Languages: Translators in Spanish and Oriental languages available at the various clinics.

Public Transp.: MUNI: Market & Mission buses

Other Information: Call for legal clinic locations available each week.

Last Update: 9/83

3980B

SAN FRANCISCO MEDICAL SOCIETY
250 Masonic
San Francisco, CA 94118

567-6230

Services & Description: Referrals to private physicians. The service has information concerning the physicians' locations, specialties, foreign language fluency, acceptance of Medi-Cal, availability to make house calls, etc.

Contact: Staff

Director: Susan Waters

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees: None

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.:

Other Information: Cross Street: Turk

Last Update: 9/83

3980B/35

SAN FRANCISCO MULTIPURPOSE SENIOR SERVICES PROGRAM - SFMSSP
2356 Sutter St.
San Francisco, CA 94115

567-1711, Ext. 310

Services & Description: Uniform assessment and care plan, coordinated medical and social services to help prevent or delay institutionalization. SFMSSP will have 350 clients, all of whom are certifiable for skilled or intermediate nursing care.

Contact:	Screener
Director:	Susan Garbuio
Days and Hours:	Mon-Fri, 8-4:30
Eligibility:	
Income and Age:	65+, Medi-Cal eligible
Fees:	None
Area Served:	All of SF except North Beach and Chinatown
Other:	Certified at SNF/ICF level
Foreign Languages:	Japanese, Russian, and access to translators
Public Transp.:	MUNI: Sutter St. buses
Other Information:	Consortium Members: Kimochi, Inc. Laguna Honda Hospital Mt. Zion Hospital & Medical Center North of Market Senior Service Center SF Senior Citizens Western Addition Senior Center

Last Update: 9/83

3980B/33

SAN FRANCISCO NEIGHBORHOOD LEGAL ASSISTANCE FOUNDATION
870 Market St.
San Francisco, CA 94102

433-2535

Services & Description: Domestic relations, landlord/tenant relations, welfare, Social Security.
For domestic relations, call 433-8741.
All others, call 433-2535.

Contact:	Intake staff
Director:	Hiram Smith
Days and Hours:	Mon-Fri, 9-12, 1-4:30 Housing: Fri, 9-12
Eligibility:	
Income and Age:	See details below
Fees:	None except filing fees
Area Served:	SF
Other:	
Foreign Languages:	Spanish, Tagalog
Public Transp.:	MUNI: Market St.
Other Information:	Income: Single: $6075 and add $2100 per year for each additional person.

Last Update: 9/83

3980B

SAN FRANCISCO PUBLIC GUARDIANS
1212 Market St.
San Francisco, CA 94102

558-3102

Services & Description: Acts as Conservator of the estate or as directed by the Probate Division of the Superior Court. Has limited control of person; functions most appropriately when some estate decisions are necessary.

Conservator of person and estate (not conservator only of person).

Contact:

Director: Jim Scannell

Days and Hours: Mon-Fri, 8-5 (closed during noon hour)

Eligibility:

Income and Age: 18+

Fees: At the discretion of the Superior Court

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: MUNI: All lines that pass 8th and Market Sts.

Other Information:

Last Update: 9/83

3980B

SAN FRANCISCO RECREATION AND PARK DEPT.
McLaren Lodge
Golden Gate Park
San Francisco, CA 94117

558-4952

Services & Description: Operates 18 Senior Centers in various parts of the city. These are listed in the index under "Senior Centers" and are checked in the columns on the right under "SF Park & Rec. Dept. Centers". Most are open 1 day each week, some more as noted.

Contact: Al Levy, Recreation Supervisor

Director:

Days and Hours: As shown in index

Eligibility:

- Income and Age: 60+
- Fees: $9.00 annually
- Area Served: As listed
- Other:

Foreign Languages: Chinese in Chinese Rec. Center; Japanese in Hamilton Senior Center

Public Transp.: Majority have own transportation

Other Information:

Last Update: 9/83

3980B

SAN FRANCISCO REFUGEE HEALTH AGENCY
121 Leavenworth, 2nd Floor
San Francisco, CA 94102

673-8435

Services & Description: SF Refugee Health Agency is a federally funded Title XX program. A multilingual staff of health worker/interpreters provide language access to initial health screening, follow-up and specialty appointments. Provides information and referral and health education materials translated in the major Southeast Asian languages.

Contact:	Ron Rowell or Maureen K. Connor
Director:	Ron Rowell
Days and Hours:	Mon-Fri, 8:30-4:30
Eligibility:	
Income and Age:	No income or age limitation
Fees:	Service fee
Area Served:	San Francisco
Other:	All individuals having refugee status
Foreign Languages:	Vietnamese, Cantonese, Mandarin, Hmong, Mien, Lae, Khmer (Cambodian), Tieu-Chau, Ha Ka, Fukienese, French, Amharic, Tigregna and Polish
Public Transp.:	N/A
Other Information:	

Last Update: 9/83

3980B

SAN FRANCISCO ROOMMATE REFERRAL SERVICE
610 A Cole St.
San Francisco, CA 94117

626-0606 or 552-4990

Services & Description: We give you access to our list of over 100 vacancies in shared living situations for as long as you are actively looking for a place to live. If you have a room available to rent, you can list your place for free. (Our shares are usually in the 18-40 age group, but we do not discriminate on the basis of age.)

Contact: Staff

Director: Jeff Hannatt

Days and Hours: Mon-Fri, 2-7; Sat, 12-7

Eligibility:

Income and Age:

Fees: $9.00

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: MUNI: 7, 43, 71, 72

Other Information:

Last Update: 9/83

3980B

SAN FRANCISCO S.A.F.E., INC.
850 Bryant St., Room 553
San Francisco, CA 94103

474-7318

Services & Description: Crime prevention education available through block club and merchants' organizations and business security survey. Presentations include personal safety, home safety and earthquake preparedness, Operation ID.

Contact:

Director: Gwen Dilworth

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees: None

Area Served:

Other: Anyone eligible

Foreign Languages: Translators can be made available for presentation.

Public Transp.: MUNI: 19, 25, 30 Express

Other Information: Accessible to wheelchairs; ramp located at rear.

Last Update: 9/83

3980B

SAN FRANCISCO SENIOR CENTER
890 Beach St.
San Francisco, CA 94109

775-1866

Services & Description: Multipurpose senior center providing educational, recreational and social supportive services to its elderly participants. Program for the deaf.

Contact:	Staff
Director:	David Newcomer
Days and Hours:	Mon-Fri, 9-4; Sun, 1-4
Eligibility:	
Income and Age:	60+
Fees:	Donations. (Optional membership: $1 per month/$10 per year)
Area Served:	San Francisco; surrounding area residents welcome
Other:	
Foreign Languages:	Spanish, French, Sign Language
Public Transp.:	MUNI: 19 Polk, 30 Stockton
Other Information:	For information or making a referral, one can phone the Center or drop in any time during open hours.

Last Update: 9/83

3980B

SAN FRANCISCO SPCA HEARING DOG PROGRAM
2500 16th St.
San Francisco, CA 94103

621-2174

Services & Description: Provides hearing dogs to the hard of hearing. Dogs are unwanted animals from the shelter; they are obedience-trained, and can alert person to sound of phone, door bell, smoke detector, baby, prowler, etc. They are not guard dogs, but are useful companions. Person must also undergo training.

Contact: Secretary

Director: Ralph Dennard

Days and Hours: Phone inquiry: Mon-Fri, 8:30-5. Come in only by appointment

Eligibility:

Income and Age: No limits, except over 18 and having severe to profound hearing loss.

Fees: None

Area Served:

Other:

Foreign Languages:

Public Transp.:

Other Information: Program is funded by private donations and foundations; no public funds used.

Last Update: 9/83

3980B

SAN FRANCISCO SENIOR ESCORT-OUTREACH PROGRAM
330 Ellis St., #608
San Francisco, CA 94102

928-4422

Services & Description: Provides personal and group escorts to medical appointments, banks, social services, recreation, etc., via bus, van, walking or taxi vouchers; provides one-to-one and group crime prevention information and education; provides needed assessments; advocacy, telephone assurance, home visits, I&R, followup, special neighborhood projects in cooperation with Sr. Advisory Councils in each neighborhood, such as the Walking Patrol at 1280 Laguna St.

Contact:	Individual service sites or Central Admin.
Director:	Mark Forrester
Days and Hours:	Mon-Fri, 8-5
Eligibility:	
Income and Age:	55+ and living within project boundaries
Fees:	
Area Served:	San Francisco
Other:	
Foreign Languages:	Spanish, Filipino, Chinese, Italian
Public Transp.:	
Other Information:	Sr. Advisory Councils in each neighborhood composed of senior residents 55+ (mostly clients). The Presidents of these Councils meet to form City-wide S.A.C. which advises the director on all program policy. This is a special program of the SF Police Dept. PLEASE SEE NEXT PAGE FOR LISTING OF SERVICE SITES.

Last Update: 9/83

3980B

SAN FRANCISCO SENIOR ESCORT-OUTREACH PROGRAM (Cont.)

ADMINISTRATIVE OFFICE:	330 Ellis St. (see previous page)
BAYVIEW-HUNTERS POINT	1535 Newcomb Ave, SF 94124 Eugene Lumpkin; 295-2500
CHINATOWN-NORTH BEACH	640 Pine St., SF 94108 Louella "Lou" Leon, NC; 391-5686
MISSION DISTRICT	2922 Mission St, SF 94110 Raoul Moreno; 824-7550
NORTH OF MARKET (TENDERLOIN)	330 Ellis St. Emile de Gusman; 673-8600
POTRERO HILL	1060 Tennessee, SF 94107 Alberta Jackson; 648-3743
SOUTH OF MARKET	957 Mission St, SF 94103 Vince Reyes; 777-1204
WESTERN ADDITION	1240 Fillmore St., Room 203 Barbara Johnson; 931-2350
WESTERN ADDITION WALKING PATROL, 10-6	1280 Laguna St., SF 94115 Herman Dowell, Dispatcher; 922-6807

SAN FRANCISCO SHERIFF'S OFFICE
VISTA SENIOR HOUSING PROJECT
1672 Eddy St.
San Francisco, CA 94115

929-0331

Services & Description: Project sponsored by sheriff's office to provide information and referral to elderly, disabled, and handicapped persons facing eviction. Staffed by VISTA volunteers.

Contact: Sgt. Frank Hutchins, Project Director

Director: Sheriff Michael Hennessey

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees: None

Area Served: SF

Other:

Foreign Languages: Chinese, Japanese, Tagalog, Spanish

Public Transp.:

Other Information: No transportation provided to clients.

Last Update: 9/83

3980B

SAN FRANCISCO STATE UNIVERSITY
Applied Gerontology Certificate Program
Extended Education
1600 Holloway Ave.
San Francisco, CA 94132

469-1684

Services & Description: 21-unit plan of study for people who plan to work with the aged. Consists of one required course and electives which may be taken evenings or weekends.

Contact: Ms. Marnie St. Clair, Assistant
469-1684, 469-1373

Director: Ms. Anabel O. Pelham, Ph.D., Coordinator;
469-1684, 469-1373

Days and Hours:

Eligibility:

Income and Age:

Fees: Fee: per unit.
Application fee: $15

Area Served:

Other: Must have at least 56 units of transferable college work. Related work or educational experience may be considered in place of this requirement.

Foreign Languages:

Public Transp.:

Other Information: Course work can be applied to BA or Master's Degree with advisor's approval.

Last Update: 9/83

3980B

SAN FRANCISCO SUICIDE PREVENTION, INC.
3940 Geary Blvd.
San Francisco, CA 94118

752-4866

Services & Description: Suicide and crisis intervention; friendship line for senior citizens; drug information and crisis informaton; mental health information and referral lines.

Suicide:	221-1423
Friendship Line:	752-3778
Drug Line:	752-3400
Mental Health:	387-5100

Contact: Mental Health TTY: 221-9174
Mon-Fri, 9-5

Director: Ms. Dorothy Stapp

Days and Hours: 7 days a week, 24 hours

Eligibility:

Income and Age:

Fees:

Area Served:

Other:

Foreign Languages: Spanish, Chinese, Tagalog, French, Cantonese (limited), Mandarin

Public Transp.:

Other Information: Speakers Bureau available to various organizations

Last Update: 9/83

3980B

SAN FRANCISCO TENANTS UNION
558 Capp St.
San Francisco, CA 94110

282--6622 - Hot line

Services & Description: Hot line for tenants' problems. Organize tenants, provide workshops and counseling for anyone having housing problems. They are a membership organization.

Contact: Staff

Director: None - a staff collective

Days and Hours: Mon-Fri, 10-5; some evenings. Tape recorded message will provide current hours.

Eligibility:

Income and Age:

Fees: None for advice. Low income membership - $10. For more than counseling, memberships encouraged; donations accepted.

Area Served: Calls answered from anywhere in Bay Area, organize in San Francisco

Other:

Foreign Languages: Some Spanish, Tagalog

Public Transp.: Location between 20th & 21st Sts, one block east of Mission.

Other Information: Sells a Tenants' Rights Handbook for $4 (85 pages, with chapters on landlording, renting, basics, repairs, deposits, etc.)

Last Update: 9/83

3980B

SCORE - Service Corps of Retired Executives
211 Main St., 4th Floor
San Francisco, CA 94105

974-0599

Services & Description: Free counseling to small business owners, managers and those considering starting a business.

Contact:	SCORE information desk
Director:	
Days and Hours:	Mon-Fri, 10-2
Eligibility:	
Income and Age:	No restrictions
Fees:	None
Area Served:	San Francisco and peninsula
Other:	
Foreign Languages:	Chinese, Hungarian, German, Korean
Public Transp.:	Mission & Market St. buses; BART; MUNI Metro (Embarcadero Station)
Other Information:	Sponsored by Small Business Administration. Appointments made at 10 am, 11 am and 1 pm Mon-Fri.

Last Update: 9/83

3980B

SELF HELP FOR THE ELDERLY
640 Pine St.
San Francisco, CA 94108

982-9171

Services & Description: Social services and assistance with individual problems; inter-ethnic meals program and related support services at 9 sites; group activities, including social, educational, and recreational programs; housing assistance, training for housekeepers and home health aides; job placement; emergency in-home support services; drug abuse education and community planning.

Contact:	Mrs. Lee K. Tang for social service; Wai-Lam Mak for employment; Balkina Augusto for meals.
Director:	Anni Chung
Days and Hours:	Mon-Fri, 8:30-5 (some meal site locations on weekends)
Eligibility:	
Income and Age:	Low-income older Americans--except for meal programs which have no income requirements for 60+
Fees:	No fees; donations at meal sites.
Area Served:	SF with emphasis on Chinatown and North Beach
Other:	Training program applicants must be CETA-eligible and age 45 or over.
Foreign Languages:	Cantonese
Public Transp.:	MUNI: California cable car, #30, #55
Other Information:	Richmond Branch, 829 25th Ave, 751-3394, Mr. Lee. Open Sat. for meals, Mon-Fri for activities. Manila Town Senior Center, 636 Clay Street, 981-1190, serving Filipino elderly 7 days a week.

Last Update: 9/83

3980B

SENIOR ADVISORY GROUP
3150 California St.
San Francisco, CA 94115

922-4333

Services & Description: Will do paperwork, Medicare, Medi-Cal, insurance, bills, etc., on an hourly, daily or monthly basis. Mainly handles insurance billing.

Contact: Nancy L. Sholkin, Exec. Dir.

Director:

Days and Hours: By appointment only; generally Mon-Fri, 9-5

Eligibility:

Income and Age: No limits

Fees: Several Plans:
1) $15 per month for an individual for any number of claims to 2 carriers;
2) $15 per hour
3) For many claims long unattended; 15% of amount reimbursed;
4) $20 for initial interview (waived if referred by another agency.

Area Served: Bay Area

Other:

Foreign Languages: None

Public Transp.:

Other Information:

Last Update: 10/83

3980B/96

SENIOR DENTAL PROGRAM
(Part of California Dental Association)
450 Sutter St., Room 840
San Francisco, CA 94108

986-5845

Services & Description: Refers seniors to dentists who will provide services at about 15% less than their standard fees. (The amount is left up to the individual dentist; 15% is the reduction suggested by the Dental Association.) Home visits; accepts Medi-Cal.

Contact: Staff

Director:

Days and Hours: Mon-Fri, 9-5

Eligibility:

- Income and Age: Fixed income, under $16,000 annually; over 65; no dental insurance
- Fees: 15% (approx.) reduction on standard fee.
- Area Served: California
- Other: People not eligible for Medi-Cal

Foreign Languages:

Public Transp.: Sutter St. coaches: 2, 3, 4, 45

Other Information:

Last Update: 10/83

3980B/95

SENIOR HEALTH SCREENING AND REFERRAL
MOUNT ZION HOSPITAL AND MEDICAL CENTER
1600 Divisadero St.
San Francisco, CA 94115

567-6600, ext. 2773
Messages: ext. 2306

Services & Description: Physical examination, lab work, psycho-social assessment, dental and hearing testing. Medical and social service referrals and followup for identified areas of need.

Contact: Anya Schratz, Coordinator

Director: Dr. Harold Brownstein
Ms. Barbara Sklar

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age: 60+, and have not seen physician for one year or more

Fees: None

Area Served: San Francisco preferred, but Bay Area accepted.

Other:

Foreign Languages: Arrangements made for interpreters, transportation.

Public Transp.: MUNI: 1, 2, 22, 24, 38, 42, 55

Other Information:

Last Update: 9/83

3980B

SENIOR INFORMATION, REFERRAL AND HEALTH PROMOTION PROGRAM
SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH
1182 Market St., #211
San Francisco, CA 94102

626-1033

Services & Description:
- Provides thorough and accurate information and referral to available resources in the community that will solve a wide range of social or health problems
- Provides Gold Cards to seniors over 60 years of age.
- Provides MUNI ID's to seniors over 65 years of age.

Contact: Staff

Director: Teri Dowling

Days and Hours: Mon-Fri, 8-5; 24-hour phone coverage

Eligibility:

Income and Age: None

Fees: None

Area Served: San Francisco

Other:

Foreign Languages: Tagalog, Spanish, Cantonese, German

Public Transp.: All Market St. lines

Other Information:

Last Update: 9/83

3980B/51

SENIOR RESOURCES
162 Hickory St.
San Francisco, CA 94102

626-1638

Services & Description: A program of outreach to persons over 60, designed to strengthen the senior's resources. The program is service-based to assist individuals in utilizing services and to monitor same to assure that they receive the quality of services needed.

Contact:	Outreach staff
Director:	John Ferguson, M.S.W.
Days and Hours:	Mon-Fri, 8-4:30
Eligibility:	
Income and Age:	60+
Fees:	None
Area Served:	San Francisco and Alameda Counties
Other:	
Foreign Languages:	Some Spanish
Public Transp.:	
Other Information:	Operate Seniors' Food Coop; offer health insurance counseling

Last Update: 9/83

3980B

SERVICES FOR SENIORS, INC.
1280 Laguna St.
San Francisco, CA 94115

922-5438

Services & Description:

1. Provides hot, low-cost meals for senioı centers and low-income senior residences on weekdays
2. Provides low-cost lunches on weekends.
3. Develops group and individual support service programs in low-income senior residences.
4. Administers neighborhood center for seniors and handicapped adults at 711 Eddy St. Open Mon-Fri, 10-2, Sat, 11-2; other hours as needed. Light breakfast available Mon-Fri at moderate cost. Sat. lunch, minimal cost. Provides opportunities for socialization, recreational and educational activities.
5. Outreach services to neighborhood around 711 Eddy.

Contact: Joan Reichert Hirsch, Supportive Services Coordinator

Director: Stephen Graham

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age:

Fees:

Area Served: Outer Tenderloin

Other:

Foreign Languages:

Public Transp.:

Other Information:

Last Update: 9/83

3980B

SETON MEDICAL CENTER - CARE UNIT
1900 Sullivan Ave.
Daly City, CA 94105

991-6660

Services & Description: Individual length of stay. In-patient program for alcohol and drugs; detox accepted; education-therapy-family counseling/education; medical supervision; aftercare program, individual & family; alumni group; intervention classes

Contact: Staff

Director: Lynda Voorhees

Days and Hours: 7 days, 24 hours; admittance any time

Eligibility:

Income and Age: 18+

Fees: Medicare with consultation, private insurance, private pay. No Medi-Cal

Area Served: SF Bay Area

Other:

Foreign Languages: Some interpretation can be arranged for Spanish-speaking

Public Transp.: Cross Street: Southgate

Other Information:

Last Update: 9/83

STATE DEPT. OF MENTAL HEALTH
Office of Mental Health Social Services
3330 Geary Blvd.
San Francisco, CA 94118

752-6533

Services & Description: Provides LPS Conservatorship Investigation services for all SF residents deemed gravely disabled, and case management services for all SF Conservatees in community placement and/or independent living. Liaison with state hospital system and placement into community-based facilities within and outside San Francisco.

Contact: Office Supervisor or on-duty staff member.

Director: Area Administrator: Marge Edelson
SF Office Supervisor: Maurice Kamins

Days and Hours: Mon-Fri, 8-5

Eligibility:

Income and Age: No one excluded but services are focused on clients unable to purchase services privately. No age restrictions.

Fees:

Area Served: San Francisco County and out-of-county facilities utilized for San Francisco residents.

Other:

Foreign Languages: Spanish, French, Chinese, Arabic

Public Transp.: MUNI: 38

Other Information: No specific senior program, but services provided as appropriate without age consideration. Publicly funded agency which works in collaboration with SF Community Mental Health Services on behalf of the mentally disabled of all ages.

Last Update: 9/83

3980B/59

SISTER MARY PHILLIPA MEMORIAL CLINIC OF
ST. MARY'S HOSPITAL
2235 Hayes St., 5th Floor
San Francisco, CA 94117

668-2300

Services & Description: Comprehensive health care, including dental, eye and foot clinics.

Also obstetrics and pediatrics, arthritis, chest, ear, nose & throat, orthopedic, endodiabetics, neurology, neurthogy, urology, allergy, colo-rectal, reg. surgery, etc.

Contact:	Clinic Registration, 9-2
Director:	Dr. Raymond L. Weisberg
Days and Hours:	Mon-Fri, 8:30-5 In an emergency or during non-clinic hours, use hospital emergency room: 668-1000
Eligibility:	
Income and Age:	Screened by Clinic Registration; no age limit.
Fees:	Sliding scale; call for rates.
Area Served:	Bay Area
Other:	
Foreign Languages:	Spanish, Vietnamese, Cambodian, Laotian, Chinese
Public Transp.:	MUNI: 5, 21
Other Information:	Assistance with referral to transportation service, if required.

Last Update: 8/83

3860B/81

SOUTH OF MARKET HEALTH CLINIC
551 Minna St.
San Francisco, CA 94103

626-2951

Services & Description: General health, dental; screening for hearing; podiatry; physical examinations.

Contact:	Staff
Director:	Dr. Shirley Cachola
Days and Hours:	Mon & Wed, 8-7 pm Tues & Fri, 8-5 Thurs, 8-1 Drop in hours: 8-10 am, 1-2 pm every day except Thurs (am only)
Eligibility:	
Income and Age:	all ages
Fees:	Sliding scale; Medi-Cal, Medicare and private insurance
Area Served:	San Francisco
Other:	
Foreign Languages:	Spanish, Tagalog, Chinese, Cantonese
Public Transp.:	MUNI: Market or Mission buses
Other Information:	Satellite clinic of SF General

Last Update: 9/83

3980B

SPRING GARDENS
70 Oak St.
San Francisco, CA 94102

552-5545

Services & Description: Multi-purpose center for adults. Full program of activities, including swimming, exercise, language classes, needlework, bridge, crafts, etc. Peer counseling, tea dances, mini-lunch ($.50) on Mondays and Fridays. Social activities, games. Blood pressure monitoring. Theater class, drama group.

Contact: Staff

Director: Gerry Eagan

Days and Hours: Mon-Fri, 10-3

Eligibility:

- Income and Age: Anyone over 45
- Fees: Membership dues: $5.00 per year
- Area Served: San Francisco
- Other:

Foreign Languages:

Public Transp.: Near Market and Van Ness; convenient to several MUNI lines

Other Information: Call for monthly calendar and specific information.

Last Update: 9/83

3980B

SRX - SENIORS MEDICATION EDUCATION PROGRAM
101 Grove St. #204
San Francisco, CA 94102

558-4648

Services & Description: A health program focused on reducing and preventing drug misuse and abuse among the elderly. Services include direct senior consumer education through community pharmacies and formal classes, development of patient education materials, and training of professional and paraprofessional service providers. Research and advocacy activities conducted.

Contact: Ms. Kathy Eng
Ms. Buffy Bunting

Director: Ms. Kathryn Eng

Days and Hours: Mon-Thurs, 8-5

Eligibility:

Income and Age: 55 years and older

Fees: None

Area Served: San Francisco

Other:

Foreign Languages: Chinese

Public Transp.:

Other Information: SRX is a program of the S.F. Dept. of Public Health

Last Update: 9/83

3980B

STAFF BUILDERS
77 Geary Blvd
San Francisco, CA 94108

391-0122

Services & Description: RN's, PT's and certified home health aids for homebound Medicare and CHAMPAS patients.

Contact:	Staff; Ms. Teresa Bello-Jones, Dir. of Nursing
Director:	Ms. Betty Dector, Administrator
Days and Hours:	8:30-5:30, office hours; full-time answering service.
Eligibility:	
Income and Age:	Medi-Cal and Medicare certified
Fees:	
Area Served:	Bay Area
Other:	
Foreign Languages:	Spanish, Chinese, Tagalog
Public Transp.:	
Other Information:	Private in-home care as well for patients with private insurance or private pay.

Last Update: 9/83

3980B

SOUTHEAST HEALTH CENTER
2401 Keith St
San Francisco, CA 94124

822-2850

Services & Description: Screening; health care

Contact: Receptionist or staff member

Director: Ms. Gladys Jones, R.N., Center Director
Eric Goosby, M.D., Medical Director

Days and Hours: Mon, Tues, Wed, Fri: 8:30-5:30
Thurs, 8:30-7

Eligibility:

Income and Age:

Fees: Sliding scale, Medicare and Medi-Cal

Area Served: Bayview, Hunter's Point, Visitacion Valley (mainly)

Other:

Foreign Languages: Spanish

Public Transp.: MUNI: 15 Kearny
Cross street: Yosemite

Other Information:

Last Update: 9/83

3980B

SPECIAL AUDIENCES, INC. (S.A.)
1182 Market, #311
San Francisco, CA 94102

552-3505

Services & Description: Provides access to the performing arts for seniors (and others in the social service community). Serves as a ticket clearing-house, distributing free tickets to agencies that pay an annual membership fee. Tickets range from the SF Ballet to the Renaissance Faire to sporting events.

Contact:

Coordinator: Mary Piniella

Days and Hours: Mon-Fri, 10-3

Eligibility:

Income and Age: Seniors and members of social service, rehabilitative & therapeutic communities; must be a group--no individuals

Fees: $250 (annual)

Area Served:

Other:

Foreign Languages:

Public Transp.: Provides no transportation

Other Information:

Last Update: 8/83

3860B/83

SUBSTANCE ABUSE TREATMENT PROGRAM
VA MEdical Center
4150 Clement St.
San Francisco, CA 94121

750-2050

Services & Description: Program consists of 4 different units, as follows:

1. Satellite Outpatient Clinic: Polydrug abuse oriented; uses methadone maintenance for opiate-addicted clients. Also alcohol component to treatment. 750-2050
2. Alcohol Outpatient Clinic (Bldg. 8). Treatment of outpatient alcoholics only. 221-4810, ext. 2350
3. Inpatient Alcohol Program (AIU): 28-day inpatient, family-oriented approach to treatment. 221-4810, ext. 2075.
4. Detox Unit: 4-bed inpatient detox unit for alcohol detoxification. Separate from inpatient unit. 221-4810, ext. 2052, Ward A.

Contact: Staff

Director:

Days and Hours: Mon-Fri, 8-4:30. Call for info. Hours depend on patient's program.

Eligibility:

Income and Age: None

Fees: None

Area Served: San Francisco and nearby Bay Area communities

Other: Must be veteran of US Armed Forces. No dishonorable discharge.

Foreign Languages:

Public Transp.: #18 Sloat northbound, 38 Geary (Ft. Miley) westbound. Cross streets: Clement & 42nd

Other Information:

Last Update: 9/83

3980B

SUPPORT SERVICES FOR ELDERS, INC.
50 Oak Street
San Francisco, CA 94102

552-6776

Services & Description: Provides full range of protective services for case management to fiscal management for those over 60 with no family to assist them. Designed to fill gaps in existing services without duplication; dedicated to providing least restrictive services possible. Will become conservator of person and/or estate as a last resort, if necessary.

Contact:	Staff
Director:	Mr. Jack B. McKay
Days and Hours:	Monday - Friday, 9:30 A.M. - 5:00 P.M.
Eligibility:	
Income and Age:	60+
Fees:	$30 per hour for Sr. Case Manager time; $20 per hour for Asst. Case Manager time; $50 per hour for professional consultants. Some low income clients - no fee.
Area Served:	San Francisco served
Other:	
Foreign Languages:	Spanish
Public Transp.:	
Other Information:	Clients are referred by member agencies; however, membership is open to all agencies serving seniors. Membership requirement is representation on Technical Advisory Council and on a committee.

Last Update: 9/83

TELEGRAPH HILL NEIGHBORHOOD ASSOCIATION
660 Lombard Street
San Francisco, CA 94133

421-6443

Services & Description: Neighborhood center with medical clinic, child care and family preschool; gymnasium with youth programs; senior citizen program sponsored by Services for Seniors. Lunch program is Monday-Friday with social and support services daily.

Contact: Ms. Hope Hilikias, Director, Seniors' Program

Director: Ms. Denise Hinkle, Exec. Dir.

Days and Hours: Monday-Friday, 9:00 A.M. - 5:00 P.M.
Seniors' Program: 9:00 A.M. - 2:00 P.M. or later.

Eligibility:

Income and Age: 60+

Fees: $1.00 suggested donation for meals

Area Served: North Beach

Other:

Foreign Languages: Chinese, Italian

Public Transp.: MUNI: 30, 15, 39, cable cars

Other Information:

Last Update: 9/83

3980B/65

TEMPORARIES, INC.
44 Montgomery Street
San Francisco, CA 94104

956-0600

Services & Description: Office skills, secretary/typist, clerical. Must have typing skills of 70 wpm.

Contact: Jean Eddy

Director: Jean Eddy

Days and Hours: Monday - Friday 8:30 A.M. - 5:30 P.M.

Eligibility:

Income and Age:

Fees: None

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: MUNI: Market Street buses

Other Information:

Last Update: 9/83

3980B/66

TEM POSITIONS HEALTH SERVICES, INC.
25 Kearny, 6th Fl.
San Francisco, CA 94108

956-1041

Services & Description: Home health aides; home care; nursing assistants; LVN's; RN's; insured, bonded, PN supervised.

Contact: Kathy Rogers

Director:

Days and Hours: 7 days, 24 hours

Eligibility:

Income and Age:

Fees: Reasonable rates. Please call.

Area Served:

Other:

Foreign Languages:

Public Transp.:

Other Information: Care of the elderly, a specialty

Last Update: 9/83

3980B/67

TEMPS AMERICA
44 Montgomery St., Suite 2716
San Francisco, CA 94104

986-7787

Services & Description: Temporary employment service; employ people of all ages, although committed to the employment of seniors. Primarily secretarial, word processing and general clerical skills.

Contact: Lisa Bookstein

Director:

Days and Hours: Monday-Friday; 8:00 A.M. - 5:00 P.M. (applications Monday-Thursday 9:00-11:30, 1:00-2:00, Friday; 9:00-1:00)

Eligibility:

Income and Age: Over 18

Fees: None

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: MUNI: Market St.

Other Information: Applicants should plan to spend 1-2 hours in office when applying.

Last Update: 9/83

3980B/73

TRAVELERS' AID SOCIETY OF SAN FRANCISCO
38 Mason St.
San Francisco, CA 94102
Mailing Address: PO Box 230, SF 94101

781-6738

Services & Description: Short-term counseling; crisis intervention; limited financial assistance; help in locating shelter or employment; food and referral to other public or private agencies.

Service limited to 28 direct service contacts per day. When this limit has been reached, office will be closed.

Contact:	Social work staff
Director:	Mr. Richard Park
Days and Hours:	Mon-Fri, 9-4 closed 12 noon to 1 pm
Eligibility:	
Income and Age:	Anyone newly arrived in San Francisco within 45 days
Fees:	None
Area Served:	SF
Other:	
Foreign Languages:	Spanish
Public Transp.:	MUNI: Market St. Buses
Other Information:	No access for handicapped except for one flight of stairs. social workers will give services on main floor entry for those unable to climb stairs. Sign on door indicates this. Client must ring bell and request this on intercom.

Last Update: 9/83

3980B

UNITED OSTOMY ASSOCIATION
Golden Gate Chapter
10 Lupine Ave. #23
San Francisco, CA 94118

776-3004 (answering service at Cancer Society)
386-8125

Services & Description:
1. Help pre-op and post-op patients
2. Support for patients with ostomy surgery.
3. Education
4. Selection of appliance
5. Visitors who are trained and certified.

Contact: Mrs. Virginia Hemman

Director: None

Days and Hours: 9-5, 7 days a week

Eligibility:

Income and Age:

Fees: None, $17.50 annual membership

Area Served:

Other:

Foreign Languages:

Public Transp.:

Other Information:

Last Update: 9/83

3980B

UNITED WAY INFORMATION AND REFERRAL
410 Bush St.
San Francisco, CA 94108

772-4444
772-4440 for the deaf

Services & Description: General Information and Referral providing assistance to those in need of social services or info about community organizations. Followup calls are made to client to see if they have been helped. All information confidential. Requests from other agencies, doctors, ministers, teachers, social workers, etc., are also welcome.

Contact:	Anyone on duty
Director:	Ms. Sidney Pucek
Days and Hours:	Mon-Fri, 9-4:30
Eligibility:	
Income and Age:	No limitations
Fees:	None
Area Served:	5 counties: San Francisco, San Mateo, Marin, Contra Costa, Alameda
Other:	
Foreign Languages:	Spanish
Public Transp.:	
Other Information:	Utilizes volunteers for resource updating and info/referral phone work.

Last Update: 9/83

3980B

UNIVERSITY OF CALIFORNIA SCHOOL OF DENTISTRY
707 Parnassus
San Francisco, CA 94143

666-1891

Services & Description: Complete dental care available for all senior citizens. Treatment is done by students and supervised by their instructors. Excellent but slow! Emergency services also available.

Contact:	Staff for screening/examination/appointments for determination of acceptability for teaching case.
Director:	Dr. John Holmes, Director
Days and Hours:	Clinic: Mon-Fri, 9-12 noon and 2-5 Emergency: 8-12 noon, 1-3
Eligibility:	
Income and Age:	No restrictions
Fees:	1/3 to 1/2 less than practicing dentists
Area Served:	Bay Area
Other:	
Foreign Languages:	Spanish, Chinese
Public Transp.:	MUNI: 6, 43, 66
Other Information:	Emergency care on drop-in basis. If seniors come in the morning, they have a better chance of being seen.

Last Update: 9/83

3980B

UNIVERSIFY OF PACIFIC SCHOOL OF DENTISTRY
2155 Webster St
San Francisco, CA 94115

929-6500

Services & Description: Dental services for seniors. Comprehensive dental care for senior citizens, including emergency service. Patient screening program.

Contact: Staff

Director: Robert Christofferson, DDS

Days and Hours: Mon-Fri, 8:30-5:30

Eligibility:

Income and Age: None

Fees: General fees are 1/3 to 1/2 less than practicing dentists in SF. 25% discount on dentures and partial plates.

Area Served: Bay Area

Other:

Foreign Languages: Chinese, Spanish, German, French, Arabic, Danish, Greek, Japanese, Italian, Sign language

Public Transp.: MUNI 1, 3, 22

Other Information: Clinic closes every ten weeks for 3-week examination and vacation period. Call information number for times clinic closes. Emergency times: 8:30 am and 1:30 pm, first come first served basis.

Last Update: 9/83

3980B

UPJOHN HEALTHCARE SERVICE (Home Health Agency)
632 Taraval St.
San Francisco, CA 94116

665-8881

Services & Description: Full service, licensed and certified home health agency providing skilled nurses, home health aides, physical therapy, speech & occupational therapy, medical social work, dietician, all per doctor's order. Referrals may be made by patient, family, friend, hospital, MD's, agencies, etc.

Contact: Staff

Coordinator: Ms. Jane Walter-Rich

Days and Hours: 7 days a week, 8:30-5; 24-hour answering service

Eligibility:

Income and Age:

Fees:

Area Served: San Francisco, north San Mateo, south Marin

Other: Doctor's supervision

Foreign Languages: Chinese, Filipino, Spanish, Tagalog, French

Public Transp.:

Other Information: Fees given upon request. They are within cost cap. plan of Medicare. Will bill any third party such as VA, insurance, Medicare or Medi-Cal.

Last Update: 9/83

3980B

URBAN INDIAN HEALTH BOARD, INC.
56 Julian Ave.
San Francisco, CA 94103

621-8051

Services & Description: Medical & dental clinic. Podiatry services; program for women and infant children, including supplemental food program and prenatal program. Nutritionist on staff.

Contact:	Staff (for seniors, Irene Crews)
Director:	Jerome West
Days and Hours:	Mon-Fri, 9-5:30
Eligibility:	
Income and Age:	No limits
Fees:	Third party reimbursement, mainly Medi-Cal; help with applications. No one is turned away.
Area Served:	
Other:	Serves all races
Foreign Languages:	Spanish
Public Transp.:	Located between Valencia & Mission and 14th & 15th Sts, behind Armory. Take BART, Mission or Valencia buses.
Other Information:	There is a satellite program in Oakland.

Last Update: 9/83

3980B/74

VENTURES IN NEW HORIZONS
1668 Bush St.
San Francisco, CA 94109

775-0165

Services & Description:

1. Information and referral
2. Consultation
3. Home visiting
4. Telephone contact
5. Pre- and post-treatment counseling
6. Mutual support groups
7. Volunteer program
8. Education and presentation
9. Staff training.

Contact:	Ms. Jennifer Bolton
Director:	Mr. Arthur Colton
Days and Hours:	Mon-Fri, 9-5
Eligibility:	
Income and Age:	55+
Fees:	None
Area Served:	San Francisco
Other:	
Foreign Languages:	French
Public Transp.:	MUNI: 1, 8, 45, 47
Other Information:	Program of the American Association Against Addiction for the older person with alcohol-related problems, the illness of alcoholism, or problems related to legal drug use in the Bay Area.

Last Update: 9/83

3980B

VETERANS ADMINISTRATION
211 Main St.
San Francisco, CA 94105

974-0304 - employment
495-8900 - information

Services & Description: Employment: job listings, counseling. Contact: Davis Lee, 974-7785. (This is a State of California office, which uses space at the VA.)

Veterans Benefits Counselors provide personal and telephone assistance.

Contact: Staff. For Telephone Counseling: 495-8900 (from SF)

Director:

Days and Hours: Employment, Mon-Fri, 8-3:30
Personal interviewing unit: Mon-Fri, 8-4
Telephone interviewing unit: Mon-Fri, 7:30-4

Eligibility:

Income and Age: Veterans served

Fees: None

Area Served:

Other:

Foreign Languages: Counselors speak Chinese and Spanish

Public Transp.: MUNI on Mission St.

Other Information: Hugh Ogden (Code #271B1) is Outreach Coordinator, 974-0272. (Leave message and he will return call; he can be contacted regarding any veteran needing assistance.)

Last Update: 9/83

3980B

VETERANS ADMINISTRATION MEDICAL CENTER
4150 Clement St.
San Francisco, CA 94121

221-4810

Services & Description: Medical services for veterans.

Contact: Medical Administration, 221-4810, ext. 475

Director: Laurence V. Foye, M.D.

Days and Hours: 24 hours a day

Eligibility:

Income and Age:

Fees:

Area Served: San Francisco

Other: Must be a veteran of US Armed Forces

Foreign Languages:

Public Transp.: Low-income outpatients with written appointments may, upon request, receive tokens or vouchers for public transportation on MUNI or BART. This is not advertised and must be requested from travel clerk.

Other Information:

Last Update: 9/83

3980B/78

VISITACION VALLEY SENIOR CENTER
66 Raymond Ave.
San Francisco, CA 94134

467-6400

Services & Description: Multipurpose senior center; arts and crafts, ceramics, bingo twice a month; blood pressure check once a month; health day with Health Center #3 once a month; lunch 7 days a week, plus activities; Saturday morning arts and crafts.

Contact: Ms. Julia A. Kavanaugh

Director: Ms. Julia A. Kavanaugh

Days and Hours: Mon-Fri, 9-4

Eligibility:

Income and Age: 60 and over for lunch; 55 for activities other than lunch

Fees: No fees; lunch is $1.00 donations

Area Served: Visitacion Valley and surrounding area

Other:

Foreign Languages:

Public Transp.: MUNI: 15, 25, 30

Other Information:

Last Update: 9/83

3980B

VISITING NURSE ASSOCIATION OF SAN FRANCISCO
401 Duboce Ave.
San Francisco, CA 94117

861-8705

Services & Description: Home health care including nursing with specialized care for respiratory and terminal care patients, physical therapy, occupational therapy, social work, speech therapy, home health aide, hospital discharge coordination.

In addition, hospice, ostomy, IV therapy and nutrition services available.

Contact: Intake clerk

Director: Louise D. Heyneman, Exec. Dir.

Days and Hours: 7 days, 8-4:30 plus 24-hour answering service for clients.

Eligibility:

Income and Age:

Fees: Fees for service are based on actual cost. Certified as a provider by Medicare and Medi-Cal, the VNA bills these payers and private insurance companies directly if patients are qualified. Patients may pay part or all of the fee depending on their ability, or part or all of the fee may be covered by voluntary contributions.

Area Served: San Francisco

Other: Requires treatment plan signed by physician

Foreign Languages: Chinese, Spanish

Public Transp.:

Other Information:

Last Update: 9/83

3980B

VOLUNTEER CENTER OF SAN FRANCISCO
1090 Sansome St.
San Francisco, CA 94111

982-8999

Services & Description: Recruits, refers, and places volunteers in community programs, helps agencies involve volunteers in worthwhile activities, considering the volunteer's skills and motivation, promote volunteerism and recognize volunteer contribution.

Contact: Staff

Director: Mary A. Culp

Days and Hours: Mon-Fri, 8:30-4:30

Eligibility:

Income and Age: Teenage through elderly; all income levels

Fees: None

Area Served: San Francisco

Other:

Foreign Languages:

Public Transp.: MUNI to Green and Sansome

Other Information:

Last Update: 9/83

3980B

VOLUNTEER PROGRAM
SAN FRANCISCO GENERAL HOSPITAL
1001 Potrero Ave.
San Francisco, CA 94110

821-8193

Services & Description: Variety of volunteer opportunities such a working in gift shops, at information desks, distributing clothing to patients, working in pediatrics, doing clerical work. Whatever is needed.

Contact: Laura Bundensen

Director: Ms. Phyllis Cardoza

Days and Hours: Depends upon program

Eligibility:

Income and Age: Anyone interested and able is welcome

Fees:

Area Served:

Other:

Foreign Languages:

Public Transp.:

Other Information:

Last Update: 9/83

3980B

WESTERN ADDITION SENIOR CENTER
1390-1/2 Turk St.
San Francisco, CA 94115

921-7805

Services & Description: Lunches served daily, 11:30-1:30; weekends and holidays, 12-2; mini-market on Wednesdays, 10-11:30. Recreational activities.

Contact: Ms. Dorothy Kerr

Director: Mr. Frederick D. Hubbard

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age: 60+

Fees: Suggested donation, $1.00

Area Served: Primarily Western Addition, but any senior may have lunch at our center.

Other:

Foreign Languages: Spanish

Public Transp.: MUNI: 5, 22

Other Information:

Last Update: 9/83

3980B

W.O.M.A.N., INC. - WOMEN ORGANIZED TO MAKE ABUSE NONEXISTENT
2940 16th St.
San Francisco, CA 94103

864-4777 (business)
864-4722 (crisis)

Services & Description: We are an agency serving women of all ages who are victims of domestic violence. Crisis intervention, advocacy, long-term support, help in obtaining court-ordered protection, referrals.

Contact:	Ms. Nettie Chapko, Older Adult Outreach Coordinator
Director:	Ms. Violet Chu
Days and Hours:	24-hour hotline, 864-4722 Walk-in office hours: Mon-Fri, 9-6, Sat, 9-5
Eligibility:	
Income and Age:	No restrictions
Fees:	Free; donations accepted
Area Served:	San Francisco and Bay Area
Other:	
Foreign Languages:	Spanish, Cantonese, Mandarin, German, French, Danish
Public Transp.:	MUNI and BART, 16th St. and Mission stop
Other Information:	We are developing a program especially geared to provide services for older women. This includes counseling, advocacy, drop-in office hours, and 24-hour line. Education and outreach to community concerning abuse of elderly.

Last Update: 9/83

3980B

WOMEN'S EXCHANGE
S.F. Community College District
33 Gough St.
San Francisco, CA 94133

239-3002

Services & Description: Training, testing, counseling and placement project for women who wish to work as professional home aides assisting older and recuperating adults in their own homes. Training includes nutrition, client care, housekeeping and positive work attitudes. For successful grads, placement with a social service agency which provides household help. Salary: $4-5.75 per hour, with health, dental plan, vacation. Part or full-time.

Contact:

Director: Barbara Monty

Days and Hours:

Eligibility:

Income and Age: No age limits; older people are eligible for training. Must fulfil minimum requirements in math and English training; takes 4 weeks.

Fees:

Area Served:

Other:

Foreign Languages:

Public Transp.:

Other Information: This is a new program which has just begun. Call for details.

Last Update: 10/83

3980B/90

YOUNG LIFE SAN FRANCISCO
222 Plymouth
San Francisco, CA 94112

584-0300

Services & Description: Intergenerational program. Students perform tasks for seniors: housekeeping, light cooking, yard work, escort, grocery shopping, writing letters, window washing, etc.

Contact:

Director: Lisa Roberts

Days and Hours: Mon-Thurs, 10-5

Eligibility:

Income and Age: No restriction on income; 55+

Fees: Sliding scale starting at $1.00 per hour.

Area Served: San Francisco

Other:

Foreign Languages: Some students are available who speak Spanish, Cantonese, Korean.

Public Transp.: MUNI: M car

Other Information: Here is your opportunity to be an important part of the most exciting intergenerational program in San Francisco.

Last Update: 10/83

3980B/98

YOUTH ASSISTANCE ASSOCIATION
25 14th St.
San Francisco, CA 94103

431-3389

Services & Description: Free automotive preventive maintenance services, including oil changes, chassis lubrication, packing-wheel bearings, automatic transmission draining, shock absorber replacement, tire mounting and repair, wheel balancing, etc.

Contact: Robert Heagy

Director: Mr. Frederick Hansen
Mr. Leroy Butler

Days and Hours:

Eligibility:

Income and Age: Senior citizens and handicapped

Fees: None, but must provide own materials.

Area Served: San Francisco and peninsula

Other:

Foreign Languages: Secretary speaks Tagalog

Public Transp.:

Other Information: Clients needed.

Last Update: 9/83

3980B

Y.M.C.A. - CENTRAL BRANCH
220 Golden Gate Ave.
San Francisco, CA 94102

885-0460

Services & Description: Drop-in lounge; I&R services; activities, including weekly/day outings, one overnight trip monthly, two evening outings monthly, fitness class three times a week, swimming three days a week, day camp and residence camp program, Christmas camp, photo group, other special interest classes, community rooftop garden.

Contact: Robin Bedell-Waite

Director: Ms. Vivian O'Donnell

Days and Hours: Mon-Fri, 9-4
Occasional Saturday or Sunday excursions

Eligibility:

Income and Age: 55+

Fees: Varied, depending on program; generally low-cost

Area Served: Mainly downtown area; city-wide participati

Other:

Foreign Languages:

Public Transp.: MUNI: 5, 19

Other Information:

Last Update: 9/83

3980B

Y.M.C.A. - MISSION BRANCH
4080 Mission St.
San Francisco, CA 94112

586-6900

Services & Description: Daily lunch program; weekly classes; trips each week; counseling; information and referral.

Contact: Staff

Director:

Days and Hours: Mon-Fri, 9-5

Eligibility:

Income and Age: 60+

Fees: $15 membership--not required; small fee for trips

Area Served: Mission District

Other:

Foreign Languages:

Public Transp.: MUNI: 12, 14

Other Information: No stairs; easy access for handicapped

Last Update: 9/83

3980B

Y.M.C.A. - RICHMOND BRANCH
3609 18th Ave.
San Francisco, CA 94121

668-2060

Services & Description: Trips in and out of city; weekly mini-market; exercise classes; daily drop-in center; cards every Tuesday; bingo every Thursday.

Contact: Staff

Director: Ms. Debbie McCown

Days and Hours: Mon-Fri, 9-5

Eligibility:

- Income and Age: 55+
- Fees: Vary with activity
- Area Served: SF, mainly Richmond District
- Other:

Foreign Languages: Spanish

Public Transp.: MUNI: 2, 38

Other Information:

Last Update: 9/83

3980B

Y.M.C.A. - STONESTOWN BRANCH
333 Eucalyptus Dr..
San Francisco, CA 94132

731-1900

Services & Description: Drop-in center offering I&R; counseling; 27 weekly recreational and cultural activities, including monthly trips. Social services include health screening, and consultations, food mini-mart and bi-monthly blood pressure checkups. Hot lunches served Monday through Friday at 12 noon for $1.00 donation.

Contact: Ms. Janis Schuster, Project Director

Director: Above

Days and Hours: Mon-Fri, 9:30-5

Eligibility:

- Income and Age: 55+
- Fees: None
- Area Served: OMI, Sunset, Park Merced, Stonestown
- Other:

Foreign Languages:

Public Transp.: MUNI: 17, 28, 72 and M streetcar

Other Information:

Last Update: 9/83

3980B

YWCA APARTMENTS, INC.
940 Powell St.
San Francisco, CA 94108

397-6886

Services & Description: 97 low- to moderate-income units of senior citizen housing. Have tenants association, activity program.

Contact: Mr. Carl Braginsky, Manager

Director: Ms. Teresa Wu

Days and Hours: 9-12 noon; 1-4

Eligibility:

Income and Age: 62 or disabled

Fees: Rent based on income

Area Served: San Francisco

Other:

Foreign Languages: Cantonese, Mandarin

Public Transp.: Near #1 California, 30 Stockton and cable car routes

Other Information:

Last Update: 9/83

3980B

YWCA - CHINATOWN BRANCH
965 Clay St.
San Francisco, CA 94108

397-6883

Services & Description: Connected with senior housing at 940 Powell. Newcomer assistance, tutorial service for children. Also language courses in English for adults, both evening and daytime. Chinese cultural programs. Senior programs such as exercise, cooking, dancing, etc.

Contact: Staff

Director: Ms. Teresa Wu

Days and Hours: Mon-Fri, 9-5
Tues, Wed to 9 pm

Eligibility:

Income and Age: No limits

Fees: None

Area Served: Chinatown

Other:

Foreign Languages: Chinese

Public Transp.: #1 California, 15 Kearny, 30 Stockton, cable car

Other Information:

Last Update: 9/83

3980B

YWCA - DOWNTOWN CENTER
620 Sutter Street
San Francisco, CA 94102

775-6500

Services & Description: Health, physical education and recreation and personal growth-type classes; swimming pool and aquatics classes; transient and semi-permanent housing; programs for seniors; daily meal site for seniors (lunch).

Contact: Staff

Director: Sharon Bettinelli

Days and Hours: Daily, 7 am to 9 pm

Eligibility:

- Income and Age: No limits
- Fees: Vary
- Area Served: San Francisco
- Other:

Foreign Languages: Spanish, Tagalog

Public Transp.: MUNI: 2, 3, 4 and 45

Other Information:

Last Update: 10/83

3980B/99

Services & Description:

Who to Contact:

Director:

Days and Hours:

ELIGIBILITY:

Income and Age:

Fees:

Area Served:

Other:

Foreign Languages Spoken:

Public Transportation:

Other Information:

Last Up-date: